Marysville 7 man gets 27 months for role in overdose death, B1

TUESDAY, 08.21.12

EVERETT, WASHINGTON

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50¢ (HIGHER IN OUTLYING AREAS)

Welcome back, Nimitz

Aircraft carrier returns after 70-day deployment, training exercises



MICHAEL O'LEARY / THE HERAL

By GALE FIEGE Herald Writer

EVERETT - The USS Nimitz tied up to its pier Monday morning at Everett Naval Sta-tion following a 70-day trip that included an exercise with other Pacific Rim countries.

The aircraft carrier Nimitz. homeported in Everett, delivered its crew back to friends and family

A sailor poses on the deck of the USS Nimitz as the carrier returns to Naval Station Everett after a 70-day deployment. who had not seen them for more

than two months.
"I can't overemphasize how proud I am of each and every one of the sailors aboard," said Capt. Jeff Ruth, Nimitz command-ing officer, in a statement. "Their professionalism and stellar per-formance led 22 nations through

this demanding exercise."
Since leaving Everett in June, the Nimitz crew completed a number of inspections and certifications that monitored the ship's ability to overcome various emergency scenarios, which then led up to the biennial "Rim of the Pacific" exer-

cise, Ruth said. As the flagship for the combined task force, the Nimitz and its crew took part in the world's largest international maritime exercise.

During the Navy's "Great Green eet" demonstration July 17, the

Nimitz became the first ship to test the use of biofuel for carrierbased aircraft. The Secretary of the Navy Ray Mabus and Chief of Naval Operations Adm. Jonathan Greenert visited the aircraft carrier for the demonstration, a step toward the Navy's goal to reduce energy consumption, decrease its

> See NIMITZ, back page, this section

Family turns a tragedy to good

A basketball signed by the U.S. Olympic team will help an Everett family's continuing effort to fund scholarships after their son's death.

By Eric Stevick Herald Writer

EVERETT - Within hours of learning about their son's death, Don and Jan Jensen were surrounded by friends.

A houseful of them Ten years later, those friends remain ever near, helping the retired Everett educators turn trag-

edy into good.

More than 300 people are expected to take part Saturday in the 3.6-mile Brett Jensen Memorial Fun Run and Walk. Now in its

fourth year, the jaunt around north is one of fundraisers that remember a promising young life cut short.

a straight-A scholar

Brett Jensen and former student

body president at Cascade High School. He died May 7, 2002, in a fall from a balcony at his fraternity house near the University of Washington. The freshman was 19 and an inexperienced drinker.

In the decade since, with the help of matching money from the Everett Rotary Club, nearly \$80,000 has been given away in scholarships in Brett Jensen's name. More than 1,000 turkeys have been

See JENSEN, back page, this section

First step to WSU degrees in Everett

By JERRY CORNEIELD Herald Writer

EVERETT - Two dozen students arrived at Everett Community Colege on Monday with textbooks in their backpacks and a city's dreams on their unassuming shoulders.

They are enrollees in Washing-on State University's inaugural mechanical engineering program and unwitting pioneers of what

student Danielle McCauley, 20, of

Far larger than she might realize. Civic leaders and lawmakers spent the better part of the past three generations trying to land a research university in Snohomish County and Monday may signal the end to their pursuit.

"Today is really transforma-tional," said an ebullient Everett Mayor Ray Stephanson "Today

The classes are offered through the auspices of the University Center of North Puget Sound, a collaboration of eight public and private colleges providing bach-elor's and master's degree courses to about 500 students.

Everett Community College manages the center, whose partners include the University of Washington and Western Washing-



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They are enrollees in Washington State University's inaugural mechanical engineering program and unwitting pioneers of what Everett leaders envision growing into a full-fledged degree-produc-

ing WSU outpost.

"I knew these were the first classes for this program. I didn't realize how big a deal it was," said

student Danielle McCauley, 20, of Renton

Far larger than she might realize. Civic leaders and lawmakers spent the better part of the past three generations trying to land a research university in Snohomish County and Monday may signal the end to their nursuit. the end to their pursuit.

"Today is really transforma-tional," said an ebullient Everett Mayor Ray Stephanson. "Today hopefully lays the foundation for a

Hill branch campus by 2020."

WSU on Monday began offering courses for upper division students seeking a bachelor's degree in mechanical engineering.

The classes are offered through the auspices of the University Center of North Puget Sound, a collaboration of eight public and private colleges providing bach-elor's and master's degree courses

to about 500 students. Everett Community College manages the center, whose part-ners include the University of Washington and Western Washing-

washington and western washing-ton University.

But a 2011 state law prescribes a path for the Pullman-based col-lege to take charge no later than

See CLASS back page, this section



WSU mechanical engineering instructor Brad Thompson passes out information to students at Everett Community College on Monday.



VOL. 112, NO. 193 @ 2012 THE DAILY HERALD CO.

Skinny dip

Oh, ye of little thought: Kansas Congressman Kevin Yoder, R-In The Altogether, has apologized for swimming naked in the Sea of Galilee, considered a holy site by Christians

its waters. Yoder was in Israel with other lawmakers on a fact-finding mission (Page The fact Yoder found: There is shrinkage when swim-

they believe Jesus walked on

ming in the Galilee, but it only increases one's embarrassCheck Craigslist: The National Insurance Crime Bureau reports that for the fourth straight year, the 1994 Honda Accord was the most frequently stolen vehicle model in the U.S. Last year 7,596 '94 Honda Accords were

reported stolen (Page A4). There can't possibly be 7,596 '94 Honda Accords still on the road, so car thieves apparently are stealing the same light blue hatchback with primer patches.

Don't know much about history: On this day in 1609, Galileo Galilei demonstrated his new telescope to a group of officials atop the Campanile bell tower in Venice (Page

Galileo tried to keep the officials' attention focused on the stars and planets, but the group repeatedly pointed the telescope toward a group of skinny-dipping lawmakers down in the canals.

-lon Bauer, Herald staff



Herald Net

Classified C4

Comics C2

Dear Abby. . . . C3 Crossword ... C2 Good Life C1 Lottery A2 Opinion B5

Horoscope . . . C7

Obituaries.... B4

Sports D1





Humorist Phyllis Diller dead at 95

By SANDU COHEN

LOS ANGELES — Phyllis Diller, the housewife turned humorist who aimed some of her sharpest barbs at herself, punctuating her jokes with her trademark cackle, died Monday in her Los Angeles home at age 95

Angeles home at age 95.

"She died peacefully in her sleep and with a smile on her face," her longtime manager, Milton Suchin, told The Associated Press.

The cause of her death has not been released

She was a staple of night-clubs and television from the 1950s — when female comics were rare indeed until her retirement in 2002 Diller built her stand-up act around the persona of the corner-cutting housewife ("I bury a lot of my ironing in the backyard") with bizarre looks, a wardrobe to match (by "Omar of Omaha") and a husband named "Fang."

Wrote Time magazine in 1961: "Onstage comes something that, by its own description, looks like a sackful of doorknobs, With hair dyed by Alcoa, pipecleaner limbs and knees just missing one another when the feet are wide apart, this is not Princess Volupine. It is Phyllis Diller, the poor man's Auntie Mame, only successful female among the New Wave comedians and one of the few women funny and tough enough to belt out a 'standup' act of one-line

gags."
She inspired a generation of female comics, including Joan Rivers, Ellen DeGeneres and Whoopi Goldberg.

Diller described herself as "one of those life-of-theparty types," in an interview in 1965. "You'll find them in in 1965. "You'll find them in every bridge club, at every country club. People invited me to parties only because they knew I would supply some laughs. They still do." She didn't get into comedy

until she was nearly 40, after her first husband, Sherwood Diller, prodded her to give up a successful career as an lvertising and radio writer. Through it all, she was also a

busy mother.
"We had five kids at the time. I don't how he thought we'd handle that," she told the AP in 2006.



ASSOCIATED PRESS Phyllis Diller, the housewife turned humorist, inspired a

A Chicago Tribune columnist, describing her appearance at a nightspot ere in 1958, noted she v from San Francisco, hailed her as "the weirdest, wild-est yet" — and made sure to mention her five youngsters

Her husband managed her career until the couple's 25-year marriage fell apart in the 1960s. Shortly after her divorce she married entertainer Warde Donovan, but they separated within

Through both marriages and other relationships, the foibles of "Fang" remained an integral part of her act.

"Fang is permanent in the act, of course," she once said. "Don't confuse him with my real husbands. They're temporary."

temporary."
She appeared in movies, including "Boy, Did I Get a Wrong Number" and "Bight on the Lam" with Bob Hope. In 1966-67, she was the star of an ABC sitcom about a society family trying to stave off bankruptcy, "The Pruitts of Southampton," in 1968, she was host of a vari-1968, she was host of a variety series, "The Beautiful Phyllis Diller Show."

Although she could be serious during interviews, sooner or later a joke would sooner or later a joke would pop out, often as not fol-lowed by that outrageous "AH-HHAAAAAAAAAAAA "It's my real laugh," she once said. "It's in the family.

When I was a kid my father called me the laughing hyena."

Diller is survived by her two children, four grandchildren and a greatgranddaughter.

TODAY IN HISTORY

Today is Tuesday, Aug. 21, the 234th day of 2012. There are 132 days left in

Today's highlight: On Aug. 21, 1912, the Boy Scouts of America named its first Eagle Scout, Arthur Rose Eldred of Troop 1 in Rockville Centre, N.Y.

On this date: In 1609, Galileo Gali lei demonstrated his new telescope to a group of offi-cials atop the Campanile in

In 1858, the first of seven debates between Illinois senatorial contenders Abraham Lincoln and Ste-

phen Douglas took place. In 1911, Leonardo da Vinci's "Mona Lisa" was stolen from the Louvre Museum in Paris. (The painting was recovered two years later in Italy.)

In 1940, exiled Communist revolutionary Leon Trotsky died in a Mexican hospital from wounds inflicted by an assassin the day before

In 1959, President Dwight D. Eisenhower signed an executive order making Hawaii the 50th

In 1961, country sing Patsy Cline recorded the Willie Nelson song "Crazy"

for Decca Records.

In 1987, Sgt. Clayton
Lonetree, the first Marine
court-martialed for spying, was convicted in Quantico, Va., of passing secrets to the KGB In 1992, an 11-day siege

began at the cabin of white separatist Randy Weaver in Ruby Ridge, Idaho, as gov-ernment agents tried to arrest Weaver for failing to appear in court on charges of selling two illegal sawed-off shotguns; in the resulting shootout, Weav-er's teenage son, Samuel, and Deputy U.S. Marshal William Degan were killed.

Associated Press

SEEMS LIKE YESTERDAY

50 years ago (1962)

Though condemned and said likely to collapse at any time, the 53-year-Parkland Lutheran Children's Home building got the last laugh, if just for today. First 331 sticks of dynamite did little. Then a fire was ignited. In the

standing. Cub Scout Pack 14 held a potluck picnic, followed by award presentations by Wes Love. Recipients were Dean Duvall, Brad Albertson, Doug Love and Den Mother Leodyee Albertson. Mr. and Mrs. William Stevens would host the next leaders' meeting.

25 years ago (1987) A young 200-pound Alaskan fur seal strayed from Port Gardner into the

Snohomish River, up the Shonomish River, up the Skykomish River yesterday and early today. It ended up in a Woods Creek swim-ming hole in Monroe in pursuit of salmon. Everett veterinarian Dr. Doug Year said the seal's behavior was very unusual. The Her

Herald advercoming tised stories coming this weekend. Jeff Pahu koa of Marysville had spent his summer preparing to play offensive tackle for the University of Washington. At 106, Ber-tha Hartzell was surprising and educating anyone she saw. Designers of today's "wild tech" camping gear had down-to-earth goals in mind.

By Jack O'Donnell from Herald archives at the Everett Public Library

Actor William Windom dies

ASSOCIATED PRESS

LOS ANGELES -- William Windom, who won an Emmy Award for his turn in the 1969 TV comedy series "My World And Welcome To It" and went on to score guest appearances on sev-eral popular shows, has

died Windom died Thursday of congestive heart failure at his home in Woodacre, north of San Francisco, his wife Patricia told the Los Angeles

Times. He was 88.
Windom won acclaim in the short-lived NBC series for his role as John Monroe, a writer-cartoonist for a New York magazine who relied on his fantasy life to escape a middle-class Connecticut

The easy-going Windom

was an in-demand television character actor for decades and scored guest appear-ances on several American TV staples, including epi-sodes of "Twilight Zone" and "Star Trek."

he also appeared on more than 50 segments of "Mur-der, She Wrote" beginning in the mid-1980s. There, Win-dom played a Maine country doctor opposite series star Angela Lansbury's Jessica cher

He also played the part of the prosecuting attorney who parries in court with Gregory Peck's Atticus Finch in the 1962 movie "To Kill a

Mockingbird." Married five times, Windom is survived by his wife of 37 years and four chil-dren, Rachel, Heather, Hope

LOTTERY

LOTTO: Monday's drawing was for \$1 million. Monday's numbers: 1-8-12-18-23-43. The next drawing is Wednesday for \$1.1 million.

DAILY GAME: Monday's numbers: 6-8-6.

KENO: Monday's numbers: 1-4-8-10-14-15-16-26-28-33-35-49-51-54-56-63-70-74-79-80.

HIT 5: Monday's drawing was for \$220,000. Monday's numbers: 3-6-25-30-35. The next drawing is Wednesday for \$250,000

MATCH 4: Monday's numbers: 8-12-14-19.

POWERBALL: Saturday's drawing was for \$40 million. Saturday's numbers: 14-26-41-55-59, Powerball 1. The next drawing is Wednesday for \$50 million.

MEGA MILLIONS: Friday's drawing was for \$45 million. Friday's numbers: 8-20-24-35-56, Megaball 24. The next drawing is today for \$55 million.

CORRECTIONS

■ Everett Community College is charging \$1,167.88 in tuition plus \$85 in fees for its new 12-credit Manufacturing Pre-Employment Program, which starts in October. An incorrect tuition amount was listed in a Business story

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The Big Four Ice Caves are a part of the Mount Baker-Snoqualmie National Forest. A Page One story Friday incorrectly stated that the ice caves are part of the Washington's state park system.



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Full promotion details available at Winners Club. QCC management has the right to change any promotion at any time without notice. HERALD | WWW.HERALDNET.COM | TUESDAY, 08.21.12



Republican presidential candidate Mitt Romney (left) vice presidential candidate, Rep. Paul Ryan, R-Wis., attend a town hall at Saint Anselm College in Manchester, N.H., on Monday,

Point-counterpoint by candidates

Obama defends tenor of his campaign; Romney stays in attack mode

AND CHARLES BABINGTON Associated Press

WASHINGTON—Denounced by his Republican rival for divi-siveness, President Barack Obama on Monday defended the tone of his campaign and insisted it's actually Mitt Romney's ads that are "patently false." But Obama did distance himself from a particularly provocative negative ad by a political group that supports him.

Obama also joined the cascade of criticism from both parties for comments on rape and abortion by a Republican Senate candidate in Missouri, using that new controversy to draw sharp distinctions between his views on women's health issues and

those of Republicans.

Obama turned the day into obama turned the day line a long-distance point-counter-point debate with his opponent. He made a surprise visit to the White House briefing room and took questions from four report-ers, the most he has taken from the national press corps in two months, dealing to an extent with complaints about his inaccessibility.

The flap over rape-and-abortion remarks by Rep. Todd Akin of Missouri gave Obama a chance to make a direct appeal to women, who both campaigns say make up a majority of undecided voters.

At issue was Akin's answer in an interview that aired Sunday that women's bodies can prevent pregnancies in "a legitimate rane" and that conception is rare

Akin later said he misspoke and apologized, but he said he would not get out of the race despite such urging from several

prominent fellow Republicans.

As for the tone of the



President Barack Obama makes a suprise visit Monday to the White House briefing room to defend the tone of his campaign.

attention to major differences with Romney, but he said his criticism has never been "out of

Still, he distanced himself from an ad by the pro-Obama Priorities USA Action super political action committee, which is run by former Obama White House aides.

That ad pointedly notes the death of the wife of a steelworker whose company had been taken over by a group of partners that included Bain Capital, the pri-vate equity firm that Romney

cofounded. "I don't think that Governor Romney is somehow responsi-ble for the death of the woman that was portrayed in that ad," Obama said.

But he added that he did not approve or produce the ad and id it had had only a brief airing on television.

Romney and his running mate, Paul Ryan, made their first appearance together in New Hampshire after a week of vigor-

ous campaigning separately.
The Republicans tained their criticism Monday,

campaign, Obama declared leveling new claims of duplic-that it was important to draw ity in Obama's TV ads before about 3,000 friendly people in

"It seems that the first victim

claim the GOP ticket would raise taxes, Romney said, "All we've heard so far is one attack after another.

"I will not raise taxes on anyone," Romney said. "Mr. President, stop saying some-thing that's not the truth."

In his news conference, Obama countered, saying his speeches and the ads run by his re-election campaign have focused accurately on substan tive issues such as taxes and spending.

By contrast, he said Romney has aired "patently false" claims that the president is "gutting" welfare's work requirement.

Obama also defended ads criticizing Romney's refusal to

release more than two years' worth of tax returns. He said those seeking the White House must know their life is an "open hook.

Obama said he has "sharp differences" with Romney on major issues and that those are

major issues and that those are fair game for tough ads. Even so, he added, "Nobody accused Mr. Romney of being a felon," as some Republicans have suggested of Obama.

However, Obama deputy campaign manager Stephanie Cutter earlier this summer said that questions about when Romney left his post as head of Bain raised issues of potential illegal activity. In Missouri,

on rape Akin's comments on rape came in the midst of his campaign to unseat Democratic Sen. Claire McCaskill.

Obama condemned Akin's remarks as "offensive" and took issue with past attempts by lawmakers in Congress to limit taxpayer funding of abortions to cases of "forcible rape," incest and danger to the life of the

Romney also weighed in, call-ing Akin's comments on rape "insulting, inexcusable, and, frankly, wrong."

A number of other Republi-cans decried the remarks as well and at least two Republican senators called on Akin to drop out

of the race.
In New Hampshire, Romney and Ryan made a multi-pronged case against the administration, saying Obama's policies on taxes, Medicare and foreign policy have let down the American

The GOP running mates promised a sunnier future of lower taxes, lower deficits, more jobs at home, and greater U.S. prestige abroad.

But they offered few details on how they would achieve these goals, which have vexed Conand White Houses for

ACROSS THE U.S.

Lawmaker apologizes for Galilee skinny dip

TOPEKA — A freshman congressman from Kansas has apologized for going skinny-dipping in the Sea of Galilee during a fact-finding trip to Israel last summer.

Rep. Kevin Yoder, R-Kan., said late Sunday he was "incredibly remorseful that I have caused embarrassment to my constituents" for a "momentary lapse of judgment" that resulted in his jumping into the water without his clothes on during the August 2011 trip to Israel. Politico reported that he stripped during a late-night swim with other lawmakers, congressional spouses and staffers. The Sea of Galilee is a lake in northern Israel. Scripture says Jesus walked on water

GOP aides denied Politico's report that the FBI looked into the incident. The trip was paid for by the American Israel Educational Foundation.

D.C.: New Mars mission

NASA wants to look deep into the guts of Mars. The space agency decided Mon-day to launch a relatively low-cost robotic lander in 2016 to check out what makes the core of the red planet so different. NASA's Discovery program picked a Mars flight called Insight over two other proposals costing no more than \$425 million.

N.Y.: Bacon strewn in park

Muslims gathering to celebrate the end of Ramadan at a park on Staten Island found uncooked bacon scattered there, and police are investigating it as a possible hate crime. In a statement, the New York chapter of the Council on American -Islamic Relations said pork is often used to offend or taunt Muslims, who are barred m eating it because pigs are considered unclean.

Virginia: Veteran detained

A former Marine involuntarily detained for psychiatric evaluation for posting strident anti-government messages on Facebook has received an outpouring of support from people who say authorities support from people who say authorities are trampling on his First Amendment rights Brandon J. Raub, 26, has been in custody since FBI, Secret Service agents and police in Chesterfield County questioned him Thursday about what they said were ominous posts talking about a coming revolution. Police — acting under a state law that allows emergency tem. a state law that allows emergency, temporary psychiatric commitments upon the recommendation of a mental health the recommendation of a mental nearth professional—took Raub to a hospital in Hopewell. He was not charged with any crime. Monday, a judge ordered Raub detained for another month.

Calif.: Porn moratorium

Jolted by the possibility of a syphilis outbreak among its ranks, a Los Angeles-based trade group that represents the adult film industry announced a nationwide moratorium on X-rated productions while more than 1,000 porn performers are tested. The Free Speech Coalition issued the call on its website after reporting that one performer had tested positive for syphilis, a sexually transmitted disease, and begun notifying sexual partners.

AROUND THE WORLD

Sierra Leone: Cholera strikes

An outbreak of cholera in West Africa has infected more than 13,000 people and killed at least 258 people in Sierra Leone and Guinea, authorities said as they appealed for international assistance. rra Leone's Minister of Health and Sanitation, Zainab Hawa Bangura, said that in the capital, Freetown, there have been about 100 deaths during the past month. That brings the total to at least 176 dead

Court: Alabama can't check student immigration

ATLANTA - Part of Alabama's immigration law that ordered public schools to check the citi(Alabama's law) significantly deters undocumented children residents, has been shot down." said Jadwat.

Alabama Republican Gov. Robert Bentley disagreed, saying the court upheld the "essence" of the law.

ASSOCIATED
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Obama also joined the cascade of criticism from both parties for comments on rape and abortion by a Republican Senate candidate in Missouri, using that new controversy to draw sharp distinctions between his views on women's health issues and those of Republicans.

Obama turned the day into

a long-distance point-counter-point debate with his opponent. He made a surprise visit to the White House briefing room and took questions from four reporters, the most he has taken from the national press corps in two months, dealing to an extent with complaints about his

The flap over rape-and-abortion remarks by Rep. Todd Akin of Missouri gave Obama a chance to make a direct appeal to women, who both campaigns say make up a majority of unde-

ded voters.
At issue was Akin's answer in an interview that aired Sunday that women's bodies can prevent pregnancies in "a legitimate rape" and that conception is rare

Akin later said he misspoke and apologized, but he said he would not get out of the race despite such urging from several prominent fellow Republicans.

the tone of the



President Barack Obama makes a suprise visit Monday to the White House briefing room to defend the tone of his campaign.

campaign, Obama declared that it was important to draw attention to major differences criticism has never been "out of

Still, he distanced himself from an ad by the pro-Obama Priorities USA Action super olitical action committee, which is run by former Obama

White House aides. That ad pointedly notes the death of the wife of a steelworker whose company had been taken over by a group of partners that included Bain Capital, the pri-vate equity firm that Romney cofounded.

"I don't think that Governor Romney is somehow responsi-ble for the death of the woman that was portrayed in that ad," Obama said.

But he added that he did not approve or produce the ad and id it had had only a brief airing on television.

Romney and his running mate, Paul Ryan, made their first appearance together in New Hampshire after a week of vigorous campaigning separately.
The Republicans sus-

tained their criticism Monday,

leveling new claims of duplicity in Obama's TV ads before about 3,000 friendly people in

'It seems that the first victim of an Obama campaign is the truth," Romney said.

Asked by a woman about Obama campaign "lies" that claim the GOP ticket would raise taxes, Romney said, "All we've heard so far is one attack after

"I will not raise taxes on anyone," Romney said. "Mr. President, stop saying some-thing that's not the truth."

In his news conference, Obama countered, saying his speeches and the ads run by his re-election campaign have focused accurately on substan-tive issues such as taxes and

By contrast, he said Romney has aired "patently false" claims that the president is "gutting" welfare's work requirement. Obama also defended ads

criticizing Romney's refusal to release more than two years' worth of tax returns. He said those seeking the White House must know their life is an "open Obama said he has "sharp differences" with Romney on major issues and that those are ir game for tough ads. Even so, he added, "Nobody

accused Mr. Romney of being a felon," as some Republicans have suggested of Obama

However, Obama deputy campaign manager Stephanie Cutter earlier this summer said that questions about when Romney left his post as head of Bain raised issues of potential illegal activity

Akin's comments on rape came in the midst of his campaign to unseat Democratic Sen. ire McCaskill.

Obama condemned Akin's remarks as "offensive" and took issue with past attempts by lawmakers in Congress to limit taxpayer funding of abortions to cases of "forcible rape," incest and danger to the life of the mother.

Romney also weighed in, call: ing Akin's comments on rape "insulting, inexcusable, and, frankly, wrong."

A number of other Republi-cans decried the remarks as well and at least two Republican sentors called on Akin to drop out of the race.

In New Hampshire, Romney and Ryan made a multi-pronged case against the administra-tion, saying Obama's policies on taxes, Medicare and foreign policy have let down the American

The GOP running mates promised a sunnier future of lower taxes, lower deficits, more jobs at home, and greater U.S.

prestige abroad.

But they offered few details on how they would achieve these goals, which have vexed Congresses and White Houses for

NASA wants to look deep into the guts of Mars. The space agency decided Mon-day to launch a relatively low-cost robotic lander in 2016 to check out what makes core of the red planet so different. NASA'S Discovery program picked a Mars flight called Insight over two other pro-posals costing no more than \$425 million.

D.C.: New Mars mission

Scripture says Jesus walked on water there.
GOP aides denied Politico's report that the FBI looked into the incident. The trip was paid for by the American Israel Edu-

N.Y.: Bacon strewn in park

Muslims gathering to celebrate the end of Ramadan at a park on Staten Island found uncooked bacon scattered there, and police are investigating it as a pos-sible hate crime. In a statement, the New York chapter of the Council on American -Islamic Relations said pork is often used to offend or taunt Muslims, who are barred from eating it because pigs are considered

Virginia: Veteran detained

A former Marine involuntarily detained for psychiatric evaluation for posting strident anti-government messages on Facebook has received an outpouring of support from people who say authorities are trampling on his First Amendment rights. Brandon J. Raub, 26, has been in custody since FBI, Secret Service agents and police in Chesterfield County questioned him Thursday about what they said were ominous posts talking about a coming revolution. Police — acting under a state law that allows emergency, temporary psychiatric commitments upon the recommendation of a mental health professional — took Raub to a hospital in Hopewell. He was not charged with any crime. Monday, a judge ordered Raub detained for another month.

Calif.: Porn moratorium

Jolted by the possibility of a syphilis outbreak among its ranks, a Los Angelesbased trade group that represents the adult film industry announced a nationwide moratorium on X-rated productions while more than 1,000 porn performers are tested. The Free Speech Coalition issued the call on its website after reporting that one performer had tested positive for syphilis, a sexually transmitted disease, and begun notifying sexual partners.

AROUND THE WORLD

Sierra Leone: Cholera strikes

An outbreak of cholera in West Africa has infected more than 13,000 people and has infected more than 15,000 people and killed at least 258 people in Sierra Leone and Guinea, authorities said as they appealed for international assistance. Sierra Leone's Minister of Health and Sanitation, Zainab Hawa Bangura, said that in the capital, Freetown, there have been about 100 deaths during the past month That brings the total to at least 176 dead in Sierra Leone, while 82 deaths have been reported in neighboring Guinea.

Venezuela: Prison violence

More than 20 people were killed during a prison riot as two groups of inmates waged a gunbattle inside the peniten-tiary, officials said Monday. The violence erupted at Yare I prison south of Caracas on Sunday, said Iris Varela, the govern-ment's prisons minister. It was the latest in a series of bloody clashes that have flared in Venezuela's overcrowded prisons.

Syria: Gov't. attacks kill 100

Government forces pummeled the bat-tered city of Aleppo with airstrikes and tanks and shelled parts of Damascus and southern Syria on Monday, killing at least 100 people during a major Muslim holi-day, rights groups and activists said. The violence escalated dramatically after a one-day lull Sunday, the start of the threeday Eid al-Fitr holiday which marks the end of the holy month of Ramadan. The renewed fighting showed President Bashar Assad's regime is not letting up on its drive to quell the 17-month-old uprising out of respect for the occasion From Herald news services

Court: Alabama can't check student immigration residents, has been shot down," said ladwat. Associated Press (Alabama's law) significantly ATLANTA - Part of Alabama's

immigration law that ordered public schools to check the citizenship status of new students was ruled unconstitutional Monday by a federal appeals court that also said police in that state and Georgia can demand papers from criminal suspects

they have detained.

The 11th U.S. Circuit Court of Appeals ruled that the Alabama schools provision wrongly singles out children who are in the country illegally. Alabama was the only state that passed such a requirement and the 11th Circuit previously had blocked that part of the law from being enforced.

Judges said fear of the law "sig nificantly deters undocumented children from enrolling in and attending school"

Both private groups and the bama administration filed lawsuits to block the law considered the toughest in the country.

The court, however, upheld parts of immigration laws in Alabama and Georgia allowing law enforcement to check docu-

ments for people they stop.

And the panel left in place an injunction that blocks a section

deters undocumented children from enrolling in and attending school

- The 11th U.S. Circuit Court of Appeals

of the Georgia law that allows for the prosecution of people who knowingly harbor or transport an illegal immigrant during the commission of a crime.

In Alabama, the judges sided with opponents of the law on other key points, including challenges to sections that made it illegal to harbor illegal immigrants; made it a crime for illegal immigrants to seek work; and made it a state crime for people in the country illegally not to have registration documents.

The decisions follow a recent

Supreme Court ruling upholding parts of a similar law in Arizona. The Atlanta-based court referenced that decision in its opinion to lift the injunc-tion on the suspect verification

Georgia and Alabama are among several states that have

enacted anti-illegal immigration laws in recent years. Proponents have argued they are necessary in part because of alleged fed-eral inaction. Opponents have argued that many of the laws are punitive to immigrants and that policy must be steered by the federal government.

Omar Jadwat, an American Civil Liberties Union attorney involved in challenging similar laws in Alabama and Georgia, said the judges stuck down the schools provision "in pretty robust terms" and effectively opposed the sponsors' stated idea of forcing illegal immigrants to "self-deport" by making their lives too difficult.

"The original idea behind the law, that these provisions would all work together to allow the states to aggressively identify and prosecute undocumented Alabama Republican Gov.

Robert Bentley disagreed, saying the court upheld the "essence"

'The core of Alabama's immigration law remains that if you live or work in the state, you should do so legally," said Bentley, who signed the measure. "It is time now to move past court battles and focus on enforce-

ment of Alabama's law."

School officials said many Hispanic parents quit sending their children to class immediately after Bentley signed the law, and some families left the state in fear. Local education systems have said many children returned to class, and some immigrant families moved back to Alabama after courts blocked many provisions in the law

In a statement, Georgia Attor-ney General Sam Olens said he was generally pleased with the ruling for his state but disagreed with the court on the section dealing with transporting ille-gal immigrant that is still being blocked.

Jadwat said the organization will continue to challenge so-called "show-me-your-papers" provisions of the state immigra-

- Arthur Ashe, tennis player, 1943-1993

I HERALD I WWW.HERALDNET.COM/BUSINESS I TUESDAY, 08.21.12 Studies show degree's value

College graduates have an easier time finding work, one study finds, but another says the debt that some incur is hobbling families and hitting low-income students harder.

> By JUSTIN POPE Associated Press

Two new studies offer emphatic answers to much-discussed ques-tions about higher education: Yes, a college degree is worth it, but yes, it's the middle-class that's getting particularly squeezed with student debt in the pursuit of one.

Both studies make persuasive cases, though each could be misunderstood without important context.

The first, released last week

by the Lumina Foundation and Georgetown University's Center on Education and the Workforce, seems to thoroughly demolish the idea that the Great Recession diminished the value of a college degree. Yes, recent college grads have struggled more than usual to find jobs matching their training. But overall, even as unemployment was rising past 10 percent, the authors found the economy actu-ally added 200,000 jobs for workers with a bachelor's degree. Since the recovery began, it's created 2 million more

Just as there wasn't really a recession, at least in terms of job creation, for those with college degrees, there hasn't been a recov-ery for those without them. Nearly 6 million high-school-only jobs have been lost since the downturn began, and they are still declining even in the recovery.

That recovery may well never come if you have no college at all (though people with some college

have done reasonably well of late). "This is the clearest information that we have seen to date about the advantage of having college-level skills in the employment market," said Lumina's president and CEO Jamie Merisotis. "Since the recovery started two years ago we've seen a real acceleration. The gap between those with a college credential and those without one is growing.

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The unemployment rate for all four-year graduates is 4.5 percent. For recent graduates, it's 6.8 percent. For recent graduates trying to work with only a high school diploma, it's nearly 24 percent.

construction and manufacturing, which accounted for two-thirds of all Great Recession job losses, virtually all of the hiring during the recovery has targeted people with bachelor's or at least associate's degrees. Despite the hit those industries took, there are

See **DEGREE**, Page A5

Gas at record high for August

Prices are expected to continue their slow rise until Labor Day and should then ease, but the state average already is at \$3.96.

> By SANDY SHORE Associated Press

You may pay more than ever for a late-summer drive.

U.S. drivers paid an average of \$3.72 per gallon on Monday. That's the highest price ever on this date, according to auto club AAA, a shade above the \$3.717 average on Aug. 20, 2008. A year ago, the average was \$3.578. More daily records are likely over

the next few weeks. The national average could increase to \$3.75 per gallon by Labor Day, said Tom Kloza, chief oil analyst at Oil Price Information Service. By compari-son, gas prices stayed below \$3.70 in late August and early September in both 2008 and 2011.

Gasoline price comparison website GasBuddy.com reported Monday a range of gas prices in Washington state between \$3.59 in Clarkston and \$4.58 in Friday Ha bor for a gallon of regular gas, with a state average of \$3.96. Kloza and other analysts expect

prices to start dropping after Labor Day, so drivers shouldn't have to worry about a return to the April high of \$3.94 per gallon; barring a hurrine or other unforeseen event.

See GAS, Page A5



Apple employees welcome hundreds of customers in front of the Apple store at a shopping mall in Oberhausen, Germany, as the new iPad went on sale at Apple stores in March.

The really big Apple

With a market capitalization of \$623 billion, Apple is now the world's most valuable company ever.

> By Peter Svensson Associated Press

NEW YORK — Apple is Wall Street's all-time MVP—that's Most

Valuable Property.

On Monday, Apple's surging stock propelled the company's value to \$623 billion, the world's highest, ever. It beat the record for market capitalization set by Microsoft Corp. in the heady days of the Internet boom.

After a four-month dip, Apple's stock has hit new highs recently because of optimism around what is believed to be the impending launch of the iPhone 5, and possibly a smaller, cheaper

Apple Inc. has been the world's most valuable company since the end of last year. It's now worth 53

percent more than No. 2 Exxon Mobil Corp. Apple's stock hit \$664.74 in midday trading before retreat-ing slightly to \$662.38. That was \$14.27, or 2.2 percent, higher than Friday's close. Microsoft's 1999 peak was

Microsoft's 1999 peak was \$620.58 billion, according to Standard & Poor's

The comparison to Micro soft does not take inflation into account. In inflation-adjusted dollars, the software giant was worth about \$850 billion on Dec. 30, 1999. Microsoft is now worth

\$257 billion. Analysts believe Apple's stock has room to grow. The average price target of 38 analysts polled by FactSet is \$745.80.

Despite the surge, Apple's stock not particularly expensive is

compared to its earnings for the last twelve months. The company's "price-to-earnings ratio" is 15.6, compared to 16.1 for the S&P 500 overall. That suggests inves-tors, unlike analysts, don't believe

the company can grow its profits much from current levels.

By contrast, Microsoft had a price-to-earnings ratio of 83 at the 1999 peak. The stock was caught up in the Internet mania of the time and investors believed it could

boost its future earnings massively.

Analysts believe the launch of new iPhone in a month or two will be Apple's biggest product introduction yet.

Scott Sutherland at Wedbush Morgan noted that some investors sold Apple shares last summer, when iPhone sales slowed down as consumers started holding off for the new model. Those investors missed out on a 50 percent

See APPLE, Page A5

BRIEFLY

For 4th year, '94 Honda Accord most stolen car

Honda's 1994 Accord was the most frequently stolen car in the United States in 2011 in the United States in 2011 for the fourth straight year as the vehicle's popularity and lack of security features made it a favorite among thieves. Last year, 7,596 Accords from the 1994 model year were stollen, according the National Insurance Crime Bureau. The 1998 Honda Civic was the sec-ond most-stolen car, the trade group said Monday. "They're actually stealing the older cars because the safety features that the newer cars have, they're not there," said Joe Brosius, a retired Tempe, Ariz., police officer who heads the International Associa-tion of Auto Theft Investigators.

U.S. airline stocks rise on airfare increases

Shares of U.S. airlines gained Monday following a successful attempt to raise fares to cover the rising cost of fuel. Southwest Airlines Co. raised fares Friday on short routes by \$10 per round trip, and several large airlines, airlines with markety markety than the several large. airlines quickly matched the increase. The fare hike applied to flights of less than 500 miles each way, or about one-third of Southwest's routes. Just two days earlier, Delta Air Lines dropped a fare increase of up to \$10 per round trip because other airlines didn't follow suit. Southwest carries a lot of influence in fare sales because while other airlines fly more miles, Southwest carries more pas-sengers within the U.S. than anyone. Many attempts to raise prices don't stick because Southwest doesn't play along.

Hostess cuts wages 8% in final contract offer

Hostess Brands Inc.'s final contract offer to certain union members includes "lowering wages and commissions by 8 percent in the first year of a five-year contract. The company is also considering the possible sale of its Merita brand. The offer also includes raising wages by a little more than 3 percent in the sec-ond year of the contract and by another percentage point in the fifth year. The final contract offer will allow Hostess to reduce oper-ating costs and help attract the financing needed to exit Chap-ter 11 bankruptcy protection. The International Brotherhood of Teamsters last week told its members that rejecting the offer could mean losing their jobs. The union represents nearly 8,000 Hostess workers.

Apple vs. Samsung lawsuit to go to jury

The multibillion dollar pat-ent dispute between the world's ent dispute between the worlds biggest smartphone makers is wrapping up. Lawyers are scheduled to deliver closing arguments today and a nine-person jury in federal court in San Jose, Calif., is expected to begin deliberations later this afternoon or Wednesday morning. Apple is demanding Samsung pay it \$2.5 billion and pull its most popular smart-

Wal-Mart to expand its holiday layaway offer

By Anne D'Innocenzio Associated Press

The world's largest retailer says its mostly lower-income shop-pers are still having a hard time

namesake U.S. business according to its latest quarterly results, though business has rebounded

goods such as trampolines and large exercise equipment. Wal-Mart is still requiring that

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See GAS, Page A5



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With a market capitalization of \$623 billion, Apple is now the world's most valuable company ever.

By Peter Svensson

NEW YORK — Apple is Wall Street's all-time MVP —that's Most

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From Herald news services

Wal-Mart to expand its holiday layaway offer

By Anne D'Innocenzio

NEW YORK - After seeing high customer demand for layaway during last year's winter holiday season, Wal-Mart is expanding the interest-free pay-over-time program for Christmas.

new program will last a month longer than last year's and will include more items than the tovs and electronics featured last The world's largest retailer says its mostly lower-income shoppers are still having a hard time stretching their dollars to the next paycheck. A little more than three years into the economic recovshoppers, particularly in low-income bracket, remain particularly hard hit by unemployment and other financial worries

The return of layaway is also occurring after the discounter, based in Bentonville, Ark., saw its sales momentum slow at its

ing to its latest quarterly results, though business has rebounded from a more than two-year slump.

Wal-Mart says its layaway program, which will begin Sept. 16 and end Dec. 14, will give shoppers an extra month to spread their payments. The list of items that will be available for layaway has broadened and goes beyond last year's toys and electronics. Shoppers will be able to set aside small home appliances and select sporting goods such as trampolines and large exercise equipments rge exercise equipment.

Wal-Mart is still requiring that each item is priced at \$15 or more, and the total layaway purchase must be at least \$50.

A down payment of 10 percent or \$10, whichever is greater, is required and will be applied to the purchase, the same terms as last year. There's also a refundable \$15 fee to open an account. If the order is cancelled or not paid in full, the \$15 is not refunded.

Amazon . . . 240.35 Boeing 73.83 -0.08 Costco 96.02 CraneAero . . 40.54 -0.12 -0.24 FrontierCom . 4.65 +0.02 Intermec . . . 6.11 Microsoft . . . 30.74 +0.01 -016 Nordstrom. . 56.58 -0.68 Paccar 41.24 SeattGen ... 26.10 -0.64 +0.19 Starbucks . . 48.05 -0.17 VerizonCm..43.70 -0.36 WshBanking 13.57 -0.03

-0.82

Market report, A5

Zumiez.....34.52

Drive-through safari to drop drive part

IACKSON, N.J. --- Six Flags Great Adventure will stop letting park guests use their own vehicles for drive through tours of its animal sanctuary, the company said Monday, 38 years after first giving visitors close-up views of giraffes, elephants, rhinos and lions from their family cars.

The amusement park company did not give a reason for the change which takes effect next year. The Wild Safari portion of the park also will end its 2012 season a month early, on

Sept. 30, except for previously scheduled VIP tours, park officials said.
Park officials said details about how

the animal sanctuary will operate in the future will be made public Aug. 30.

Six Flags currently lets visitors ei ther drive their own vehicles through its 350-acre animal sanctuary or take guided bus tours. Since opening in 1974, the Wild Safari animal park at Six Flags has had more than 10 million drive-through visitors.



An African elephant cools off in a pond at Six Flags Great Adventure's Wild Safari in Jackson,

NEXT UP

Herald columnist Eve Nicholas says job seekers need to call on optimism and passion. Wednesday

in Rusiness **CONTACT US**

Assistant city editor Chuck Taylor: 425-339-3429; ctaylor@ heraldnet.com.

Heraldnet.com/financials

Form your own portfolio Stock updates throughout the day The latest news on your favorite companies

THE DAY ON WALL STREET

Stocks slipped Monday in one of the quietest trading sessions of the year. Worries about European debt crept up again, and Apple became the most valuable company of all time.

The Dow Jones industrial average fell 3.56 points, or 0.3 percent, at 13,271.64. The Standard & Poor's 500 fell a sliver, 0.03 point, to 1,418.13. The Nasdaq composite index fell 0.38 point to 3,076.21.

Apple, the most valuable company in the world, became the most valu able in history. It hit a market value of \$623 billion, surpassing Microsoft's record from 1999.

Apple stock rose \$17.04, or 2.6 percent, to \$665.15.

- Associated Press

INTEDECT DATES

11/7	
Last	Previous
3.25	3.25
	0.75
.0025	.0025
0.105	0.09
0.145	0.14
0.79	0.80
1.81	1.81
2.92	2.93
0.43	0.43
	3.25 0.75 .0025 0.105 0.145 0.79 1.81 2.92

CHRRENCY

	OILILEITE	
	U.S.	Foreign
	dollar buys	buys
Australia	.9568	1.0452
Britain	.6366	1.5709
Canada	.9884	1.0118
China	6.3603	.1572
Denmark	6.0307	.1658
Euro	.8098	1.2348
Hong Kong	7.7573	.1289
India	55.745	.0179
Indonesia	9490.00	.000105
Israel	4.0282	.2482
Japan	79.43	.012590
Malaysia	3.1315	.3193
Mexico	13.1139	.076255
New Zealand	1.2359	.8091
Norway	5.9195	.1689
Philippines	42.36	.0236
Russia	32.0595	.0312

COMMODITIES

COMMINIC	DILLE	3
	Last	Previous
Unleaded gas (gal)	3.03	3.03
Crude oil (bbl)	95.97	96.01
Natural gas (mm btu)	2.78	2.72
Heating oil (gal)	3.09	3.09
Copper (lb)	3.37	3.42
Gold (oz)	1620.10	1616.30
Platinum (oz)	1498.20	1473.10
Silver (oz)	28.59	28.00
Cattle (lb)	1.21	1.21
Coffee (lb)	1.61	1.60
Orange juice (lb)	1.26	1.20
Corn (bu)	8.15	7.99
		.73
Cotton (lb)	.74	
Lumber (1,000 brd ft)	300.70	308.70
Ethanol (gal)	2.63	2.59
5oybeans (bu)	17.04	16.71
Wheat (bu)	8.80	8.74

MAJOR INDEXES

Name	S2-Week High	Low	Last	Chg	%Chg	YT0 %Chg	12-mo %Chg
Dow Jones Industrials	13.338.66	10,404,49	13,271,64	-3.56	03	+8.63	+22.27
Dow Jones Transportati	on 5.390.11	3,950,66	5.190.26	-4.12	88	+3.40	+22.82
NYSE Composite	8,327,67	6,414,89	8.094.33	-7.75	10	+8.26	+15.95
Nasdag Composite	3.134.17	2,298,89	3.076.21	38	01	+18.08	+31.16
S&P 500	1,422,38	1.074.77	1,418,13	03	-	+12.76	+26.19
S&P MidCan	1,008,68	731.62	974.24	-3.61	37	+10.81	+23.54
Wilshire 5000	14.951.57	11,208,42	14,784,40	-9.52	06	+12.09	+25.35
Russell 2000	847.92	601.71	816.51	-3.38	+.41	+10.20	+25.36

GAINERS/LOSERS

Most Ac	ive (\$1	or more)	ø	Gai	ners (\$2	or more		Lo	sers (sa	ot mous)	
Name Vol	(00) L	ast C	hg	Name	Vol (00)	Last	Chg	Name	Vol (00)	Last	Chg
S&P500ETF 65 SprintNex 56 Lowes 44		2.19 + 5.11 - 6.26 -1	.15 .01 .08 .61	8IP GCrb CoventryH JinkoSolar ChinZenix iPBtaGSCI	291503 2856 203	2.78 3.03	+7.10	iP 5XR1K EllieMae BestBuy D8CmdyS OI 5A s	19097 216933	18.16 35.80	-2.33 -3.45 -2.11 -4.01 31

NASDAO

. Most	Active (1 or mo	re)	Gai	ners (\$2	or more)		Lo	Ser5 (\$2 o	M mode)	
Name	Vol (00)	Last	Chg	Name	Vol (00)	Last	Chg	Name	Vol (00)	Last	Chg
Facebook	n 985201	20.01	+.96	WLibtyBco	11468	3.82	+.97	Ceres n	1757	7.56	-1.45
5iriusXM	634597	2.56	-	HeliosMIT	50	2.99	+.69	GeoMet p	f 1	3.46	-,54
Cisco	391282	18.94	12	RosttaG rs			+.93	Zagg	38007		-1.12
NewsCpA	253320	23.06	20	ReprosTh	9510	10.98	+1.45	AWoodmi	362	18.24	-2.46
Intol	249702	26.23	- 10	Seneca 8	20	28.59	+3.75	Un8nOH	232	7.35	98

AMEX

Mos	t Active	\$1 or mo	ne)	Gair	ers (\$2	or more)		Los	ers (\$2 o	r more)	
Name	Vol (00)	Last	Chg	Name \	/ol (00)	Last	Chg	Name	Vol (00)	Last	Chg
Vringo	40002	3,43	+.08	Vicon	6	3.00	+.16	Augusta g	3827	2.57	41
	En 36915		29	TelInstEl	50	3.53	+.17	ImpacMtg	1877	4.25	64
NovaGld	g 22892	4.59	12	ChaseCorp	269	16.75	+.75	Medgen w	14	4.25	45
Rentech	19343	2.35	+.07	AlexcoR g	4282	3.50	+.13	5parkNet	232	6.50	31
NwGold	17115	10.64	+.03	Sandst o rs	3546	10.30	+.39	UnvSecins	76	4.48	21

25 BIGGEST MUTUAL FUNDS

Name	OBJ	Total Assets (\$Mins)	4-wk	Return% 12-mo	5-year	Load	Minimum investment
PIMCO Insti PIM5: TotRt	IB	163,565	-0.6	+7.0	+53.7	NL	1,000,000
Vanguard Idx Fds: TotStk	XC	71,581	+5.2	+28.4	+11.6	NL	3,000
Vanguard Inst! Fds: Instidx	5P	65,440	+5.2	+29.0	+9.7	NL	5,000,000
Fidelity Invest: Contra	LG	58,441	+4.2	+24.8	+22.2	NL	2,500
American Funds A: CapIBA p	BL	57,830	+3.3	+15.6	+9.2	5.75	250
Vanguard Admiral: 500Adml	5P	56,946	+5.2	+29.0	+9.6	NL	10,000
American Funds A: IncoA p	- BL	56,152	+2.9	+17.5	+15.1	5.75	250
Vanguard Admiral: T5tkAdm	XC	55,757	+5.2	+28.6	+12.2	NL	10,000
American Funds A: GwthA p	LG	54,360	+6.1	+23.1	+5.5	5.75	250
Vanquard Insti Fds: InsPl	5P	45,853	+5.2	+29.1	+9.8	NL	200,000,000
American Funds A: CapWGA p	GL	45,246	+6.6	+16.5	+1.3	5.75	250
American Funds A: ICAA p	LC	44,594	+6.0	+25.6	+3.8	5.75	250
American Funds A: WshA p	LC	40,156	+4.1	+26.3	+6.2	5.75	250
Frank/Temp Frnk A: IncomA p	BL	39,553	+2.9	+15.9	+21.5	4.25	1,000
Dodge&Cox: 5tock	LV	38,821	+7.9	+28.5	-5.7	NL	2,500
Dodge&Cox: Intl5tk	It	36,185	+9.5	+8.1	-11.7	NL	2,500
Vanguard Insti Fds: T5Inst	XC	35,337	+5.2	+28.6	+12.3	NL	5,000,000
Vanquard Admiral: WelltnAdm	BL	35,325	+2.7	+18.5	+25,0	NL	50,000
Vanquard Admiral: TtlBAdml	IB	34,157	-1.0	+4.1	+37.3	NL	10,000
Vanquard Idx Fds: Totlinti	IL	33,672	+7.7	+5.4	-13.0	NL.	3,000
American Funds A: BalA p	BL	33,447	+3.4	+20.1	+19.9	5.75	250
PIMCO Admin PIM5: TotRtAd	IB	32,580	-0.6	+6.7	+51.8	NL	1,000,000
American Funds A: FdInvA p	LC	31,701	+5.8	+24.0	+8.4	5.75	250
Vanquard Admiral: ITAdml	IM	29,078	-0.3	+6.7	+33.4	NL.	50,000
American Funds A: N PerA o	GL	28,957	+6.4	+18.2	+12.1	5.75	250

NORTHWEST STOCKS

	- 1	NORT	HWES	ST STOC	CKS		
NAME	TICKER	YTD 5	2-WK LOW	52-WK HIGH	DIV		CHANGE
AlaskAir s	ALK	-7.4	25.55	39.77	***	34.77	+.59
	AMZN	+38.9	166.97	246.71	***	240.35	82
Avista	AVA	+2.1	22.81	28.05	1.16	26.30	+.06
BallardPw	BLDP	-5.6	.99	1.75	***	1.02	+.02
BarrettB	BB51	+28.2	13.17	26.70	.44	25.58 73.83	42
Boeing	BA	+.7	56.90 31.30	77.83 59.95	1.76	49.75	08
CascdeCp CellThera h	CA5C CTIC	-65.7	.39	1.65		.40	01
Coinstar	CSTR	+13.6	38.62	71.82	***	51.83	16
ColdwCrk h		-55.1	.45	1.83		.53	+.01
ColBnkg	COLB	-5.4	13.46	23.52	.36f	18.23	+.08
ColSprtw	COLM	+9.4	41.13	58.89	.88	50.91	+.23
ConcurTch	CNOR	+41.8	34.50	72.39		72.00	04
ConocPhil s		+2.7	44.71	59.68	2.64	57.03	36
Costco	COST	+15.2	73.73	97.76	1,10	96.02	12
CraftBrew	BREW	+29.2	5.08	8.92		7.78	21
Cray Inc	CRAY	+84.4	4.96	12.93		11.93	+.33
Data IO	DAIO.	-32.1	2.37	5.60	***	2.54	01
ElectSci	E510	-16.2	10.37	17.00	.32	12.14	+.14
Esterline	E5L	+1.1	47.48	76.86	1111	56.58	+1.08
ExpdIntl.	EXPD	-6.0	34.83	47.73	.56f	38.49	+.20
FEI Co	FEIC	+36.6	26.61	56.48	.32	55.69	20
FLIR Sys	FLIR	-17.8	17.99	28.34	.28	20.60	14
HrtgeFn	HFWA	+15.0	10.21	15.57	.32a	14.45	+.13
Idacorp	IDA	+.5	35.04	43,64	1.32	42.61 6.11	+.04
Intermec	IN	-10.9	4.97	8.84	***	44.88	10
Itron	ITRI	+25.5	26.90 7.51	50.35 15.70	***	9,98	+.08
KeyTech	KTCC	+68.0	3.21	13.16	***	7.88	7.00
KeyTrn Lattice	LSCC	-33.3	3.17	7.18		3.96	14
LithiaMot	LAD	+33.5	13.57	30.00	.40	29.18	08
LaPac	LPX	+63.4	4.41	13.60		13.19	28
MentorGr	MENT	+17.9	8.75	16.00		15.99	***
MicronT	MU	+3.2	3.97	9.16		6.49	08
Microsoft	M5FT	+18.4	23.79	32.95	.80	30.74	-,16
Micrvis rs	MVI5	-30.7	1.11	8.56	***	2.00	+.03
Nautilus	NLS	+47.4	1.35	3.64		2.58	03
NikeB	NKE	6	79.03	114.81	1.44	95.77	49
Nordstrm	JWN	+13.8	37.30	57.75	1.08	56.58	68
NwstNG	NWN	+3.9	41.41	49.84	1.78	49.80	+.00
NwstPipe	NWPX	+12.2	18.87	28.16	***	25.65	16
OfficeMax		+22.9	3.90	6.45	.08	5.58	06
Paccar	PCAR	+10.1	31.57	48.22	.80	41.24	64
Penford	PENX	+49.5	4.78	9.94	***	7.59	07
PlumCrk	PCL	+11.1	33.02	42.10	1.68	40.62	+.0
PopeRes	POPE	+25.2	38.00	60.39	1.80	53.81 164.75	+.0
PrecCastp			139.87	179.47 8.07	.12	3.67	+.0
Radi5ys	RSY5	-27.5	2.90 6.81	12,50		7.98	02
RealNwk r	RENT	+6.4	11.23	23.27	***	18.13	05
Sarepta rs		+126.8	2.60	10.78		10.14	+.0
SeattGen	SGEN	+56.1	14.04	28.00	***	26.10	+.1
Starbucks	SBUX	+4.4	34.75	62.00	.68	48.05	1
5terIF WA	STSA	+24.1	11.61	21.94	.60	20.73	+.0
TTM Tch	TTMI	-10.2	8.55	13.75		9.84	+.0
TmbrindBo		+44.3		5.65		5.70	+.0
TriQuint	TONT	+20.7	3.97	8.27	***	5.88	***
US Bancrp		+22.8	20.10	34.10	.78	33.23	+.1
VerizonCm		+8.9	34.65	46.41	2.00	43.70	3
WashBkg	WBCO	+13.9	9.03	15.03	.36m	13.57	0
WashFed	WAFD	+14.7	12.15	18.42	.32	16.04	01
Weyerhsr	WY	+28.7	14.82	24.53	.60	24.03	-,2
Zumiez	ZUMZ	+24.4	15.85	41.96		34.52	-1.2

Degree

From Page A4

now about as many jobs in them as before the recession overall. But there are 15 percent fewer jobs for those with only high school in manufacturing, and 25 percent fewer in construction.

Overall, the number of jobs for

people with at least some college is growing at a healthy 4 percent annually. But the growth rate for annually, but the good that the high school-only jobs is zero and those jobs remain 10 percent below their pre-recession levels.
Still, there is another variable needed to answer the question, "Is

college worth it?" That's the cost of college, and that has been rising

On average, the answer is pretty clear: A degree is worth it, to the tune of \$1.3 million in additional lifetime earnings, a very good return on even an expensive degree.

"But, as Georgetown's Anthony Carnevale acknowledges, there's no such thing as a generic bachelor's

These kids, even though they have pursued the American dream, they're starting their careers with hugely unequal amounts of student loan debt.

> Jason Houle, University of Wisconsin demographer

degree. Where you study, and what you study, matter a lot.

you study, matter a lot.
"What people shouldn't take
away from this is you can get any
old BA or AA," Carnevale said.
"They need to get past that. They

need to think about which degree and what it will it do for them."

and what it will it do for them."

As many as one in five undergraduate degrees — for instance in counseling, at least for those who don't go on to get a master's — produce average earnings no greater than those of a high school graduate better average earnings than some bachelors. The research paints a powerful portrait of an economy where more education is better, but the kind of education matters too.

The second study being pre-

the kind of education matters too.

The second study, being presented Monday at the American
Sociological Association's annual
meeting in Denver, highlights the
particular burden of growing student debt on middle-class families, who may be too well off to qualify for financial aid like Pell Grants that target students from the poor-est families.

In the study, University of Wisconsin demographer Jason Houle finds students from middle-income families rack up more student loan debt on average than others: not only students from high-income families — no surrise — but also than those from low-income families.

About 40 percent of students left school with debt, and the average was about \$22,000. But students from families earning between \$40,000 and \$59,000 were saddled with \$6,000 more on average than peers from families earning less than \$40,000. Students from the

next tier — family income between \$60,000 and \$99,000 — had \$4,000 more in debt than their lowestincome peers.

income peers.

One reason is that federal grant aid targets the lowest-income students — roughly 90 percent who receive Pell Grants come from families earning under \$50,000. Lower-income students may be also be more debt-averse, causing those who go to college to choose the contract of the property of

those who go to college to choose cheaper schools.

But the figures reinforce the struggles of families just above the bottom level to afford even the average public 4-year college, with tuition plus room and board (before factoring in financial aid) now run-ning more than \$17,000 per year.

"These kids, even though they have pursued the American dream, they're starting their careers with hugely unequal amounts of stu-dent loan debt," Houle said. "That could be the difference of a kid who can take an unpaid internship that would put their career on an

upward trajectory."

The caveat with Houle's study is

that he looked only at people who attended some college.

As Houle acknowledges, while those from low-income families who go to college may get out of school with less debt, poorer students are still less likely to go in the first place. If the Georgetown survey shows anything, it's that graduating with a moderate amount of student debt is still much better than not graduating.

So the lesson isn't necessarily that the lowest-income students are better off overall: Just 8 percent of those from families in the bottom income quartile (under about \$36,000) have earned a bachelor's

\$36,000) have earned a bachetor's degree by age 24, compared to more than 82 percent from the top quartile (roughly \$108,000).

But Houle's study does illustrate the serious bind of families above the very bottom (earning between weekly \$26,000 and \$65,000). roughly \$36,000 and \$65,000). Just 17 percent of those students earn a degree by 24, and they're racking up more debt in the process.

Apple

don't want to be caught not involved in the stock on this

and Amazon tablets.

Analysts are speculating

to \$199 for the latest Google or days before a launch. Apple's stock surge has Set imply Microsoft's made it a major part of many capitalization record

Figures supplied by Fact-Set imply Microsoft's market

INTEREST RATES

	CORRENCT	
	U.S. dollar buys	Foreign
		buys
Australia	.9568	1.0452
Britain	.6366	1.5709
Canada	.9884	1.0118
China	6,3603	.1572
Denmark	6.0307	.1658
Euro	.8098	1.2348
Hong Kong	7.7573	.1289
India	55.745	.0179
Indonesia	9490.00	.000105
srael	4.0282	.2482
lapan	79.43	.012590
Malaysia	3.1315	.3193
Mexico	13.1139	.076255
New Zealand	1.2359	.8091
Norway	5.9195	.1689
Philippines	42.36	.0236
Russia	32.0595	.0312

COMM	שוווטע	.5
	Last	Previous
Unleaded gas (gal)	3.03	3.03
Crude oil (bbl)	95.97	96.01
Natural gas (mm btu)	2.78	2,72
Heating oil (gal)	3.09	3.09
Copper (lb)	3,37	3,42
Gold (oz)	1620.10	1616.30
Platinum (oz)	1498.20	1473.10
Silver (oz)	28.59	28.00
Cattle (lb)	1.21	1.21
Coffee (lb)	1.61	1.60
Orange juice (lb)	1.26	1.20
Corn (bu)	8.15	7.99
Cotton (lb)	.74	.73
Lumber (1,000 brd ft)	300.70	308.70
Ethanol (gal)	2.63	2.59
Soybeans (bu)	17.04	16.71
Wheat (bu)	8.80	8.74
I ticolin		

Name	Vol (00)	Last	Chg	Name '	(00) lov	Last	Chg	Name	Vol (00)	Last	Chg
Facebook i	1985201	20.01	+.96	WLibtyBcp	11468	3.82	+.97	Ceres n	1757	7.56	-1.45
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Intel	249702	26.23	10	SenecaB			+3.75			7.35	

Most Active (51 or more)	Gainers (\$2 or more)	Losers (\$2 or more)			
Name Vol (00) Last Chg	Name Vol (00) Last Chg	Name Vol (00) Last Chg			
Vringo 40002 3.43 +.08 CheniereEn 36915 14.09 29 NovaGid g 22892 4.59 12 Rentech 19343 2.35 +.07 NwGold g 17115 10.64 +.03	Vicon 6 3.00 +.16 TelinstEl 50 3.53 +.17 ChaseCorp 269 16.75 +.75 AlexoR g 4282 3.50 +.13 Sandst g rs 3546 10.30 +.39	Augusta g 3827 2.5741 ImpacMtg 1877 4.2564 Medgen wt 14 4.2545 SparkNet 232 6.5031 UnvSecInst 76 4.4821			

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American Funds A: N PerA p	GL	28,957	+6.4	+18.2	+12.1	5.75	250

FEI Co	FEIC	+36.6	26.61	56.48	.32	55.69	20
FLIR 5ys	FLIR	-17.8	17.99	28.34	.28	20.60	14
HrtgeFn	HFWA	+15.0	10.21	15.57	.32a	14.45	+.13
Idacorp	IDA	+.5	35,04	43,64	1.32	42.61	+.04
Intermec	IN	-10.9	4.97	8.84	***	6.11	+.01
Itron	ITRI	+25.5	26,90	50.35	***	44.88	10
KeyTech	KTEC	-23.5	7.51	15.70	***	9.98	+.08
KeyTrn	KTCC	+68.0	3.21	13.16		7.88	***
Lattice	LSCC	-33.3	3.17	7.18		3.96	14
LithiaMot	LAD	+33.5	13.57	30.00	.40	29.18	08
LaPac	LPX	+63.4	4.41	13.60		13.19	28
MentorGr	MENT	+17.9	8.75	16.00		15.99	
MicronT	MU	+3.2	3.97	9.16		6.49	08
Microsoft	M5FT	+18.4	23,79	32,95	.80	30.74	16
Micrvis rs	MVI5	-30.7	1.11	8.56		2.00	+.03
Nautilus	NLS	+47.4	1.35	3.64	***	2.58	03
NikeB	NKE	6	79.03	114.81	1.44	95.77	49
Nordstrm	JWN	+13.8	37,30	57.75	1.08	56.58	68
NwstNG	NWN	+3.9	41.41	49.84	1.78	49.80	+.06
NwstPipe	NWPX	+12.2	18.87	28.16		25.65	16
OfficeMax	OMX	+22.9	3.90	6.45	.08	5.58	06
Paccar	PCAR	+10.1	31.57	48.22	.80	41.24	64
Penford	PENX	+49.5	4.78	9.94		7.59	07
PlumCrk	PCL	+11.1	33.02	42.10	1.68	40.62	+.07
PopeRes	POPE	+25.2	38,00	60.39	1.80	53.81	49
PrecCastpt	PCP	***	139.87	179.47	.12	164.75	+.01
Radi5ys	R5Y5	-27.5	2.90	8.07	.12	3.67	+.03
RealNwk rs		+6.4	6.81	12.50		7.98	02
Rntrak	RENT	+27.0	11.23	23.27	***	18.13	05
5arepta rs	5RPT	+126.8	2.60	10.78	***	10.14	+.07
5eattGen	5GEN	+56.1	14.04	28.00		26.10	+.19
5tarbucks	5BUX	+4.4	34.75	62.00	.68	48.05	17
SteriF WA	5T5A	+24.1	11.61	21.94	.60	20.73	+.03
TTM Tch	TTMI	-10.2	8.55	13.75		9.84	+.09
TmbrindBc	T5BK	+44.3	3,25	5.65		5.70	+.05
TriOuint	TONT	+20.7	3.97	8.27		5.88	7.03
U5 Bancrp	U5B	+22.8	20.10	34.10	.78	33.23	+.12
VerizonCm	VZ	+8.9	34.65	46.41	2.00	43.70	36
WashBkg	WBCO	+13.9	9.03	15.03	.36m	13.57	03
WashFed	WAFD	+14.7	12.15	18.42	.32	16.04	08
Weverhsr	WY	+28.7	14.23	24.53	60	24.02	00

Degree

From Page A4

now about as many jobs in them as before the recession overall. But there are 15 percent fewer jobs for those with only high school in manufacturing, and 25 percent

fewer in construction.

Overall, the number of jobs for people with at least some college is growing at a healthy 4 percent annually. But the growth rate for high school-only jobs is zero and those jobs remain 10 percent below their pre-recession levels.

Still, there is another variable needed to answer the question, "Is college worth it?" That's the cost of college, and that has been rising

On average, the answer is pretty clear: A degree is worth it, to the tune of \$1.3 million in additional lifetime earnings, a very good return on even an expensive

But, as Georgetown's Anthony Carnevale acknowledges, there's no such thing as a generic bachelor's These kids, even though they have pursued the American dream, they're starting their careers with hugely unequal amounts of student loan debt.

> Jason Houle, University of Wisconsin demographer

degree. Where you study, and what

you study, matter a lot,
"What people shouldn't take away from this is you can get any old BA or AA," Carnevale said. "They need to get past that. They need to think about which degree and what it will it do for them."

As many as one in five under-graduate degrees — for instance in counseling, at least for those who don't go on to get a master's — produce average earnings no greater than those of a high school graduate. Many types of AA degrees produce better average earnings than some bachelors. The research paints a powerful portrait of an economy where more education is better, but the kind of education matters too.

The second study, being pre-sented Monday at the American Sociological Association's annual meeting in Denver, highlights the particular burden of growing stu-dent debt on middle-class families, who may be too well off to qualify for financial aid like Pell Grants that target students from the poorest families.

In the study, University of Wis-consin demographer Jason Houle finds students from middle-income families rack up more student loan debt on average than others: not only students from high-income families — no sur-prise — but also than those from low-income families.

About 40 percent of students left school with debt, and the average was about \$22,000. But students families earning between

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\$40,000 and \$59,000 were saddled with \$6,000 more on average than peers from families earning less than \$40,000. Students from the next tier — family income between \$60,000 and \$99,000 — had \$4,000 more in debt than their lowestincome peers. One reason is that federal grant aid targets the lowest-income stu-

dents — roughly 90 percent who receive Pell Grants come from families earning under \$50,000. Lower-income students may be also be more debt-averse, causing those who go to college to choose cheaper schools.

But the figures reinforce the

struggles of families just above the bottom level to afford even the average public 4-year college, with tuition plus room and board (before factoring in financial aid) now run-

ning more than \$17,000 per year.

"These kids, even though they have pursued the American dream, they're starting their careers with hugely unequal amounts of stu-dent loan debt," Houle said. "That

could be the difference of a kid who can take an unpaid internship that would put their career on an

34.52

upward trajectory."

The caveat with Houle's study is that he looked only at people who attended some college.

As Houle acknowledges, while

those from low-income families who go to college may get out of school with less debt, poorer students are still less likely to go in the first place. If the George town survey shows anything, it's that graduating with a moder-ate amount of student debt is still much better than not graduating.

So the lesson isn't necessarily that the lowest-income students are better off overall: Just 8 percent of those from families in the bottom income quartile (under about \$36,000) have earned a bachelor's sos,000) have earned a bachelor's degree by age 24, compared to more than 82 percent from the top quartile (roughly \$108,000). But Houle's study does illustrate the serious bind of families above the very bottom (earning between roughly \$36,000 and \$65,000) facel.

roughly \$36,000 and \$65,000). Just percent of those students earn a degree by 24, and they're racking up more debt in the process.

Apple

From Page A4

jump in the stock price. "This time around, inves-tors are a little bit smarter across the board ... they don't want to be caught not involved in the stock on this next iPhone launch," Sutherland said.

Analysts also speculate nat a "mini iPad," could could expand the number of peo ple who can afford one of Apple's tablets. The cheapest iPad cost \$399, compared

to \$199 for the latest Google and Amazon tablets.

Analysts are speculating
—based on rumors— that
Apple plans to make a TV set
to complete its suite of consumer electronics products Apple usually doesn doesn't comment on its future prod-uct plans until a few weeks

or days before a launch.

Apple's stock surge has made it a major part of many investment portfolios, often without the investors realiz-ing it. The company makes up 4.7 percent of the value of the S&P 500 index, which is used as the basis for many mutual funds.

Figures supplied by Fact-Set imply Microsoft's market capitalization record was of outstanding shares the firms ascribe to Microsoft at the time.

\$619.25 billion, somewhat lower than the \$620.58 billion calculated by S&P. The difference lies in the number

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Gas

From Page A4

Higher gas prices aren't what the sluggish economy needs, since any extra money that goes to fill gas tanks doesn't get spent at movie

theaters or restaurants. Retail gasoline prices have risen nearly 12 percent since July 1 because of higher oil prices and problems with refineries and pipelines that created temporary supply shortages in some regions. An increase in the price of etha-nol, which is blended into

gasoline, was also a factor.

The pace of the increases has slowed considerably, however. Gas rose 19 cents in the two weeks ended Wednesday. It's up just 1 penny in the five days since. Gas costs about 26 cents more than a month ago and 14 cents more than a year ago, according to AAA, OPIS

ago, according to AAA, OPIS and Wright Express. Across the U.S., prices range from a low of \$3.43 per gallon in South Carolina to \$4.32 in Hawaii. Arizona, Mississippi and New Mexico also have average prices below \$3.50 per gallon, while California and Illinois are up above the \$4 mark.

ing a break. Kloza said gas prices are lower than this date in 2011 in four states Montana, Wyoming, Utah and Idaho. And drivers who recently purchased a new car can stretch a gallon a bit further. The average fuel economy of new light vehicles in the U.S. in July was 23.6 mpg, up from 20.5 mpg at the end of 2008.

A few drivers are catch-

at the end of 2008.

The price at the pump in the U.S. fell more than 60 cents per gallon during the spring as the global economy slowed and turmoil in the Middle East seemed to contected.

But crude oil has risen to

\$96 a barrel from a low of \$78 in late June. Investors have worried about disruption to oil supplies in the Middle East and North Sea. In the U.S. there were problems with refineries and pipelines in the West Coast and Midwest, including a fire in California. Seasonal factors are also at play: Summer blends of gas cost more and demand goes

up as families go on vacation. Gas hit an all-time high of \$4.11 per gallon in July 2008. But a plunge in oil prices knocked it down to \$3.69 by the end of August. Though the national average jumped back to \$3.85 in mid-September when Hurricane Ike hit the Gulf Coast, it plummeted to \$1.62 per gallon by year-end as the global reces-sion took hold.

On Monday, oil fell slightly New York trading after four days of gains on more concerns about Europe's economy. European lead-ers are beginning a series of discussions that could deter-mine Greece's future and the stability of the 17 countries that use the euro.

Benchmark oil dropped 4 cents to \$95.97 per barrel in New York. Brent crude, which is used to price international varieties of oil, slipped a penny to \$113.70 per barrel in London.

The USS Nimitz returned to Everett on Monday after a 70 day deployment.

Nimitz: Crew back home after 70 days

From Page A1

reliance on fossil fuels and increase the use of alternative energy, Navy officials said

A stop in Pearl Harbor, Hawaii, meant that the Nimitz crew played host to more than 500 visitors as part of a public awaren ness campaign. The ship also hosted the Pacific Rim exercise closing reception, with nearly 2,000 people in attendance in the ship's

hangar bays.
Additionally, the Nimitz

hosted its first "Lt. Cmdr. Regina Pearl Mills Leadership Award" presentation ceremony by her husband, Lt. Cmdr. Jeff Mills. The award went to Aviation Boatswain's Mate 2nd Class Saleema N. Massey while in port at Naval Air Station North Island on Aug. 9. Mills served aboard the Nimitz as the Navys first female aircraft handler prior to being struck and killed by a vehicle when she stopped to assist others in a traffic collision Jan. 23 near Rememento.













SPEND LESS





Class

From Page A1

mid-2014. That same law requires WSU to offer mechanical engineering program now and, in December, to provide legislators a road map for the center's future operations.

"I think it's a huge step

"I think it's a huge step for higher education in our state," WSU president Elson Floyd said. "It's been two decades in which we've been talking about the need for access to higher education in Everett and Sonhomish County, Now it's becoming a results."

County, Now its Decoming a reality."

While lawmakers provided funding for the students, they didn't provide a site for a branch campus, money to construct buildings or dollars to install a flagpole to fly the estiment and grave.

That's not curtailing the optimism of those involved in cementing WSU's pres-

in cementing WSU's presence in the community.

"It's a start. It's extremely gratifying," said state Rep. Mike Sells, D-Everett, a member of the House Higher Education Committee where the 2011 law underwent many, revisions before emerging. "It'd like to predict it moves us forward to a fuller delivery of four-year degrees,"

Snohomish County Executive Aaron Reardon, who's pushed for an independent polytechnic university, didn't think too highly of the law. He viewed it as the smallest possible step toward getting a four-year university.

confidence Floyd will move swiftly to enlarge WSU's

"What I get from them is a real sense of commitment. They have a larger vision of WSU up here," he said. "They are not just planting the flag, This is not just symbolism."

With the transition far

With the transition far from complete, WSU intentionally kept a low profile Monday. No pennants, no flags, no Cougar colors at all in or around the classrooms

in Gray Wolf Hall where the University Center partners

hold classes. "We did not want to engage in any fanfare. I don't want people to believe we are overstepping our bounds legislatively," Floyd said. EvCC President David Beyer said the transfer of

EvCC President David Beyer said the transfer of power is "going very positively and productively. Things are moving forward." And he credited WSU's

And he credited WSU's arrival with inciting a spike in enrollment in pre-engineering classes. The community college hired an instructor to deal with the increase and for the first time is offering courses at night

for the first time is offering courses at night. Meanwhile, the eventual transfer of power is not scaring away University Center partners, as some worried, though St. Martin's University did drop its engineering classes this uper

classes this year.
WSUS arrival is not the reason, a St. Martin's spokes-woman said. Rather, the private college is refocusing attention to its Lacy campus where a new engineering building is under construction.

Officially, the Washington State University era at EVCC began 20 minutes later than planned. WSU intended its 11:10 a.m. materials science course in Everett to be televised to students in Pullman as well but a glitch in connecting the two sites caused the delay.

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Twenty-five students, all juniors, are in the program.

About half are transfers from Everett Community College with the rest coming from around the Puget Sound region.

Nathan Oppie, 31, of Everett, completed his preengineering courses at Edmonds Community College. While blazing a trail is nice, earning his degree near home rather than at a university in Seattle is even better.

"I heard about it last year. I didn't think it would happen," he said. "I'm glad it did."

Jerry Cornfield: 360-352-8623; jcornfield@heraldnet. com.

Jensen

From Page A1

donated to the Cascade High School's annual food drive in his memory to help hardpressed families celebrate the holidays. Behind the scenes, nearly

Behind the scenes, nearly two dozen volunteers give Don and Jan Jensen the resolve to organize a largescale event each year to raise more money to help their community.

"We could never find the strength to do this without them," Don Jensen said.

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Jan Jensen was a teacher at
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Jensen, a counselor at Cascade for 18. Their daughter,
Megan, a year younger than
her brother, is now a doctorate student in California.
They made a lot of friends

along the way.

And those friends are willing to go to great lengths to

help.
Consider one donation that was supposed to be part of this year's silent auction but will be marketed elsewhere to fetch the highest

price for scholarships.

The Jensens are in posse

On the web

To learn more about the Brett Jensen Memorial Fun Run and Walk on Saturday morning, go to brettjensen.wordpress.

a Los Angeles Clipper star who was part of the U.S. team until he got injured. Griffin got his teammates to sign the ball during training camp in Salt Lake City. "It was so nice of them to think of us." Jan Iensen said. The ball has signatures from some of the National Basketball Association's marquee players. including

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Some of his former classmates at Cascade High still help his parents and their friends stage the walk and

Don Jensen said the event has four purposes: to remember their son, to pro-

MICHAEL O'LEARY / THE HERALD

Nimitz: Crew back home after 70 days

From Page A1

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EXPLORE







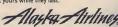




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Connecting our children to their community.



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ing to go to great lengths to help.

Consider one donation that was supposed to be part of this year's silent auction but will be marketed elsewhere to fetch the highest price for scholarships.

The Jensens are in posses-sion of an encased basketball that was signed by the U.S. men's basketball team that won the gold medal at this summer's Olympic Games.

How it got to them is a lengthy and convoluted story of determined people pulling in favors.

The short version is Don Jensen has a friend whose daughter dates a boy who through mutual friends knows a young woman who works with Blake Griffin.

On the web

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Don Jensen said the event has four purposes: to remember their son, to pro-mote health and fitness, to raise scholarship money and to have fun.

He's just glad others continue to support them and

remember Brett.

"It wouldn't happen without them," he said. "It's a lot of work and sometimes we wonder about it, but then we do it and get rejuvenated. We're just so grateful."

Fric Stevick: 425-339-3446. stevick@heraldnet.com.

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Letters to the editor

Herald readers share their views on the economy, the election and reasons to wear a helmet. Opinion, B5

SECTION B | HERALD | WWW.HERALDNET.COM/LOCAL | TUESDAY, 08.21.12

27 months for teen's drug death

Darren Pevny was sentenced to the maximum term for providing oxymorphone to a 17-year-old girl who overdosed.

EVERETT — A Marysville man was sentenced to more than two years in prison Monday for his role in the 2011 overdose death of a Marysville Getchell High School

Darren Pevny, 23, was sentenced in Snohomish County Superior Court to 27 months behind bars

state sentencing laws. He'd pleaded guilty in July to second-degree

manslaughter.
Prosecutors said Pevny provided
a 17-year-old girl with oxymorphone, a highly addictive narcotic prescribed to treat moderate to

The girl overdosed June 18, 2011,

cocaine, alcohol and a doctor-pre-scribed anti-depressant, according

Prosecutors didn't name the girl in court papers, instead referring to her by her initials.

The Herald hasn't named the girl because of her age and the circumstances of her death.

Judge Anita Farris to sentence Pevny to the maximum allowed by

law.
"My family has been through hell," her brother said.
The girl died at the Marysville home Pevny shared with his

See SENTENCE, Page B4

COMMUNITY EXTRA

GET INVOLVED, B2 • APPLAUSE, B3 • OPPORTUNITIES, B3



Belinda Gloyd (left) of Marysville and Barb Skudlarick of Bellingham deal with some of life's most difficult situations as volunteers with Families ar

Victims' advocates ready to listen

Volunteers help people understand their rights and connect with support groups

> By Diana Hefley Herald Writer

EVERETT - Grief can work Sometimes the memories, tears and nagging questions creep in when everyone else has gone home

In Snohomish County, there is someone ready to listen, whatever the time.

The Everett-based Families and Friends of Violent Crime Victims runs a 24-hour crisis line. The agency relies on trained volunteers to answer calls once the office is closed for the day, giving victims and their families around-theclock support.

"We get some people who call about having lost a family

See VOLUNTEERS, Page B3

How to volunteer

A training session begins Sept 8 to volunteer with Families and Friends of Violent Crime Victims. To register, call 425-252-6081 by

For more information about the agency, go to www.fnfvcv.org.

Arrest in reported parrot killing

By RIKKI KING

EVERETT — An Everett man was arrested Sunday night for allegedly stabbing his girlfriend's parrot to death with a serving fork.

Everett police found the par-rot's body and the fork at the couple's home after the girlfriend called 911, court papers show.

The woman reportedly told police that the man, 63, had been upset with her about a plan for them to have dinner with friends.

She said she went to the store. and returned to find the house trashed and the parrot dead on the floor.

the floor.

When police arrived they found the parrot and a large pool of blood on the floor.

"Upon inspection of the parrot, it appeared to have been stabbed," officers wrote in their report. "A serving fork with apparent blood stains was discovered on the living room floor. It appeared that the serving fork was used to stab the parrot to death."

Officers reportedly found bloody footprints leading into the bathroom, where evidence indicated that someone apparently ,had cleaned and bandaged wounds.

They found the man asleep in a downstairs bedroom, police said. He had small cuts to his hands and arms. One of his socks also was bloody. He was treated at the scene for minor injuries

On Monday he was being held at Snohomish County Jail for investigation of first-degree animal cruelty and second-degree malicious mischief.

He was scheduled for a bail hearing in Everett District Court but refused to leave his cell.

Alleged series of crimes leads to arrest

By RIKKI KING

Investigators allege that James E. Kirk, 50, terrorized a woman after breaking into her house

people's shoes," according to court papers. As officers neared the gym

County to buy property as part of long-term trash plan

COMMUNITY EXTRA

GET INVOLVED, B2 • APPLAUSE, B3 • OPPORTUNITIES, B3



DAN BALES THE:

Belinda Gloyd (left) of Marysville and Barb Skudlarick of Bellingham deal with some of life's most difficult situations as volunteers with Families and Friends of Violent Crime Victims.

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Alleged series of crimes leads to arrest

Herald Writer

EDMONDS — A Lynnwood man is accused of robbery, burglary, kidnapping, driving a stolen car and attempting to steal another car.

There was a naked bicycle ride,

It all happened in about 90 minutes Saturday morning in

Investigators allege that James E. Kirk, 50, terrorized a woman after breaking into her house

while on the run from the law. Police were after him in connection with a string of thefts at an Edmonds athletic club.

"He was willing to do just about anything to get away," Sgt. Mike Blackburn said Monday. About 7:30 a.m. Saturday, an employee at the gym called 911 to report "someone was stealing

people's shoes," according to

court papers.
As officers neared the gym along W. Dayton Street, one them saw a green Ford Mustang blow a red light and speed away. The car matched the descrip-

tion of a vehicle reported stolen last week by Kirk's ex-wife, court papers say.

The officer turned on his lights

See ARREST, Page B4

County to buy property as part of long-term trash plan

By NOAH HAGLUND Herald Writer

How to volunteer

A training session begins Sept.

8 to volunteer with Families and Friends of Violent Crime Victims.

To register, call 425-252-6081 by Sept. 3.

For more information about the agency, go to www.fnfvcv.org.

The Snohomish County Council on Monday greenlighted the purchase of a north Everett rail yard that forms a linchpin of regional trash operations.

The nearly 16-acre rail yard is

where garbage trucks take solid

waste so it can be loaded onto trains. From there, the trash is sent

to a Klickitat County landfill. Council members voted 4-0 to authorize the county executive's office to complete the purchase of the yard for \$7.8 million and to pay for it with proceeds from

See TRASH, Page B3

Mill demolition begins

A months-long demolition of the Kimberly-Clark pulp and paper mill has started.

The work wasn't visible Monday. Some workers were on top of one roof, and big booming sounds could be heard on the Port Gardner side

Kimberly-Clark spokesman Bob Brand said: "I'm told that most of the current activity wouldn't be visible from the street side of the mill but that work is underway. Still targeting to have the demo work completed by the end of the first quarter of next

Darrington book talk: Pilot, photographer and author

John Scurlock plans to discuss his latest book, "Snow and Spire: Flights to Winter in the North Cascade Range," at 6:30 p.m. Wednesday at Mountain Loop Books and Coffee,



1085 Darrington St., as the Darrington Library continues its Summer of Authors series.

Boys & Girls club open house: The

Everett Boys & Girls Club plans to hold an open house from noon to 4 p.m. Sunday at the center, 2316 12th

People are invited to meet the

new faces at the club. Hot dogs, as well as refreshments will be available. The club will offer information about programs and sports offered

The fall sports are: NFL flag football for ages 5-12, cost \$100; socces for ages 3-5, cost \$70; volleyball for children in grades third through eighth grade, \$100; lacrosse for children in third through sixth grade, \$100. Scholarships are available for those who qualify.

For information, call the club at

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HERALD | WWW.HERALDNET.COM/COMMUNITYEXTRA | TUESDAY 08.21.12

EVENTS

Free vision screening: 10 a.m. to noon Sept. 19 Camano Center, 606 Arrowhead Road. People can have their vision checked, eyeglasses adjusted for free Also, minor repairs will be offered. No registration is required. Call 360-387-0222 for more information.

Swift Night Out: 5 pm. to dusk, Sept. 15, Frank Wagner Elementary School at 115 Dickinson Road in Monroe. Come and see the migrating Vaux's Swifts enter the school's chimney. The community event features information booths about the birds and other nature-related items. Refreshments will be available for sale. For more information, go to thtp://monroeswifts.org.

Western Washington University Extended Education: Learn more about the school's weekend MBA at Everett program at 6 p.m. Sept. 19 at the Gray Wolf Hall, Room 160 of the University Center of North Puget Sound, 2000 Tower St. For more information call 360-650-3717 or send an email to weekendmba's Wown, edi.

Movies at the library: The Mukilteo Library is hosting a free movie and popcom at 2 p.m. today, 4675 Harbour Pointe Blvd. The movie is "Hugo." For more information, call 425-493-8702

Register for volleyball and flag football teams: The Muslites Boys & Gird Club is holding registrations now until Sept. 14 for cord volleyball and NFL flag football. Children between gade 3 and 12 can egister for volleyball. Or the second of the second program of the control of the second program of the program is \$115 and scholarships are available. For questions or registration, contact the Muslites Boys & Girls Club at 425-352-773 or e-mail reannon@bgs.corg. For more information, go to www.bgs.corg.

Square dance: Starting at 7:30 p.m. Saturday at the Camano Center, 606 Arowhead Road. Admission is 57 and Includes a finger-flood polluck, door prizes and a ticket for the pot drawing. Proceeds go to benefit the Camano Senior Services Association. For more information, contact Risk. Bernley at 360-387-591, Dennis Peterson at 360-387-0165, or the Center at 360-387-0122.

Women's Safety in Home and Travel: Informative session by the Island County Sheriff's Office at 10 a.m. Aug. 29 at the Camano Center, 606 Arrowhead Road, Camano Island. Call Ginry of Senior Services of Island County at 360-387-6201 for more information.

"Naturescaping" for Wildlife: Free class for homeowners who want more birds, butterflies and bees visiting their yards. The event is scheduled from 9 a.m. to noon, Sept. 8 at the Brier City Hall, 2901 228th St. SW. Register at http:// naturescapinginbrier.eventbrite. com. For questions, call Ryan Williams at 425-335-534, ext. 116.

Moonlight Beach Adventure: 7:30 to 9:30 p.m. Saturday at Marina Reach, 470 Admiral Way S. in Edmonds. Scuba divers are to show sea creatures by video and bring them to shore. For more information, call Edmonds Parks & Regreatina at 245-771-105.

Stanwood Car Show: 8 to 2 p.m., Sept. 15 at the Stanwood Community and Senior Center, 7430 276th St. NW, Stanwood. To register, go to www.stanwoods story. Grand St. Communication, call 360-629-7403

Fall Craft Fair: Catholic Daughters of the Americas St. Rita Court 957 is hosting the fair, from 9 a.m. to 3 p.m. sept. 29 and 30 at St. Mary Magdalen's Parish Hall 8615 Seventh Ave. 5E, Everett. For more information call Charlene Osborn at 360-668-2545 or email

Fruit sale: The Oak Harbor Lions Club is selling freestone peaches, nectarines, beefsteak tomatoes and more starting Aug. 28 at the parking lot of Rite Aid Pharmacy, plies to children who register at www.vrcc.tv or call 425-252-218B.

Bingo: From 12:30 p.m. to 3 p.m., Mondays, Wednesdays and Fridays at the Carl Gibson Senior Center of Everett, 3025 Lombard Ave. Cost is \$2 for three-on. Everybody older than 50 can

older than 50 can participate. For more information, call 425-257-8780 or go to www.ci.everett.wa.us/seniors.

Summer reading in Arlington: Arlington Library is hosting a summer reading program for families, running through Aug. 23. The free program includes book reading, mask making, pizza party and numerology. Readers are eligible for prizes. For more information, call the Arlington Library at 360-435-3033.

Double-deck pinochle group: Meets at 10:30 a.m. Tuesdays and 4:30 p.m. Thursdays at Scriber Gardays GenCare, 6024 200 st. SW, Lynnwood. For more information, call Carla at 425-771-5471.

ESL Talk Time: Adults seeking to improve their English-speaking skills are invited to attend Monroe Library's ESL Talk Time on Tuesdays. The free one-hour talks are scheduled for J. p.m. at the Monroe Library meeting room, 1070 Village Way, For more information, call 36c/34-7851.

International Dinner Out: 6
p.m. every fourth Wednesday of the
month at the East County Senior
Centre, 276 Sky River Parkway, Monroe. The cost is \$5 for adults and \$2
for children younger than 12. Call
360-794-6359 for reservations.

Norwegian pancake breakfast: 7:30 to 10:30 a.m. the third Saturday of every month at the Ebenezer Lutheran Church, 2111 117th Ave. NE, Lake Stevens. The cost is \$5 per person; children younger than 4 eat free.

Pancake breakfast: 8 to 10:30 a.m. third Saturday of the month, East County Senior Centre, 276 Sky River Parkway, Monroe Enjoy pancakes, eggs, ham, sausage, coffee, milk and juice prepared and served by volunteers. The cost is \$5 for adults and \$5 for children younger than 12. Proceeds benefit the center. 360-794-6359

Reading with Rover: Children are welcome to read to therapy dogs and receive bookmarks, paw stamps and more at various Sno-slei Libraries and bookstores on most Saturdays between 11 a.m. to noon. Mukilieo Library has "Read with Carmen and Risa" on Sundays. Events and locations can be found at www.readingwithrover.org. or contact your local Sno-slei Birary.

Table tennis at the Everett senior center: 9 a.m. to 4 p.m. Mondays, 12:30 to 7:30 p.m. Wednesdays, 8:30 a.m. to 3:30 p.m. Saturdays at 3025 Lombard Ave, Everett Cost is \$1 per session. 425-257-8780.

Village Community Services: Friday music jam sessions, 1 to 3 p.m. at 338 N. MacLeod Ave, Arlington. Kids and adults are invited. Children younger than 16 must be accompanied by a parent or caregiver. 360-653-7752, ext. 14.

Willow Place: Three-hour activity sessions for older teens and adults with developmental disabilities. Exercise, crafts, games, music, The sessions are 9 a.m. to noon and 1 to 4 pm. Monday through Thursday at 9610 48th Drive NE, Manysville, 510 for those with caregivers, \$15 for those who come by themselves.

GROUPS

Everett amputee support group: 7 p.m. every fourth Thursday, New Life Church, 6830 Highland Drive. This group provides support and information to people who have experienced or are facing amputation. Families and friends are invited. For more information, call Maurine at 425-388-1395 or email at maurinemoyer@aol.com, or Betsy at 206-321-3991.

GOT AN EVENT OR VOLUNTEER OPPORTUNITY TO SHARE?

Email us at newstips@heraldnet.com or call Alejandro Dominguez at 425-339-3422. Include a contact phone number.

MORE EVENTS ONLINE

For more calendar listings, go to www.heraldnet.com/events.

Wendy, 206-790-0162.

Lymphedema support group meeting: 6 to 8 p.m. third Thursday of the month, conference room 8, Providence Regional Medical Center, Pacific Campus, 916 Pacific Ave, Everett; email Kim@kimsfocus.net.

Lynnwood MS self-help group 1 to 2:30 p.m. third Fridays of each month in the group room at the YWCA Village, 19703 68th Ave. W., Lynnwood. Sharon Todd, 360-651-

Marysville MS self-help group: 10:30 to noon, second Saturday of each month, except July and August, at Cascade Christian Reformed Church, 13:908 51st Ave. NE, Marysville. Linda 425-238-0849.

viiie. Linda 425-238-0849.

Monroe running group:
9:30 a.m. Saturdays and 6 p.m.
Wednesdays at the YMCA, 14033
Fryelands Blvd., Monroe. Runners or all ages and skill levels can attend. YMCA membership is not required. 360-805-1879.

Mothers and More: 7:30 to 9 p.m. third Tuesday, Spotted Cow Cream and Bean in Mill Creek Town Center. Prospective members welcome. Email membership@snohomishmoms.org.

Mukitteo running club: 7:30 a.m. Saturdays, above the Harbour Pointe Middle School track. All ages and abilities welcome. The group runs four-mile loop at a conversational pace. For more information, email mukrundub@gmail.com.

Parkinson's disease support group: 2 to 4 p.m. fourth Saturday, Rainier Room, 1330 Rockefeller Ave Everett. 425-327-9401.

Puget Sound Camera Club: 7 p.m. every second, fourth and fifth Monday at Maplewood Presbyterian Church, 19523 84th Ave. W., Edmonds. 425-776-2442.

Puget Sound singles: A group for people older than 45. Fun, friends, family. Breakfasts on Saturdays. Judy, 425-931-1195.

Parents and Friends of Lesbians and Gays: The Everett chapter of the national support group meets at 7 p.m. third Monday at the Everett United Church of Christ, 2624 Rockefeller Ave. www.pflag.org.

Support group for parents of children with behavioral problems: 7 to 9:30 p.m. Thursdays at Zion Lutheran Church, 4634 Alger Ave., Everett The network offers peer-to-peer support for parents struggling with children exhibiting risky behaviors such as drug or alcohol use. Groups are confidential and free 888-468-2620 or www. cpsn.org.

Support group for special education parents in the Everett School District: 6:30 to B p.m. every third Wednesday except December at View Ridge Elementary School, 202 Alder St., Everett.

Take Off Pounds Sensibly club: Meetings every Wednesday morning at 8:30 a.m. at 5t. Phillips Episcopal Church, 4212 84th 5t. NE, Manysville, Visitors are welcome. Weigh-in is from 8:30 a.m. to 9 a.m., with meeting after that. For more information, call Marcia at 425-347-2149 or Ada at 425-923-6025.

Widow support groups: Widowed Information Consultation Services has ongoing support groups for widowed men and women in Everett, lynnwood and Montroe. For more information, call 425-252-7617.

WAYS TO HELP

Center needs drivers: The Mill Creek Senior Center is looking for people to help drive members for Courtmanch at 425-776-1811 in advance.

Benefit luau dinner: The Edwards Senior Center is hosting its annual luau dinner. The event is scheduled for 5 p.m. Thursday in 220 Railroad Ave, Edmonds. Cost is \$20 for non-members, \$15 for members, and \$10 for children. Tickets can be purchased at the center's administration office. Call 425-774-5552.

Poker fundraiser: The 2nd Annual John Sorensen Charity Texas Hold-em Tournaments to raise funds for Domestic Violence Services of Snohomish County. A tournament is Scheduled to start at 1:30 p.m., Sept. 9 at Lucky Dog Sports 8a; 2611 Colly Ave. in Everett. Registration begins at noon. Call 425:275-9863 for more information. Another tournament is set for 3 p.m. Sept. 1:3 at One-start County of the County o

Renefit for Costa Rican charity: The Northshore Christian Church is organizing a run-walk fundraiser to benefit the Children's Feeding Center in Costa Rica. People can either run or walk 3.3 miles starting at 8 a.m. Sept. 22 at the church, 5700 23 Drive W. in Everett. For more information, go to www.firstgiving.com/ loveatwork/northshore-race-4-more.

Volunteer with United Way/The United Way/The United Way of Sonmonis County is looking for volunteers projects and non part of the 19th annual Days of Caring. The event is scheduled for Sept. 21 and 22. The deadline to register projects is Aug. 31. Volunteers have unit Sept. 21 for more information, all 425-374-5549. For more information go to www. uwsccorpd/sportograing-php.

Valley General Hospital blood drive: from 9:30 to 11:30 a.m. and 12:30 to 3:30 p.m Monday. The mobile donation bus will be in the Valley General Hospital main parking lot, 14701 179th Ave. SE in Monroe. To register for any of these events, call Puget Sound Blood Center at 800-398-7888.

Big Brothers Big Sisters auction: The Big Brothers Big Sisters of Snohomish County is looking for sponsors and items to auction at its annual Dream Builders Auction on Sept. 29, Lynnwood Convention Center, 3711 196th St. SW. For more information, call 425-252-2227, email mjohnson@bbbs-snoco.gr. or go to http://auction.bbbs-snoco.org.

Assist cancer patients: The Cancer Resource Center at the Providence Regional Cancer Partnership is looking for volunteers to work weekly four-hour shifts meeting with cancer patients and caregivers to provide support. Diviers for the Road to Recovery program also are needed, and appointments. Volunteers use their own vehicles and opportunities to their treatments and appointments. Volunteers use their own vehicles and get mileage reimbursement. For more information, call 425-322-1114.

The Caring for Our Children
Foundation: The nonprofit in Everett is seeking volunteers to help
as an office assistant, grant writer
or as a phone fundraiser for about
20 hours a week. People ages 55
and older are encouraged to apply.
For more information, call Melody
Gibson at 425-374-2635 or go to

Volunteer with Kid's Kloset: Adlington Kids' Kloset is looking for volunteers to work weekly, three-hour shifts helping needy families shop for school clothing. Hours are 9 a.m. to noon and 4 to B a.m. Tuesdays, 9

5:30 to B p.m. Wednesdays, 9 a.m. to noon and 4 to B p.m. Thursdays. Donations of gently used clothing and books also are needed. For more information, call 360-435-4875.

Thé Hospice and Home Care of Snohomish County; non-profit is looking for volunteers to help in various ways, such as visiting patients, delivening supplies; working in the office and helping with events. Information sessions are held from 2 to 4 p.m. and from 6 to 8 p.m., the him! Wednesday of each month, at 2731 Wetmore Ave, Everett. For more information, got on 427-261-4815.

Knitting to Make a Difference: The group is accepting people from all skills levels to make blankets, hats and scarves for babies and homeless children. The group meets from 9:30 to 11 a.m. Mondays at the Lynnwood Senior Center, 1900 44th xev. W. Needles and yarn provided. The fee is 55. For more information, call 425-670-5050.

Volunteer to deliver meals: The Made to Wheels program of Island County Serior Services is in record of divers. The group delivers meals to home-bound senior services meals to home-bound senior on Camano Land. The program operates from Camano Candan Cland. The program operates from Camano Candan Olado. The mobility of the County of the

School supplies accepted at retrail stores: A national drive fit and supplies is set to benefit to see the benefit and supplies is set to benefit and supplies is set to benefit and supplies and supplies and supplies and supplies are local stuples stores. The stores are located at 4900 Evergreen Way S. Everett, 621 Highway 9 N. Suite 428, Labs Everent; 3011 1986h St. SW. Lymwood: 105 Mall Way, Marysille: [1622] Bothell-Everett Highway, Mill Creek; 1919 St. S. Monroe, For more information, go to www.sstplesforstudents.org.

Role models needed for at-risk youth: Volunteers of America Western Washington is looking for committed, dependable adults, 21 and older, for the Mentoring Children of Promise program. Contact mcp@voaww. org for more information.

Soup kitchen volunteers: The Salt for the Earth Soup Kitchen is in need of volunteers to help prepare, cook, serve and clean up starting at 10-30 a.m. Juesdays at the Westminster Presbyterlan Church, 2531 Hory Ave. Everet. Volunteers must be able to fit 25 pounds and go up and down stairs. The group also is looking for a box truck to pick up food for food banks in Snohomish County. Call Sandra at 42-535-1042.

Auction to benefit Center:
The Camano Center is organizing
an auction as a fundraiser starting
at 5 p.m. Sept. 8, 606 Arrowhead
Road. Tickets cost \$75 per person.
For more information on how to
help and about the auction, go to
www.camanocente.org. You can
also visit the center or call 360387-0222.

YWCA seeks donations: The YWCA of Snohmish County is looking for personal care products. Items can be dropped off at the YWCA of Seattle-King-Snohmish office, 3301 Broadway, For more information, contact Luanne Kunz at 425-258-2766, ext. 150

Service Classes: The Mill Creek Senior Center at 15720 Main St. No. go to www.snoco.org and search for "Lakes."

Food bank seeking hosts: Volunteers at the Arlington Community Food 8ank are looking for Arlington-area businesses and community groups interested in hosting a food drive. Call Dori at 360-435-1631.

Hands of Hope Food Bank: Help your neighbors in need by volunteering at the food bank or making a donation. To make a donation, send checks to 9506 Seventh Ave. SE, Everett, WA 98208, or bring in your food donation from 9 a.m. to 3 pm. Monday through Thursday. For more information, call 425-355-5985.

Humane Society: The organization is seeking volunteers to transport bags of cat litter and pet food from Arlington and Stanwood. It can be done by more than one person. Sometimes transport for animals is needed. Call 360-652-5844 or email hmnsoc@aol.com.

Kloz 4 Kidz: The free clothing center for kids in need in the Marysville area is seeking donations of clean, gently used clothing and cash donations. Call for an appointment or volunteer information. 360-659-8521.

Knitting to Make a Difference: From 9:30 a.m. to 11 a.m. to 11 a.m. Mondays at the Unnwood Senior Center, 19000 44th Ave. W. People of all skill levels come together to make blankets, hats and scarves for bables and homeless children. Needles and yarn provided. The fee is \$5. Call 425-670-5050.

Marysville Community Food Bank: Looking for volunteers to help with a variety of jobs including food sorters and drivers at 4150 B8th St. NF, Marysville. Call 360-658-1054 or go to www. marysvillecommunityfb.com.

Marysville community lunch: Volunteers are needed to help buy, prepare and serve food from 1 to 2 p.m. Mondays, Wednesdays and Fridays at the Evergreen Unitarian Universalist Fellowship, 1607 Fourth St., Marysville. Ten; 360-658-4472.

Mentoring Children of Promise: A community-based mentoring program for children with incarcerated parents is looking for committed, dependable adults, 21 and older, to have fun and be positive role models to at-risk children. Other volunteer opportunities also available. Wendi, 425-259-2973, ext. 2717 or mc

™ one November 1 of the Promise November 1 of the November 1 of the November 2 of the November 2

Partners in Palliative Care: Seeks volunteer listeners for its support program, 425-261-4769.

Road to Recovery: American Cancer Society program seeking volunteer drivers for cancer patients. For more information, call Jerri Wood at 425-322-1114 or email lerri.wood@cancer.org.

Seeking older people to help veterans: People are needed to help veteran find the services available to them online or over the phone. About 20 volunteers, working about an hour a week, are needed for the project. Special training for these volunteers is to be made available through Catholic Community Services SVP and the U.S. Department of Labor/Veterans Affais. For more information, call 425-374-6319.

Stanwood-Camano Community resource center: Volunteer opportunities for youth and adults, including working in the bookstore and doing grounds maintenance, 9520 271st St. NW, Stanwood, 360-629-5257.

Stillaguamish Senior Center: Needs volunteers for various positions, including sorting clothes, driving a bus and helping in the kitchen. DJ, 360-653-4551, ext. 228. The center is at 18308 Smokey Point Blvd., Arlington.

Volunteer at All Breed Equine Rez-Q: Non-profit horse rescue in Marysville needs volunteers. They are open from 10 a.m. to 5:30 p.m., seven days a week. All Breed Equine Rez-Q is located at 2415 116th St. NE in Marysville. Hall, Room 160 of the Unive Center of North Puget Sound, 2000 Tower St. For more information call 360-650-3717 or send an email to endmba@wwu.edu

Movies at the library: The Mukiteo Library is hosting a free movie and popcorn at 2 p.m. today, 4675 Harbour Pointe 8lvd. The movie is "Hugo." For more nation, call 425-493-8202

Register for volleyball and flag football teams: The Mukilys & Girls Club is holdin registrations now until Sept. 14 for coed volleyball and NFL flag football. Children between grade and 12 can register for volleyball. Children ages S through 14 can register for football. Practices start pt. 17. Cost of the program is \$115 and scholarships are available. For questions or registration contact the Mukilteo Boys & Girls Club at 425-355-2773 or e-mail rcannon@bgcsc.org. For more information, go to www.bgcsc.org.

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Club is selling freestone peaches, nectarines, beefsteak tomatoes and more starting Aug. 28 at the parking lot of Rite Aid Pharmacy, 31645 Highway 20. Members of the club are scheduled to sell the produce daily from 9 a.m. to 6 p.m., or until the fruit is sold out. All proceeds support community projects and services provided by the club. For more information, call 360-675-4391 Baby and me story time: 10

a.m. and 11 a.m. Tuesdays, Mukilted Library, 4675 Harbour Pointe 8lvd. Event aims to promote reading with songs, rhymes and activit For newborns through 18 months. Caregiver required. For more infor-mation, call 425-493-8202.

Rock the Block party: 11 a.m. to 2 p.m. Aug. 2S, View Ridge Com-munity Church, 4800 Dogwood Drive, Everett. People are invited for a free barbecue, kids' haircuts and mini spa treatments for the moms. Organizers also plan to give 300 backpacks with school sup-

Meets at 10:30 a.m. Tuesdays and 4:30 p.m. Thursdays at Scriber Gar-dens/GenCare, 6024 200 5t. 5W, Lynnwood For more information all Carla at 425-771-S471

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p.m., second Tuesday of every month at Port of Everett Conference Center, 404 14th 5t., Everett. The group supports the Coast Guard, teaches boating safety classes and conducts free vessel examinations. Contact ie Porterfield 425-629-3241 field64@gmail.com.

Employment Network: Free help with job search, resume writing a interviewing, 10 a.m. to noon Fridays at the North Creek Presbyterian Church, 621 164th St. 5E., Mill Creek Church, 621 16 425-743-2386.

Family support group: 7:30 to 9 p.m. second Monday of every month, Mountain View Presbyterian Church, S11S 100th 5t. NE, Marysville. A group for family members of adults living with mental illness to share ideas about coping and becoming better caregivers for their loved on

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Support group for parents of children with behaviora problems: 7 to 9:30 p.m. Thursdays at Zion Lutheran Church, 4634 Alger Ave., Everett. The network offers peer-to-peer support for parents struggling with children exhibiting risky behaviors such as all processing such as a processing such p behaviors such as drug or hol use. Groups are confidential and free, 888-468-2620 or www.

Support group for special education parents in the Everett School District: 6:30 to 8 p.m. every third Wednesday except December at View Ridge Elementary School, 202 Alder 5t., Everett.

Take Off Pounds Sensibly club: Meetings every Wedn day morning at 8:30 a.m. at 5t. Phillips Episcopal Church, 4212 84th 5t. NE, Marysville. Visitors are welcome. Weigh-in is from 8:30 a.m. to 9 a.m., with meeting after that. For more information, call Marcia at 425-347-9149 or Ada at

Widow support groups: Widowed Information Consulta-tion Services has ongoing support groups for widowed men and men in Everett, Lynnwood and nroe. For more information, call 425-252-7617.

WAYS TO HELP

Center needs drivers: The Mill Creek Senior Center is looking for people to help drive members for the center's weekly trips. Volun-teers choose what trips to help. Lunch is provided. **More info:** 425-948-7170 to set an interview Vet center needs help: Healing

Hearts In Hope Veteran Retreat Center is looking for volunteers to help by either serving at the council, cleaning trails and organizing fundraisers, among other things. The nonprofit helps veterans by providing a retreat. It is located at 28902 Mountain Least 28902 Mountain Loop Hwy, Gran-te Falls. Call Teresa at 360-691-6284 or email hhhvrcfounder@

Volunteer for Cleanup Day: People are invited to participate at the Volunteer Park Cleanup Day that starts at 9 a.m. Sept 15 at Terrace Ridge Park, 4600 242nd 5t. 5W, Mountlake Terrace. Groups should register with Parks and Facilities Superintendent Ken

Annual John Sorensen Charity Texas Hold-em Tournaments to raise funds for Domestic Violence Services of Snohomish County. A tournament is scheduled to start at 1:30 p.m., 5ept. 9 at Lucky Dog 5ports 8ar, 2611 Colby Ave. in Everett. Registration begins at noon. Call 42S-2S7-9863 for more information. Another tournament is set for 3 p.m. Sept. 15 at One Eyed Jack's Road House, 14019 Hwy 99, Lynnwood. Call 42S-743 5S70. Registration begins at 2 p.m. A third tournament is scheduled at 2 p.m. 5ept. 23, Flight's Pub, en Way, Everett. Call 425-347-6659.

Benefit for Costa Rican charity: The Northshore Christian Church is organizing a run-walk fundraiser to benefit the Children's Feeding Center in Costa Rica. People can either run or walk 3.3 miles starting at 8 a.m. 5ept. 22 at the church, \$700 23rd Drive W. in Everett. For more information, go to www.firstgiving.com/ loveatwork/northshore-race-4-m

Volunteer with United Way:The United Way of 5no-homish County is looking for volunteers, projects and non profits that wish to be part of the 19th annual Days of Caring. The event is scheduled for 5ept. 21 and 22. The deadline to register projects is Aug. 31. Volunteers have until Sept Aug. 31. Volunteers have until S 12 to sign up for projects. For m information, call 42S-374-S549. For more information, go to www uwsc.org/daysofcaring.php.

Valley General Hospital blood drive: from 9:30 to 11:30 a.m. and 12:30 to 3:30 p.m Monday. The mobile donation bus will be in he Valley General Hospital main parking lot, 14701 179th Ave. 5E in Monroe. To register for any of these events, call Puget 5ound Blood Center at 800-398-7888.

Big Brothers Big Sisters auc-tion: The 8ig 8rothers 8ig Sisters of Snohomish County is looking for sponsors and items to auction at its annual Dream Builders Auction on Sept. 29, Lynnwood Convention Center, 3711 196th 5t. 5W. For more information, call 425-252-2227, email mjohnson@ bbbs-snoco.org, or go to http://auction.bbbs-snoco.org.

Assist cancer patients: The Cancer Resource Center at the Providence Regional Cancer Part-nership is looking for volunteers to work weekly four-hour shifts meeting with cancer patients and caregivers to provide support Drivers for the Road to Recov program also are needed. The program provides rides for cancer patients to their treatments and appointments, Volunteers use their n vehicles and get mileag reimbursement. For more information, call 42S-322-1114.

The Caring for Our Children Foundation: The nonprofit in Ev-erett is seeking volunteers to help as an office assistant, grant writer or as a phone fundrais er for about 20 hours a week. People ages 5S and older are encouraged to apply For more information, call Melody Gibson at 425-374-2635 or go to www.caringforourchildren foundation.org.

The Volunteer Chore Services: The program of Catholic Com-munity Services, is actively seeking volunteers to assist with household chores and more. Volunteers may help the same person each week or be listed for on-call assistance depending on their schedules and interests. The assistance enables elders and adults with disabilities to remain independent in their own home. For more informati contact Cherisse Webb at 425-374

The Binky Patrol: a group of quilters, knitters and crocheters quilters, knitters and crocheters who make binkies for children i who make binkes or children in traumatic situations, is looking for volunteers and donations of fabric, yarn or thread. Meetings are on the first Sunday of each month in Marysville. For more information, call 360-659-7198. 6 to 8 p.m., the third Wednesday of each month, at 2731 Wetmo Ave., Everett. For more informa tion, go to 425-261-4815.

Knitting to Make a Difference: The group is accepting people from all skills levels to make blankets, hats and scan for babies and homeless child The group meets from 9:30 to 11 a.m. Mondays at the Lynnwood Senior Center, 19000 44th Ave. W. Needles and yarn provided. The fee is \$5. For more information, call 425-670-5050.

Volunteer to deliver meals: The Meals on Wheels program of Island County Senior Services is in need of drivers. The group delivers meals to home-bound seniors on Camano Island. The program operates from Camano Center. 606 Arrowhead Road, from about 10:30 a.m. to 1:30 p.m. Mondays, Wednesdays and Fridays. Drivers choose what days work best for them. For more information, call 360-387-0222, ask to speak with the folks in the kitchen

School supplies accepted at retail stores: A national drive for school supplies is set to benef 8oys & Girls Club of 5nohomish County. From July 1 to Sept. 15, people can donate school suppli at local Staples stores. The stores are located at 4920 Evergreen Way 5, Everett; 621 Highway 9 NE, 5uite 428, Lake 5tevens 3011 196th 5t. 5W, Lynnwood; 105 Mall Way, Marysville; 16232 8othell-Everett Highway, Mill Creek; 19139 U.S. 2, Monroe. For more information, go to www. staplesforstudents.org

Role models needed for at-risk youth: Volunteers of America Western Washington is looking for committed, depend-able adults, 21 and older, for the Mentoring Children of Promise program. Contact mcp@voaww. org for more information.

Soup kitchen volunteers: The Salt for the Earth Soup Kitchen is in need of volunteers to help prepare, cook, serve and clean up starting at 10:30 a.m. Tuesdays at the Westminster Presbyterian Church. 2531 Hoyt Ave. Everett. Volunteers must be able to lift 25 pounds and go up and down stairs. The group also is looking for a box truck to pick up food for food banks in Snohomish County. Call Sandra at 42S-35S-1042.

Auction to benefit Center: The Camano Center is organizing an auction as a fundraiser starting at S p.m. 5ept. 8, 606 Arrowhead Road. Tickets cost \$75 per person. For more information on how to help and about the auction, go to www.camanocenter.org. You can also visit the center or call 360-387-0222.

YWCA seeks donations: The YWCA of Snohomish County is looking for personal care produ Items can be dropped off at the YWCA of Seattle-King-Snohomish ay. For more office, 3301 Broadwa at 425-258-2766, ext. 150.

Service Classes: The Mill Creek Senior Center, at 15720 Main 5t. No. 210, is offering free classes in train-ing, resource referral and counseling for older adults in need of care and their families. To get started or for more information, col Gresko at 425 948-7183.

Arlington Food Bank: Looking for Arlington-area businesses and community groups interested in hosting a food drive. Dori, 360-435-1631. Volunteers also needed Collect water samples: The

5nohomish County Surface Water management is looking for volun-teers to collect water quality samnles in Lake Goodwin Lost Lake and Lake 5hoecraft. All training and equipment will be provided except for a boat. Volunteers need to commit to a few hours each month from May through October For more information, call Marisa 8urghdoff at 425-388-3464, or go to www.lakes.surfacewater.info, or S844 or email hmnsoc@aol.com

Kloz 4 Kidz: The free cloth ing center for kids in need in the Marysville area is seeking donations of clean, gently use clothing and cash donations. Call for an appointment or volunteer information. 360-659-8521.

Knitting to Make a Difference: From 9:30 a.m. to 11 a.m. Mondays at the Lynnwood 5enior Center, 19000 44th Ave. W. People of all skill levels come together to make blankets, hats and sca for bables and homeless chi Needles and yarn provided. The fee is \$5. Call 425-670-5050.

Marysville Community Food Bank: Looking for volunteers to help with a variety of jobs including food sorters and drive at 4150 88th St. NE, Marysville. Call 360-658-1054 or go to www. marysvillecommunityft

Marysville community lunch: Volunteers are needed to help bu prepare and serve food from 1 to 2 p.m. Mondays, Wednesdays and Fridays at the Evergreen Unitarian Universalist Fellowship, 1607 Four 5t, Marysville. Teri, 360-658-4472.

Mentoring Children of Promise: A community-base mentoring program for children with incarcerated parents is look-ing for committed, dependable adults, 21 and older, to have fun and be positive role models to at-risk children. Other voluntee opportunities also available. ndi, 425-259-2973, ext. 2717 or mcp@voavvv.org.

Partners in Palliative Care: Seeks volunteer listeners for its support program. 425-261-4769.

Road to Recovery: American Cancer Society program seeking volunteer drivers for cancer patients. For more information, call Jerri Wood at 42S-322-1114 or email jerri.wood@cancer.org.

Seeking older people to help veterans: People are needed to help veterans find the services available to them online or over phone. About 20 volunte working about an hour a week are needed for the project. Special training for these volunteers i to be made available through Catholic Community Services R5VP and the U.5. Department of Labor/Veterans Affairs. For more information, call 425-374-6374. . Stanwood-Camano Com

munity resource center: Volunteer opportunities for youth and adults, including working in the bookstore and doing grounds the bookstore and doing grounds maintenance, 9620 271st St. NW, 5tanwood, 360-629-5257

Stillaguamish Senior Center: Needs volunteers for various positions, including sorting clothes, driving a bus and hel in the kitchen. DJ, 360-653-4551, ext. 228. The center is at 18308 5mokey Point 8lvd., Arlington.

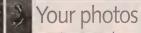
Volunteer at All Breed Equine Rez-Q: Non-profit horse rescue in Marysville needs volunteers. They are open from 10 a.m. to 5:30 p.m., seven days a week. All Breed Equine Rez-O is located at 2415 116th St. NE in Marysville. It needs help cleaning stalls and with other horse care needs. It doesn't matter if you can only commit one day per week, or for few hours. For more information, call Dale at 425-263-6390 or go to All Breed Equine Rez-Q's website at www.allbreedhorserezg.com.

VGAL: 5nohomish Count Volunteer Guardian ad Litem program needs Spanish-speaking inteers to advocate for abused and neglected children in the dependency court area. Contact the VGAL Program for a volunteer application at 425-388-7854.

Volunteer at the visitor center: The Marysville Tulalip Visitor Center is looking for volunteers to work at least once a week for up to four hours at a time, any day of the week. The center is open from 9 ys. Call 5ylvia a.m. to 5 p.m. weeks Johnston at 360-659-7700.







Everett Girl Scouts volunteer on D.C. trip

Girl Scout Troop 52148, a group of 14- to 16-year-old girls from Everett, began planning for an East Coast trip while working on their Bronze Award in 2008.

In 2009, the troop set goals for Girl Scout cookie sales and decided to sell crafts at various sales. This summer, they finally had enough

money to fly to the nation's capital for an eight-day visit. Elizabeth Ackerson, 16, Michelle Raines, 16, Dana Smith, 14, Emma Kate Ramsey, 14, Ann Barrett, 15, and Casady Joiner, 15, sold cookies

and castay joiner, 15, soil cookies and crafts to family, neighbors and friends to fund their trip. In Washington, D.C., the girls volunteered in the National Congressional Cemetery clearing out an overgrown portion of a garden facing the street.

They also made and distributed bags to homeless people. The bags contained instant noodle soup and oatmeal, coffee, tea, hot chocolate, granola bars and a pair of socks.

When not working, they visited the war memorials and presidential monuments and most of the Smithsonian museums, where they saw several displays in honor of the 100th anniversary of the Girl

The troop plans to create an informational slide show to encourage similar trips and projects by other Girl Scouts.

Purrfect Pals grant helps low-income cat owners

Purrfect Pals near Smokey Point has received a \$5,000 grant award from the Washington State Federa-tion of Animal Care and Control

The money should provide for more than 170 spay or neuter surgeries for cats belonging to low-income families in Snohomish County.

The funds for the grant were made possible by the sale of state "We Love Our Pets" vehicle license plates. Revenue from the sales of these license plates was earmarked through an agreement with the state for surgeries



Everett Girl Scout Troop 52148 made a trip to Washington, D.C., where they toured museums and did volunteer work.



A cat at Purrfect Pals near Smokey Point gets treatment. A grant helps low-income people get free care for ther pets.



Soroptimists dontate to group collecting medical supplies for people in need

Marysville Soroptimist members Donna Wright (left) and Louise Alexander-Way (right) present a \$1,000 check to Debi Foster, president of Rescue: Medical Supplies for People in Need.

Rescue, a nonprofit, is dedicated to recovering unused medical supplies and equipment for aid to people in remote regions of the world.

For more information, go to www.rescuemeds.org.

for dogs and cats. Since 2007, the federation has awarded \$279,000 in license plate grant funds to qualifying animal welfare organi-zations, enabling the completion of nearly 10,250 spay and neuter

Purrfect Pals, a non-profit, no-kill cat shelter and sanctuary, is located at 230 McRae Road. Free spay and neuter surgeries are available weekly.

Appointments can be made by calling the shelter, 360-652-9611 or emailing cats@purrfectpals.org.

More information is at www. purrfectpals.org.

TOPS group 1116 in Marysville has donated \$50 to Washington

TOPS donates to state

Special Olympics

Special Olympics.

The weight-loss support group meets at 10 a.m. Wednesdays at Marysville Free Methodist Church, Grove and 67th streets

To submit news for the Applause column, contact reporter Gale Fiege: 425-339-3427; gfiege@heraldnet.com.

OPPORTUNITIES

Help: Volunteer with Bird Fest in Edmonds

Organizers for Puget Sound Bird Fest in Edmonds are looking for people to help with registration, monitoring speakers and with children's activities from 9 a.m. to 5 p.m. Sept. 8 at the Frances Anderson Center, 700 Main St., Edmonds.

More info: Sally Lider at 425-771-0227 or sally.lider@edmondswa.

Volunteer: Domestic Violence Services

Domestic Violence of Snohomish County is looking for volunteers to help victims of domestic abuse.

Volunteers first need to take a volunteers first need to take a five-week training course scheduled from 5:30 to 8:30 p.m. Mondays, and 9 a.m. to 3 p.m. Saturdays starting Oct. 1, at 1310 Pacific Ave., Everett.

The classes are free for people who commit to 10 hours of service within a six-month period. Professionals looking for training can attend the course for a \$200 fee. Snacks will be provided.

More info: Sharon Lee at 425-259-2827, ext. 24, or sharon@ dvs-snoco.org.

Help: PAWS needs foster families for pets

Progressive Animal Welfare Society Companion Animal Shelter in Lynnwood is looking for people to provide a temporary home to about 100 kittens.

People interested in helping must attend a three-hour special training session. People should expect to take care of the animals up to six weeks. They only need to provide shelter and food. The non-

profit will provide veterinary care.

More info: To register, call PAWS Foster Care Program at 425-787-2500, ext. 822, or www.paws.org.

Donate: Food bank is collecting school supplies

Sky Valley Food Bank is starting its Supplies 4 Success program to get school supplies for children in need. The food bank is in need of

pens, paper, backpacks, crayons and colored pencils.

Donations can be dropped at the site from 8 a.m. to 11:30 a.m., Monday, Wednesday and Friday, and from 5:30 to 7 p.m. Mondays. The food bank is located at 233 Sky River Parkway, Monroe. School supplies are to be distributed dur-ing the last two weeks of August. ash donations are accepted.

More info: www.svfoodbank.org.

Help: Barbers and beauticians needed

Providence Hospice & Home Care of Snohomish County is look-ing for barbers or beauticians, who are licensed in the state, to volunteer by providing haircuts to hospice patients at their homes in Everett and south county

The frequency may be between two and six patients a month.

More info: Joanie Hemm, 425-261-4815 or Joan.Hemm@ Providence.org.

Help: Seniors needed to be volunteers

Retired and Senior Volunteer Program of Snohomish County is looking for people older than 55 to help in different volunteer projects through the county.

More info: John McAlpine 425-374-6374, 888-240-8572 or johnm@ccsww.org.

Tuskegee airman George Hickman dies in Seattle

By PHUONG LE Associated Press

SEATTLE — George Hickman, one of the original Tuskegee air-men and a longtime usher at University of Washington and Seattle Seahawks games, has died at age 88.

His wife, Doris, confirmed Monday that he died early Sun-

day morning in Seattle.

Hickman was one of the country's first black military pilots and ground crew members who fought in World War II.

In 2007, he and other Tuskegee airmen traveled to Washington, D.C., to receive the Congres-sional Gold Medal, the nation's highest civilian honor. In 2009, he attended President Barack Obama's inauguration as a spe-

Hickman was a fixture at Seattle

sporting events and greeted fans at Seahawks and Huskies games. Doris Hickman says her hus-band was "just a wonderful man."

Volunteers

From Page B1

member or a victim who needs help getting services. It might be the middle of the night and they just need help," volunteer Belinda

Gloyd, 49, is a teacher at Meadowdale Middle School in the Lynnwood area. She's been a vol-unteer for the victim advocacy group since 2005 after answering taking notes, for a family who lived out of state and couldn't be the courtroom everyday. She called the family every night, relaying what had happened during court. The Bellingham woman says she wants families to feel that there is someone in their corner, even during their darkest times.

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band was "just a wonderful

Gain emergency response training in Everett

HERALD STAFF

- The Everett Fire Department is offering a fall Community Emergency Response Team (CERT) class Thursdays from 6:30 to 9:30 p.m. Sept. 13 through Nov.

The eight-week course will teach

disaster planning, recovery and survival skills aimed at assisting the community in disaster response and recovery.

Everett residents and business

owners may participate or send employees to these free emergency preparedness classes.

More than 450 people have

participated in the Everett Fire

Department CERT Program.

Applications are available at the Everett Office of Emergency Management located at 2801 Oakes Ave. in downtown Everett. Class size is limited.

For more information, contact Mary Schoenfeldt at 425 257-7965.

Volunteers

member or a victim who needs help getting services. It might be the middle of the night and they just need help," volunteer Belinda

Gloyd, 49, is a teacher at Mead-owdale Middle School in the Lynnwood area. She's been a vol-unteer for the victim advocacy group since 2005 after answering an advertisement recruiting for unpaid helpers. With a master's degree in counseling, the Marys-ville mom thought she'd have the skills to assist victims and their families.

"It's important to me in know-ing that for a brief moment in someone's life I'm there in a positive way to stand beside them," Gloyd said.

Gloyd said.

The agency has advocates in Snohomish, Island, King, Whatcom and Skagit counties. They help people understand their rights as crime victims and connect them with services, such as

support groups.

Along with answering calls from clients, the non-profit also counts on volunteers to assist in

Barb Skudlarick, 70, a retired nurse, once sat through a trial,

taking notes, for a family who lived out of state and couldn't be the courtroom everyday. She called the family every night, relaying what had happened during court. The Bellingham woman says she wants families to feel that there is someone in their corner, even during their darkest times.

darkest times.

Some people find they aren't suited to work directly with crime victims and their families, executive director Marge Martin

said. Instead, they assist with orga-nizing remembrance events, writing grants or providing tech-nical support in the office. There are a number of ways to help us, "Martin said. The agency initially provides 40 hours of training over two weekends. Volunteers also are encouraged to attend yearly

encouraged to attend yearly training sessions to become better equipped to assist victims and their families.

Gloyd says the agency takes good care of its volunteers, offer-

ing them support, too. You're just not left alone," she

Diana Hefley: 425-339-3463; hefley@heraldnet.com.

Trash: County Council authorizes purchase

From Page B1

an upcoming bond sale. Coun-cil Chairman Brian Sullivan was

The Port of Everett earlier this summer authorized the sale to the

Trash company Allied Waste has a long-term lease to use the rail yard. The facility is central to the company's \$20-million-per-year

contract to dispose of Snohomish That contract is set to expire next

year. County leaders have offered Allied a four-year contract extension, with an optional extra year. A sticking point has been proposed language that would allow the county to end the contract without

The county plans to open the long-haul trash contract to other bidders within the next few years. Allied's major competitor, indus-try giant Waste Management, has wn intense interest in the longterm contract.

Both companies sent representatives to Monday's council

Noah Haglund: 425-339-3465: nhaglund@heraldnet.com.

Two plead guilty in pot dispensary raids

State and federal authorities raided

the Seattle Cannabis Cooperative, which they said was a front for illicit drug sales.

Associated Press

SEATTLE - Two people charged as part of the biggest crackdown on marijuana dispensaries in Washington state pleaded guilty to federal charges Monday, acknowledging their busi-ness was a front for an illicit drug distribution and money-laundering scheme.

Seattle residents Craig Dieffenbach and Jingjing Mo entered the pleas in U.S. District Court in Seattle. They face potential five-year mandatory mini-mum sentences but could receive significantly less time if they cooperate with

investigators.

The pair ran two dispensaries under the name Seattle Cannabis Coop-Seattle Cannabis cooperative, which were among about 20 dispensaries raided by state and federal authorities last November. Authorities said the shops purported to be serving medical marijuana patients but were fronts for illicit drug sales.

At one point, Mo, with Dieffenbach's knowledge, sold a pound of marijuana to a customer who turned out to be a DEA informant, they admitted in court. Mo also offered to sell 25 pounds for distribution in the Midwest — and suggested the informant buy lousy weed, under the theory that drug users there wouldn't know

Dieffenbach had previously run into legal trouble of a different sort. He filed for bankruptcy protection after being sued for market-ing vodka under the name of legendary guitarist Jimi Hendrix and agreeing to settle

the difference.

the case for \$3.2 million. He declined to comment after the hearing Monday but asked a reporter not to write astery about the plea agree-ments because, he said, he could lose his job working for a Realtor.

Prosecutors are seeking to have about \$25,000, a pistol and two rifles seized in the case forfeited to the federal

A defendant in another of the raids, Brionne Keith Corbray, pleaded guilty Monday afternoon to a count of conspiracy to distribute marijuana. Corbray, who ran a three-dispensary outfit called The GAME Collective, admitted selling marijuana for a profit.

"These cases are proof that the defendants had very little to do with helping sick people and a lot to do with helping themselves," U.S. Attorney Jenny Durkan said. "We're not going to pros-ecute sick people or their actual caregivers, but we're not going to let common drug dealers charade something they're not."

The raids came at a time

when several prominent residents of the state — including two former Seattle U.S. attorneys, John McKay and Kate Pflaumer, and the former head of the EDIA former head of the FBI's Seattle office, Charlie Man-digo—had endorsed a ballot measure that would allow adults 21 and over to buy marijuana for recreational use at state-sanctioned

Washington approved a medical mari-juana law in 1998, and dispensaries have prolif-erated across the state in recent years. Last year, Gov. Chris Gregoire vetoed legislation that would have created a state system for licensing medical marijuana dispensaries over concern that it would require state workers to violate the federal Controlled Substances Act by inspecting marijuana grow operations, among other things.

LOCAL BRIEFLY

Man injured after shooting himself

MONROE - A Monroe man, 21, was hospitalized Sunday after accidentally shooting himself in the

The shooting happened about 8 a.m. outside his home, according to Monroe police.

Investigators the man thought he had unloaded the handgun, removing its magazine, Monroe police spokeswoman Debbie Willis said. He was adjusting the gun in his waistband when it fired.

His brother drove him to the hospital.
Police have forwarded

the case to prosecutors for review. The man did not have a concealed pistol

Edmonds: Fire damages garage

An Edmonds-area family of four was displaced Sunday after a garage fire caused smoke damage to their home.

The fire started just

before 2 p.m. at a two-story house in the 15100 block of 62nd Ave. W, said Leslie Hynes, spokeswoman for Snohomish County Fire District 1.

A 12-year-old boy was home alone at the time.

Crews arrived to find flames inside the garage and heavy black smoke throughout the house. The fire was extinguished in about 15 minutes. No injuries were reported.

Damage was estimated at \$80,000, mostly from smoke.

"Investigators have been unable to determine an exact cause, but at this time they do not believe suspicious fire," Hynes said.

Crews also responded from Lynnwood.

Lake Goodwin: Stanwood woman struck by car

> A Stanwood woman was seriously injured Saturday

night after being struck by a car near Lake Goodwin.

The crash happened about 9:15 p.m. near the intersection of Fire Trail Road and 34th Ave NW.
The woman, 60, was

crossing the road in the dark without a crosswalk, Snohomish County sher-iff's spokeswoman Shari

Ireton said Monday. The driver stayed with the woman until emer-gency crews arrived.

"No charges are expected to be filed against the driver," Ireton said.

The woman was taken to Harborview Medical Cen-ter in Seattle.

Mountlake Terrace: ID on motorcyclist killed

A man who died Saturday in a motorcycle crash in Mountlake Terrace has been identified as Connor M. Ireland. The Snohomish County

Medical Examiner's Office said the Seattle man, 23, died from blunt force injuries in an early morning The mishap occurred

ound the 5900 block of 212th Street SW when he crashed into a rock wall around 1:20 a m. Saturday Mountlake Terrace Police Cmdr. Doug Hansen said. The Washington State

Patrol has been asked to help with the accident investigation, he said.

Lynnwood: Rollover crash victim named

A man killed in a rollover crash on I-5 near Lynn-wood last week has been identified as Randall W. Bates, 50, of Granite Falls.

The crash happened about 11:30 p.m. Wednesday in the southbound lanes of the highway, near 164th Street SE. Bates died from head

injuries, according to the Snohomish County Medical Examiner's Office. His death was ruled an accident.

No other vehicles were involved. The Washington State Patrol is Investigating

the crash

From Herald staff reports

Sentence From Page B1

parents. She was there after

attending a party with him and his girlfriend.

Pevny and his girlfriend,
19, reportedly told police that they were with the girl the night before she died. Pevny bought a bottle of tequila and shared it with the teens before they all left for a party, where there was beer and cocaine available, court papers said.

The older girl told detectives that the high school

junior may have used cocaine while at the party.
At his parents' home, Pevny crushed up one oxymorphone pill and part of another. The three each snorted a line. The girl quickly fell asleep, according to Pevny and his girlfriend. They moved her to the floor and they took the bed. They told detectives that they heard her snoring loudly during the early morning

Pevny woke up around 1 p.m. and noticed that something was wrong with the girl.

Iona Ann Davis

lona Ann Davis, born June 21, 1924 in Sanborn, MN, passed away on August 17, 2012 in Everett, WA.

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She is survived by her
son, Bill Malland of Kettle
Falls, WA; daughters, Wilma
Leishman (Dave) of Snohomish, WA and Roberta
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eight grandbildran, and nu

eight grandchildren, and nu-merous great-grandchildren. She was preceded in death by her husband, Murlin Davis. Iona will be deeply missed by all who

Per her request, no servi-ces will be held.

The family wishes to express their heartfelt thanks to the staff at Merrill Gar-

dens in Marysville for their

dens in Maryo.... excellent care, love, friendship to their mom. Please sign the Guest Boo Please sign the Guest Boo

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Sandra McGee

Sandra McGee of Mill Creek, WA. passed away on August 17, 2012.

A memorial service will be held Friday, August 24, 2012, 11a.m. at Schaefer-

Shipman Funeral Home, 804 State Ave. Marysville, WA. 98270.

SCHAEFER-SHIPMAN

Dignity (260) 659-3711 804 State Ave. Marysville www.schoefershipmanfuneral.com

knew her.

He said he tried to wake her but she didn't have a pulse. Pevny yelled for his parents. His father began life-saving efforts and Pevny called 911, court papers said.
Paramedics were unable

to revive the girl.

Marysville police inter-ewed Pevny, who admitted that he provided the teen with Opana, a brand name for oxymorphone. He also admitted that he sold drugs, including marijuana and prescription painkillers, court papers said. Detectives collected scales, ledgers and jars containing marijuana from Pevny's bedroom.

Deputy prosecutor Julie Mohr asked that Pevny be

sentenced to the high end of the sentencing range.
"The defendant was an adult; the victim was a

minor," she said

Defense attorney Mark Mestel told the judge that the girl had used drugs in the past and the group was shar-ing drugs the night she died. Pevny had no felony history, although he did have four

misdemeanors.

"I'm sorry for what happened," the defendant said, turning around to face the victim's family.

Pevny said he didn't expect

their forgiveness.

Eric Stevick: 425-339-3446; stevick@heraldnet.com.

OBITUARIES AND MEMORIALS

Billy Ray Tyree

Billy Ray Tyree passed away August 15, 2012. He was born in Norman, Arkan-sas, and lived in the and lived in the eo, Washington area Mukilteo, Wa for 40 years.

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He worked in the office
furniture business for many
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He leaves behind the love He leaves behind the love of his life, his wife, lngrid Tyree of 40 years, and is survived by his brothers, Joe, JD, Don and their spouses. He also leaves behind his four children, Jeff, Sherlece, Gary, Karin and their spouses; six grandchildren, Austin, Chad, Melony, Dawnelle, Amanda and Dawnelle. Amanda Adam; and seven great grandchildren,

A celebration of life will be held Wednesday, August 22, 2012 at Everett Golf and Country Club at 4:00 p.m. The public is invited and, in lieu of flowers, please send donations to

Selvin Ivar Stensen

Selvin (Sal) Ivar Stensen passed away peacefully in Stanwood, Washington on August 15, 2012 at the age of 97 years. He was born on May 30, 1915 in Mount Ver-

May 30, 1915 in Mount Ver-non, WA.
Selvin was the third of four children born to John and May Stensen. He and his siblings grew up on the Slivans farm that was homesteaded by their grandfather and great-uncle in 1875 and, which, Selvin later purchased from his fa-ther. Sal graduated from Ar-lington High School where he excelled in sports.

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On February 14, 1938, he married Ruth Margaret Boe of Stanwood. Together, they farmed the original Stensen homestead along the Stillaguamish River, and raised their two children. Sal and Ruth were active members of the Peace Lutheran Church, the Silvana Community and the Sons of Norway.

Selvin is survived by his children, Scott (Bernice) Stensen of Stanwood and Laura (Curt) Cummings of Camano Island; five grand-children, Shelly (Colin) Camano Island; five grand-children, Shelly (Colin) Kertson of Graham, WA, Ken (Kerry) Stensen of Grand Ledge, MI, Lisa (Jacob) Parker of Stanwood, Brian (Pierangela) Cum-mings of Bremerton, and Susan (Dave) Cummings-Susan (Dave) Cummings-Thibodeau of Driggs, ID; twelve great-grandchildren and one great-greatand one great-grandcrilldrein granddaughter; as well as his sister-in-law, Mary Jane

(Boe) Lund, and numerous



In Loving Memory

Nicholas Vincenzo De Simone May 9, 1988-August 20, 2007

We little knew that moming that God was going to call your name. In life we loved you dearly. death we do the same.

It broke our hearts to lose you, you did not go alone; for part of us went with

you, the day God called you home. You left us peaceful memories, your love is still our guide;

and though we cannot see you, you are always at our Our family chain is broken and nothing seems the

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Love, Mom, Pappa

Cle Elum wildfire 57 percent contained

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The pair ran two dispensaries under the name Seattle Cannabis Cooperative, which were among dispensaries for bankruptcy protection after being sued for marketing vodka under the name of legendary guitarist Jimi Hen-drix and agreeing to settle

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OBITUARIES AND MEMORIALS

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Please sign the Guest Book as

www.heraldnet.com/obituaries

To Place an In Memoriam or Obituary, please call 425-339-3023

Office hours: 8am-5pm Monday-Friday Phone availability: 8am-5pm Monday-Friday and until poon Saturday

Herald



Iona Ann Davis Iona Ann Davis, born June

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SCHAEFER-SHIPMAN Dignity (360) 659-3711 804 State Ave. Maryer

"Dee Dee" Williams

Donna Dee (Cameron) Williams, 48, entered into rest on August 17, 2012. Funeral Service will be at

The Tulalip Tribal Gym on Wednesday, Aug 22 at 10 a.m., followed by Interment Services at Mission Beach

SCHAEFER-SHIPMAN Dignity -Funeral Ho (360) 659-3711 804 State Ave. Marys



Selvin Ivar Stensen

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Selvin was preceded in death by Ruth, his beloved wife of 70 years, on June, 2008. Also preceding him were his parents; an infant daughter; granddaughter, DeAnne Cummings; and his siblings, Ingvard Stensen, Clara Corbin, and Ida Erick-

The family would like to extend their gratitude and appreciation to Dr. James Beckner, and to the nursing staff at Josephine Sunset Home for the excellent care

given to Selvin.

A memorial service to celebrate Selvin's life will be announced at a later date. Memorials may be made to The Little White Church on the Hill, The Zion Lutheran Cemetery fund or to a charity of your fund. to a charity of your choice.

Please sign the Guest Book at
www.heraidnet.com/obituaries.



Nicholas Vincenzo De Simone May 9, 1988-August 20, 2007

We little knew that morning that God was going to call your name. In life we loved you

dearly.
In death we do the same It broke our hearts to lose you, ou did not go alone; for part of us went with

you, the day God called you home. You left us peaceful memories, your love is still our guide; and though we cannot

see you, you are always at our side.
Our family chain is broken and nothing seems the

same, but as God calls us one by one, the chain will link again.

Love, Mom, Pappa, Michelle & Mike



In Loving Memory Michael (Mike) Litke This has been a sad and

lonely year without you son. We miss your caring ways and sense of humor. May you and your dad continue to watch over the family and friends you left behind.

You will always have a special place in our hearts.

Mom, Family and Friends

Cle Elum wildfire 57 percent contained

ASSOCIATED PRESS

YAKIMA - Fire crews have reached 57 percent containment on a central Washington wildfire that has burned dozens of homes.

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firefighters are fighting the blaze. On Monday, some of them conducted controlled burns of potential fuel.

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Arrest

From Page B1

police wrote.

and siren, and followed the Mustang to an area near the Third Avenue S. overpass. Kirk reportedly then got

out of the car, jumped a guard rail and took off. At some point, his shorts fell off, and he kept run-

ning in a "yellow neon no sleeve shirt," police wrote. Another office soon spotted him along Elm

Street. By then, Kirk reportedly was climbing onto a bicycle, naked. He had the helmet on but it fell off,

Kirk then allegedly broke into a stranger's Second Avenue home, smashing through a basement window, police said. A woman, in her mid 40s, was asleep inside.
"She woke up to this

naked, bloody man barg-ing into her bedroom door," Blackburn said.

Kirk allegedly grabbed the woman, told her he had a gun and a knife and threatened multiple times to kill her

He searched the house for clothes, demanded her car keys, rummaged through her purse and took money from her as well, police reported.

At one point, when the woman thought he was gone, she left her bedroom. He then reportedly forced her into another room, made her lie down and hit her with a pillow. The woman also said he made gestures she took as threats to suffocate her. police reported.

reportedly then Kirk went into the garage and tried to steal the woman's car but couldn't figure how to start it. Police were outside the

home, trying to get him to surrender. He refused to obey their commands and back into the house, locking himself in the basement.

The standoff ended about 9 a.m. after officers shot cans of pepper spray into the basement. They had rescued the woman about a half-hour

earlier, once they could get her out safely. Kirk appeared Monday in Everett District Court.

Bail was set at \$105,000.

Rikki King: 425-339-3449; rking@heraldnet.com.

Editorial Board

David Dadisman, Publisher Peter Jackson, Editorial Page Editor Kim Heltne, Assistant to the Publisher Carol MacPherson, Editorial Writer Andy Rathbun, Editorial Writer

IN OUR VIEW | MEASURING OUTCOMES

A new metric for Congress

The ill-regarded practice of "teaching to the test" has a political corollary, jawing to win. The means-to-ends' mind-set is identical — disregard any eeper mission and do what is takes. Focus-grouped rhetoric, like commercial advertising, is oriented to one thing, to snare our attention and vote Pollsters quantify our strengths and fears, reducing voters to an algorithm.

And so, like bargain shoppers, we are forced to dig beneath the political gloss to determine if

there's any there there. A Gallup poll released earlier this year has Congress' job approval at a basementlevel 10 percent. (Journalism, once government's watchdog. registers nearly as low.) The anti-Congress sentiment flows from a culture of polarization

that began in 1995 and has only grown worse. For writer Ronald Brownstein, a two-time Pulitzer-prize finalist who visited the Northwest last week, the United States has become a "quasi-parliamentary system." Democrats never cross the aisle to vote with Republicans, and vice-versa. Partisanship sup-

plants compromise. In the Pacific Northwest, we might look to a new metric, something concrete and rhetoric-proof, to measure a lawmaker's worth. We might begin with a basic, unadorned. "What did you sponsor and

what was the outcome?"
Asking essential, no-wiggleroom questions is critical for a number of reasons. Beginning in 2013, Snohomish County will have three members of Congress, with representatives

from the newly drawn 1st, 2nd and 7th districts. Will these members strategize together (especially if they represent opposite parties?) They might be challenged (by The Her-ald editorial board and, more and enformal board and, more significantly, by future constitu-ents) to sit down regularly with their colleagues to establish a get-it-done vision, of working in common cause to help Snohomish County as well as

the country. Demographics also inform the political culture. Even with net migration down relative to the 1980s and 1990s, the Puget the 1980s and 1990s, the Puget Sound region could grow by a million-plus residents over the next decade. Washingtons ossified political class will need to track with this evolv-ing population. Do we have the educational and transportation infrastructure to accommodate so many more souls? If not, why not?

As more new families begin to call Washington home, they might look to even long-serving members of Congress as tabula rasa. Our Congressional delegation should measure up the regular evaluations (which they do through elections) that are outcome-focused (what did you actually do?) versus outputs (what did you vote for

The political season is, alas the cruelest season of all. It insinuates itself, erupting just as the days grow shorter and colder. Americans will likely never experience a post-par-tisan country. It doesn't hurt to try, however. Those basic, unadorned questions are the first step.

Rape remark shows why concerns real

ASHINGTON — At least until Election Day, Republican W Election Day, Republicans were supposed to pretend that their party's alleged "war on women" was nothing. alleged "war on women" was nothing but a paranoid fantasy stoked by desperate Democrats. Obviously, Rep. Todd Akin didn't get the memo.

Akin, campaigning to unseat Sen. Claire McCaskill, D-Mo., in November, was trying to explain his stance against abortion
Sunday when he committed what cannot be
dismissed as a mere gaffe. It was an abomination that

could only stem from benighted ignorance and it brings the whole "war on women' thing back into scary focus If you think

EUGENE ROBINSON

I'm exagger-ating, let me quote Akin in full. He was explaining why he opposes abortion even in cases of rape and how pregnancy as a result of rape, in any event, isn't something that should overly concern us

"It seems to me, first of all, from what I understand from doctors, that's really rare.

If it's a legitimate rape, the female body has ways to ry to shut that whole thing down.

But let's assume that maybe that didn't work or something. You know, I think there should be some punishment, but the punishment. ought to be of the rapist, and not attacking the child."

Whoa Let's begin with the ignorant and offensive distinction Akin tries to draw between "legit-imate rape" and some other kind of rape. He did not elaborate, but I'm pretty sure I know

what he means.

He's obviously talking about what Republicans call "forcible rape." Last year, Akin co-sponsored a bill in the House that would have narrowed the exception that allows Medicaid funds to pay for abortions for women who are raped. The proposed measure would have permitted the use of funds only to end pregnancies resulting from "forcible rape," GOP vice presidential candidate Paul Ryan was another cosponsor of the measure, which ultimately failed.

The statutory rape of a child by an adult would not fit the definition the House Republicans tried to impose; nor would the rape of a woman who was drugged, say, or who had limited mental capacity. Never mind the fact that as far as criminal law is concerned, rape is rape. Never mind the fact that all rape, by its very nature, is "forcible.

Akin's assertion about "legitimate" rape is really nothing but an attempt to blame the victim. It stems from the view that the only true victim is a woman who is raped while who came in through the bedroom window.

Anything short of that, she must have been

sking for it.

Now let's examine Akin's claim about what "doctors" have told him. Are these real doc-

I find it hard to believe that any physician told Akin that "the female body has ways to try to shut that whole thing down." I think

he made it up.
That "female body" line is not only a rightening glimpse at the dangerous nonsense rattling around inside the heads of some on the far, far right. It is also — in its sheer befuddled clueless anatomical ignorance — an illustration of why we need more women in public office. When Akin says "ways to try to shut that whole thing down," what exactly does he mean? What does he envision happening inside that mysterious, unknowable realm? Is it sor

LETTERS TO THE EDITOR

■ ELECTION Media makes Ryan next target

OK folks - fasten your seat belts; the mainstream liberal media is sharpening its claws, and VP candidate Paul Ryan is its next victim

After reading David Sirota's Sunday column, "Who is Paul Sunday column, "Who is Paul Ryans", a blistering rundown of Mr. Ryans sins, faults and defects, Iwondered how awriter could so cleverly warp the truth to satisfy his passions. Obviously he is just another dime-a-dozen product of the Ilberal media massacre machine. Everyone in this country by the way, should realize that Obama is that reactive for the country of th

media's darling.

Thank the media for much of the almost inhumane attack of the aimost innumane attack on Mitt Romney that deliberately projected an image of him as a dud and a jerk. They called him every name from "unlikable" to "cruel." He was cold, uninspiring, greedy, unfriendly, ineffective, etc. There were ineffective, etc. There were even articles saying he wasn't "human" enough. All of which is utter rubbish. They are going is tuter tutorist. They are going to try to do the same thing to Rep. Paul Ryan. The trouble is, though, the public usually doesn't make an effort to gain perspective and they believe that toxic negativism.

Before you believe what people like David Sirota writes, remember he and those like him are leftist Obama pawns out for the kill

> Kate Howard Edmonds

■ SAFETY

Helmet choices show brain's range

As a former member of the Mountain Rescue Council,

LIGUEZO Z8-20 DIECH Walnet Austrik Gereichnes



councils and school boards?

What has happened democracy in this country?

The same party that screams to get government out of peo-ple's lives is the one that tells a woman that she must carry a

rapist's child to term. That she

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plan her family or help her with a medical condition. That she

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It's the same party that for-bids gays and lesbians from adopting children, marrying, or serving their country openly. They can die, but not tell any-

one who they really are.

Republicans. If you don't recognize yourselves here, take another look in the mirror!

her life

Have your say

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Everett, WA 98206 Have a question about let-

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picture. Better yet, consider mountain climbing training like with the Mountaineers to

learn safety and appropriate-ness during climbing. http://www.rockclimbing. com/cgi-bin/forum/gforum.

Norm Kosky Camano Island

cgi?post=2428238

Bubbles Sudds Dezotell

■ ELECTION Majority can't afford top's greed

Whether it be gays, guns, abortion, or such, just don't let any one issue consume you as you contemplate your vote this fall, with so much at stake.

One side is using such tac-tics, so you won't think about

are cut and a country drift ing backward instead of to the future, with programs such as research, infrastructure, and technology. Think of what we all could benefit from.

The far greater impact on so many more, and the future of this nation, lies in help, progress, and innovations to come; rather than any one issue to

divide us. You and I should think only of this when we cast our ballot this November!

> Barb Kelley Mill Creek

■ ECONOMY

Demand creates jobs, not the rich

I had to respond to the Aug. 16 letter, "Demonizing rich reaps nothing." In fact, the opposite is true. By educating opposite is true. By educating people about income disparity in this country, which is, by far, the largest of all industrialized nations, and reminding people that since the Bush-era tax cuts, the highest-income earners are paying the lowest rates in U.S. history and that net job growth during the Bush administration was zero. Clearly, the rich don't algorithm And so, like bargain shoppers. we are forced to dig beneath the political gloss to determine if

pointed gloss to determine it there's any there there. A Gallup poll released ear-lier this year has Congress' job approval at a basement-10 percent. (Journalism, once government's watchdog, registers nearly as low.) The anti-Congress sentiment flows from a culture of polarization

ve might look to a new metric, something concrete and rhetoric-proof, to measure a lawmaker's worth. We might begin with a basic, unadorned, "What did you sponsor and what was the outcome?"

Asking essential, no-wiggle room questions is critical for a number of reasons. Beginning in 2013, Snohomish County will have three members of Congress, with representatives

the country.

Demographics also inform the political culture. Even with net migration down relative to the 1980s and 1990s, the Puget Sound region could grow by a million-plus residents over the next decade. Washington's ossified political class will need to track with this evolving population. Do we have the educational and transportation

Snohomish County as well as

did you actually do?) versus outputs (what did you vote for or against?)

The political season is, alas, the cruelest season of all. It insinuates itself, erupting just as the days grow shorter and colder. Americans will likely never experience a post-partisan country. It doesn't hurt to try, however. Those basic, unadorned questions are the first step.

ing to explain his stance against abortion Sunday when he committed what cannot be dismissed as a mere gaffe. It was an abomination that could only stem from benighted orance and it brings the whole " on women' thing back into

McCaskill, D-Mo., in November, was try-

If you think **EUGENE ROBINSON**

I'm exagger-ating, let me quote Akin in full. He was explaining why he opposes abortion even in cases of rape — and how pregnancy as a result of rape, in any event, isn't something that should overly concern us

"It seems to me, first of all, from what I understand from doctors, that's really rare.
If it's a legitimate rape, the female body has ways to try to shut that whole thing down.
But let's assume that maybe that didn't work or something. You know, I think there should be some punishment, but the punishment ought to be of the rapist, and not attacking the shild." the child

Whoa. Let's begin with the ignorant and offensive distinction Akin tries to draw between "legit-imate rape" and some other kind of rape. He did not elaborate, but I'm pretty sure I know what he means.

what he means. He's obviously talking about what Republicans call "forcible rape." Last year, Akin co-sponsored a bill in the House that Akin co-sponsored a bill in the House that would have narrowed the exception that allows Medicaid funds to pay for abortions for women who are raped. The proposed measure would have permitted the use of funds only to end pregnancies resulting from "forcible rape." GOP vice presidential candidate Paul Ryan was another cosponsor of the measure, which ultimately failed.

The statutory rape of a child by an adult would not fit the definition the House Republicans tried to impose; nor would the rape of a woman who was drugged, say, or who had limited mental capacity. Never mind the fact that as far

capacity. Never mind the fact that as far as criminal law is concerned, rape is rape. Never mind the fact that all rape, by its very nature, is "forcible."

Akin's assertion about "legitimate" rape is really nothing but an attempt to blame the victim. It stems from the view that the only true victim is a woman who is raped while violently resisting a ski-masked assailant who came in through the bedroom window. Anything short of that, she must have been askine for it. sking for it.

Now let's examine Akin's claim about what

"doctors" have told him. Are these real doc-tors? Did they actually go to medical school? I find it hard to believe that any physician told Akin that "the female body has ways to try to shut that whole thing down." I think

the made it up.

That "female body" line is not only a frightening glimpse at the dangerous nonsense rattling around inside the heads of some on the far, far right. It is also — in its sheer befuddled clueless anatomical ignorance — an illustration of why we need more women in public office. When Akin says "ways to try to shut that whole thing down," what exactly does he mean? What does he envision happening inside that mysterious, unknowable realm? Is it sorcery? Witchcraft?

Akin, by the way, is a member of the

Akm, by the way, is a member of the House Committee on Science, Space and Technology. I am not kidding. Akin allows that sometimes the magical process by which rapists' sperm are rejected doesn't work. In those few cases, he says, our aim should be punishing the rapist, not "attacking the child."

Now let's see, we've accounted for how we

should treat the rapist, and we've accounted for how we should treat the product of the rape — the fetus or unborn child, depending on how you see abortion — and I guess that's it. But wait, wasn't there someone else involved?

Oh.yes, the woman. The person who had to endure the rape, who is suspected of not having suffered a "legitimate" rape, and who now, according to Akin, should be legally obliged to bring the rapist's baby to term.

Akin's stupid, sexist remarks were imme-

diately denounced by Mitt Romney and

other prominent Republicans.
But the GOP refuses to do the one thing that would neutralize the "war on women" ssue: Stop the misogynistic attacks. Stop them now

Eugene Robinson is a Washington Post **Robert Morris** columnist. His email address is eugenerobinson@washnost.com.

LETTERS TO THE EDITOR

■ ELECTION Media makes Ryan next target

OK folks - fasten your seat belts; the mainstream liberal media is sharpening its claws, and VP candidate Paul Ryan is

and vP candidate Paul Ryan is its next victim.

After reading David Sirota's Sunday column, "Who is Paul Ryan?", a blistering rundown of Mr. Ryan's sins, faults and defects, I wondered how a writer could so cleverly warp the truth to satisfy his passions. Obviously he is just another dime-a-dozen product of the liberal media

product of the liberal media massacre machine. Everyone in this country by the way, should realize that Obama is that media's darling, Thank the media for much of the almost inhumane attack on Mitt Romney that deliber-ately projected an image of him ately projected an image of him as a dud and a jerk. They called him every name from "unlik-able" to "cruel." He was cold, uninspiring, greedy, unfriendly, ineffective, etc. There were even articles saying he wasn't "human" enough. All of which is utter rubbish. They are going to try to do the same thing to Rep. Paul Ryan. The trouble Rep. Paul Ryan. The trouble is, though, the public usually doesn't make an effort to gain perspective and they believe that toxic negativism.

Refere you believe what

Before you believe what people like David Sirota writes, remember he and those like him are leftist Obama pawns out for the kill

Kate Howard

■ SAFFTY Helmet choices show brain's range

As a former member of the Mountain Rescue Council, thanks for the Sunday Viewpoints commentary, "Our conflicted brains." And even more thanks for the photo-graphic illustration of such two aspects of our brains on the paper's front page. (Article, "Get outside.") Specifically, the "mod-ern brains" of the mountain biker and kayakers choosing to wear hard-hat helmets for brain protection. Strikingly, in con-trast, is the photo of 16-year-old rock climber, Sean Bailey, wear-ing no head protection as he exercises his "reptilian" brain of "confirmation bias" or simply put, dumbness.

Please see the picture in the

link below of a rock climbing head injury that can occur even with a hard hat from rock fall (e.g., loosened by the belayer or (e.g., loosened by the belayer or climber above, a slip or catch-ing of the belay rope on rock, or a slip by the climber himself). Please do not let your children be supervised by like-minded adults guiding this "reptillan" brain 16-year-old rock climber as it could result in brain damage or damage like the below

LIGUEZO 128-20 DAELY Wash Post in Micro Group



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com/cgi-bin/forum/gforum. cgi?post=2428238

> Norm Kosky Camano Island

■ POLITICS **GOP** platforms are intrusive

Which party is this? The party that keeps thump-ing their chests about how they are the only ones who know and follow the Constitution, but has rollow the Constitution, but has governors who are waging war on the elderly, the young (students), the poor, and minorities by passing laws in their states to keep hundreds of thousands, (mostly Democrats), from yother in this placeties. ing in this election. Beating their chests about voter fraud that doesn't exist.

How can it be constitutional.

or legal to change the rules of an election literally days before a presidential election?

How can it be legal, or constitutional, for the governor of Michigan to eliminate cities' elected officials and appoint a dictator to those cities to sell off their assets, abolish their city

councils and school boards? What has happened democracy in this country?

The same party that screams to get government out of peo-ple's lives is the one that tells a woman that she must carry a rapist's child to term. That she can't have contraceptives to plan her family or help her with a medical condition. That she cannot have an abortion to save

her life.

It's the same party that forbids gays and lesbians from
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They can die, but not tell anyone who they really are.
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■ ELECTION Majority can't afford top's greed

Whether it be gays, guns, abortion, or such, just don't let any one issue consume you as you contemplate your vote this

you contemptate your vote this fall, with so much at stake.

One side is using such tactics, so you won't think about the greater picture. Do you want to see our dependence on fossil fuels as BP does? How about more deregulation of banks, which they so need? Or is it back to the health-care sys-tem where many pay more, for those who no longer can afford

this "luxury"?

Maybe it's the social programs that help so many at one time in their life allowing them to visualize the American dream, too. Pell grants, Head start, Meals on Wheels, unemstart, Meas on Wheels, unem-ployment benefits, and yes, food stamps that are necessary, especially for optimal learning of our children.

of our children.

I could go on listing signifiCant cuts proposed, but you
get the point. So much would
be eliminated, not attempted,
or proposed for the future.
This would be at our expense
so that the "Romneys' and
Ryans" expenses would be so that the "Romneys' and Ryans'" expenses would be almost non-existent when it comes to their income taxes, (Less than one percent under Ryan's budget 1 Ryan's budget.)

All this greed, while services

jobs, not the rich I had to respond to the Aug. 16 letter, "Demonizing rich reaps nothing," In fact, the opposite is true. By educating people about income disparity in this country, which is, by far, the largest of all industrialized

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of this when we cast our ballot this November!

You and I should think only

Barb Kelley

Mill Creek

divide us.

■ ECONOMY

nations, and reminding people that since the Bush-era tax cuts the highest-income earners are paying the lowest rates in U.S. history and that net job growth during the Bush administration was zero. Clearly, the rich don't create jobs.

The only thing that creates jobs is demand for goods and services, and that demand is fueled by the middle class. The rich don't create demand for anything, they just park their money off-shore to avoid paying taxes

When the middle class has extra money in their pock-ets they go out to dinner more often, they go to the movies, they spend more at the grocery store, they go on vacation and they may buy a new washer and dryer, a refrigerator, or a new car. All of these thing stimulate local and national economies and create jobs.

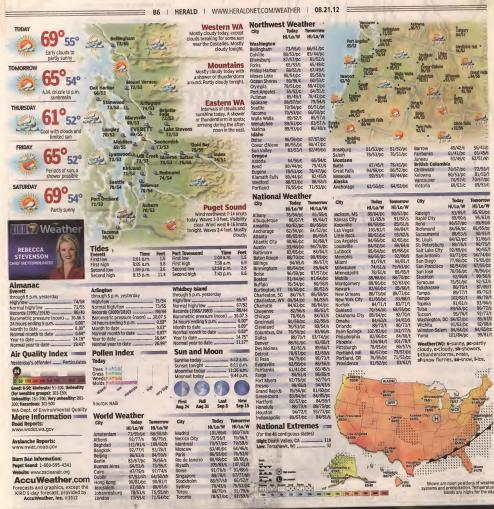
and create jobs.

According to the writer, I may be a non-thinking liberal, but at least I have my facts straight and I didn't get my information spoon-fed to me by right-wing ews sources.

To believe in trickle-down economics is to believe in the tooth fairy

Everett

Weather







Everett	
through 5 p.m. yesterday	
High/low	74/58
Normal high/low	73/55
Records (1991/1918)	86/40
Barometric pressure (noon) 3	0.06 S
24 hours ending 5 p.m	0.00"
Month to date	
Normal month to date	
Year-to date	24.18"
Normal year to date	19.41"

Air Quality Index



More Information Road Reports: www.wsdot.wa.gov

Avalanche Reports: www.nwac.noaa.gov

Puget Sound: 1-800-595-4341

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	Tacoma 70/53		-	today. Wav	es 1-3 feet. Vi Vind west 8-16 aves 2-4 feet.
id		Time	Feet	Port Townsend	Time

Arlington through 5 p.m. yesterday High/low

Normal high/low Records (2009/2010) .

Pollen Index

Source: NAB **World Weather**

Today Hi/Lo/W

111/81/5

83/67/pc 64/53/s 97/75/s 67/53/sh 90/81/pc 87/68/s 78/53/s 73/55/c

64/50/sh 90/81/t 88/67/s

City

Amsterdar Athens Baghdad Bangkok Beijing Berlin

Buenos Aires

1:59 p.m. 8:15 p.m. 12:58 p.m. 7:43 p.m.

Whidbey Island
through 5 p.m. yesterday
High/low
Normal high/low
Records (1966/1983)
Barometric pressure (noc
24 hours ending 5 p.m.
Month to date
Normal month to date
Very Indian
 Records (2009/2010)
 88/44

 Barometric pressure (noon)
 30.075

 24 hours ending 5 p.m.
 0.02°

 Month to date
 0.02°

 Normal month to date
 0.87°

 Year to date
 36.84°

 Normal year to date
 26.99°

65/57 57/52 86/44 (noon) 30.07 S n. 0.00" 0.09" 14.75" 11.17" Year to date Normal year to date

Puget Sound

Sun and Moon

City Today Hi/Lo/W Hi/Lo/W 101/69/s 72/56/t 73/57/pc 63/40/pc 86/55/pc Paris Rio de Janei Riyadh

Evansville Fairbanks Fargo Fort Myers Fresno Grand Rapids **National Extremes** (for the 48 contiguous states)

High: Death Valley, CA

Cheyenne Chicago

88/64/pc 91/65/s 84/58/pc 103/82/t 88/63/pc 84/65/pc 84/65/pc 85/64/pc 85/64/pc 86/65/pc 91/78/t 74/61/s 88/66/pc 88/66/pc 88/66/pc 82/65/pc 84/71/t 70/54/pc 88/64/pc Las Vegas Little Rock Los Angeles Loulsville Lubbock Memphis Milmai Milmaukee Minneapolis Mobile Mortgomery Newark New Orleans New York City Norfolk Oakland Oklahoma City Oklahoma City Oklahoma City Omaha Orlando Palm Springs Philadelphia Phoenix Pittsburgh Portland, ME Portland, OR Providence 84/63/s 88/72/t 102/82/pc 82/66/pc 104/84/t

Today Hi/Lo/W

Raleigh Rapid City 83/65/t 89/60/s Reno Richmond 99/84/t 93/62/s 82/65/e/s 88/64/s 89/68/pc 92/66/s 90/81/t 79/63/pc 85/65/t 88/70/pc 92/63/pc 85/68/t 89/73/pc 83/68/t 92/73/pc Richmond Sacramento St. Louis St. Petersburg Salt Lake City San Antonio San Diego San Francisco San Jose Stockton Syracuse Tallahassee Tampa Tempe 92/70/s 94/63/s 90/73/t 102/77/s 84/66/t 101/78/t 80/57/s 79/57/pc 71/53/pc 83/61/t

Weather(W): s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, l-ice.

Today HI/Lo/W

HI/Lo/W





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DR. ELIZABETH **SMOOTS**

How to treat a strain or sprain

e've all been injured from time to time. The vast majorities of the majorities of these common injuries are strains or sprains.

Both conditions usually occur as the result of a single, abrupt incident. The resulting symptoms are similar, too — most frequently pain and swelling.

What, exactly, are the differences between sprains and strains? Pulling a muscle: A strain is an injury caused by overstretching or tearing a muscle. It is some-times called a pulled muscle. Mild strains result in minute tears in a few muscle fibers. In more severe

strains, the fibers may suffer a major tear with the loss of muscle strength or movement. Strains most commonly occur in the hamstring and quadri-ceps muscles in the thigh and the muscles in the groin and shoulder. Conditions that increase the risk of a strain include lack of condition-ing, poor flexibility, cold, fatigue or

ang, pool nexinity, cold, tangue or a previous injury.

Hurting a ligament: A sprain is an injury to the ligaments and soft issues that surround and support a joint. The injuries, which range from mild tears to complete runtures tend to be more serious. ruptures, tend to be more serious than strains. They can take longer to heal and, in severe cases, can to hear and, in severe cases, can result in an unstable joint. Ankles and knees are the joints most susceptible to sprains. The injury often results from a sudden,

twisting motion.

What to do for first aid: To reduce pain and swelling from sprains and strains, use rest, ice ompression and elevation. Rest the injured area for at least 24 to 48 hours. Since swelling usually starts immediately, apply ice packs right

See SMOOTS, Page C8



"Market Warriors" began in July on PBS channels. The list of television shows about hunting for elusive treasure amid mountains of discarded junk keeps on growing like a suburban ländfill.

Television gets picky

More shows than ever feature people who turn junk into treasure

By MELISSA RAYWORTH

racy Hutson wanders through a graveyard of ovens that haven't roasted a turkey or baked a ham since decades before she was born. Picking through their discarded parts, she muses: "The rust on this is just so-

Her "Picker Sisters" partner, Tanya McQueen, agrees: yet another item to bargain for, pur-chase and turn into a high-end piece of furniture on their Life-time network TV series.

You'll find a similar pair of women, the "Junk Gypsies," doing much the same thing over at HGTV. And these two pairs are not alone

The list of television shows about hunting for elusive treasure amid mountains of discarded stuff keeps growing like a subur-ban landfill. At least three new entries premiered this summer adding to the already double-digit roster of shows about "pick-ers" and pawn shop owners and people who bid for the contents



Toy hunter Jordan Hembrough is shown in his storage space in Ridgewood, N.J. The show premiered Wednesday on the Travel Channel.

of storage containers

Why, especially when we're so overloaded with our own clutter and junk, are we so fascinated with the search through other

with the search unlough other people's castoffs? Jordan Hembrough, host of "Toy Hunter," which pre-miered Wednesday on the Travel

Channel, believes people love junk-hunting shows because they reconnect us with a time we like to remember as simpler and

happier.
We recognize items instantly, from toys to household goods to advertising signage. Previous generations of Americans kept things longer, and there was less to choose from when you did buy new: Many of us had the same CorningWare coffee pot, the same Fisher-Price toys as our neighbors.

Items designed in the 1950s and 1960s "are from a period that consciously looked to the future," said Allen Topolski, associate professor of art at the University of Rochester.

It was a time of optimism, and although "we never got the jet packs we were promised," we enjoy revisiting that feeling as junk-hunting TV hosts come across this stuff, he said.

The thrill of the hunt

T.J. Heckman has "been into junk," for nearly all of his 26 years. He, his father and his uncle "used to go out all the time just picking up stuff. I remember when I was 6 years old bringing home a kitchen

table on my bicycle."
In his work as a delivery truck driver in the Pittsburgh area

See PICKY, Page C8

Electrifying neon returns for another school year

The trend among kids 'taps into youth, emotion and standing out, which they like'

By SAMANTHA CRITCHELL Associated Press

Neon is a fashion trend that might be best suited to the cool of pint-sized athletes will buy into the bright footwear that has made Nike's track and field sneakers one of the most buzzed-about looks of



strain or sprain

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More shows than ever feature people who turn junk into treasure

By Melissa Rayworth Associated Press

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ELIZABETH FRASER / TRAVEL CHANNE
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driver in the Pittsburgh area,

See PICKY, Page C8

Electrifying neon returns for another school year

The trend among kids 'taps into youth, emotion and standing out, which they like'

By Samantha Critchell Associated Press

Neon is a fashion trend that might be best suited to the cool kids — or real kids.

NOS—or real KOS.
Unlike so many looks that trick-led down from designer runways to mass retailers and into teenager's closets, the almost electrifying shades of pink, green, yellow and crange have been hanging out in high school hallways for a while.
And they're back again for the new school year.

"Teens stayed with neon because for them, it's so easy to wear. It taps into youth, emotion and standing out, which they like doing," says Seventeen senior fashion editor Marissa Rosenblum.

Tashion editor Marissa Rosenblum.

The highlighter colors have evolved this season into accessories, beauty products and outerwear. There are still the T-shirts, colored jeans, hoodies and athletic apparel, but Rosenblum says the way to wear neon is as a single bright pop, not head

It's probably a safe bet that lots

of pint-sized athletes will buy into the bright footwear that has made Nike's track and field sneakers one of the most buzzed-about looks of the Olympics. Try mint green leans with a

yellow neor tank with a gray cardigan. said Anu Narayanan, vice president of women's merchandising for Old Navy. "Neon looks best as a surprise within a look." For its largely grade-school

For its largely grade-school customer, The Children's Place will pair neon with navy as the cooler weather moves in. "The children have a sense of humor about their clothes," said TCP senior vice president of design Michael Giannelli.

Elena Klam is creative director and co-owner of the jewelry brand Lia Sophia, which is launching a fashion jewelry collection called Sisters aimed at the tween and teen set. It includes neon, preapproved by Klam's teenage daughters and their friends

daughters and their friends.
Klam said that even schools with strict dress codes will likely allow superbright friendship bracelets or earrings.

"You don't have to be the 'pink'



THE CHILDREN'S PLACE
Green neon laces pop on a navy

girl' when it's neon. That has a bit of an edge to it," Klam said. The skater-snowboarder-surfer

The skater-snowboarder-surfer look has brought brights back into favor for boys. "Skater kids and surfer dudes are wearing bright pinks and deep purples, and they're also getting into orange and banana," Giannelli said.

Seventeen editor Rosenblum cautions: "You have to choose the color that looks good on you. That funny off-green is definitely an important color, but it's not for everyone."



An orange neon skirt stands out

THE CHILDREN'S PLACE

DAILY CROSSWORD

ACROSS

- 1 Popular salad 5 Boat fronts 10 Cry of surprise 14 Little chirper 15 Woodworking
- tool 16 Footnote abbr.
- (2 wds.) 17 Ms. Dinesen
- Break the news City near
- Vesuvius
- 22 Steppe 24 Pause fillers 25 Furtive whisper
- 26 Devise 30 Strides along 35 Color
- 36 Academic stat.
- 37 Give a home to 38 Naval officers Lack
- 43 Role seeker 44 University of Utah athlete
- 45 Web suffix
- "Goodfellas" Oscar winner
- 47 Tennis gear 50 Mend a heel 53 Purview 54 Likes instantly
- (2 wds.)
- 62 dunk
 63 Synthetic fabric
 66 Potpourri
 67 spurmante
- Habituate 69 Isn't canable
- 70 Tooth part 71 Invited 72 Patella site

25 Kiddie's ammo 26 Of poor quality 27 Pint fraction 28 Twig-and-mud homes 29 CEO aides 31 Type of poem

(2 wds.) Oversaw

Slugger Mel — Makes meringue Psychics

Sasquatch kin Route for Ben-

Houte for Ben-Hur Sanskrit dialect High-fashion mag Be off-base Reference book

PREVIOUS PUZZLE SOLVED

DOWN 32 Puerto Rican

- Bed size Bear in the sky Lowest high tide Short sock Math symbol
 - port
 33 Disney site
 34 Wineglass parts
 39 Summer
 Games org.
 40 Power systems
 - loss

 - 41 loss
 42 Summoned
 44 40-cup brewer
 48 Proof ender
 49 Leave the
 space station
 51 Courtyards
 52 Dappled horses
 54 Romanov title
 55 In addition
 56 Green Hornet's
 valet

 - 57 Throw off heat 59 Zeal 60 Trig function 61 Carryall
 - 64 Hearty laugh 65 Sourdough's

Teach BFF's rude kid some manners

i, Carolyn:
My best friend's daughter,
10, is a little (twit). She never smiles at you, and if she deigns to speak to you, it is a one-word answer spoken with hostility.

When I walk into my friend's house, her daughter looks me up and down and refuses to say hello. If she speaks, it is by whispering either to her mother or a friend, and I can tell she is talking about the

people present.
But of course my friend thinks the sun rises and sets by her daugh-ter. She tries to be mom of the year and admits to feeling guilty about travel for her job and the fact that Dad is absent working six months

out of the year.

I don't want to ever be around this girl again, and I am going to refuse invitations to visit their

My friend gets defensive and refuses to hear any criticism of her daughter.

Do I just forget the friendship, or is there a way to approach this and try to do some good?

Can't Stand Her Kid!

Apparently you've tried to approach this with your friend, and her defenses knocked you back.

And you've reached the point where you'd consider ending the friendship over the daughter's rudeness. Add it up: 1 + 1 = liberation. You



CAROLYN HAX TELL ME ABOUT IT

have nothing to lose here and society much to gain — not by having a better-worded heart-to-heart with her mom, but by addressing the demon daughter herself, on the spot, with Poppins-like play-ful restraint (nastiness undermines your point): '
When she looks you up and

down, "Does my outfit meet your approval?

When she answers you with hostile monosyllables, "Hm. You appear to be old enough to speak in full sentences ... maybe I should try

Let her mother hear this. In other words, village up: It's the adults' job to teach snippy children

Dear Carolyn:

I have just been "friend dumped." A very close friend of a few years stopped talking to me, and when I asked why, she ended the friend-ship with an Internet message. She

claimed (in literally three sentences) it was because the friendship is

unhealthy. The friendship was unhealthy at times — I have jealousy and fifth-wheel issues — but it was because we

lived together, and we don't anymore.
I can't wrap my head around the idea that someone I trusted so much would do this to me so easily, without feeling bad or giving me even a paragraph of thought.

The worst part is, I will have to see this person regularly in school. I know I need to move on, but I am very deeply hurt. How do I stop obsessing over this and feeling bad? The Dropped Friend

I'm sorry. Getting dumped hurts, and getting dumped abruptly hurts even more

Be careful, though; an abrupt end can also be distracting to the point where valuable information gets lost in the why-me haze.

Please turn your attention not to the how-could-someone-I-trusteddo-this-to-me-so-easily question, but instead to those "jealousy and fifth-wheel issues.

If you were to trace your insecurities, where do you think you'll find the roots?

Write to Carolyn Hax, c/o The Washington Post, 1150 15th St. NW, Washington, D.C. 20071. E-mail tellme@washpost.com. © Washington Post Writers Group

Former football player Pete Retzlaff is 81. Actor-

SUPER QUIZ

Score 1 point for each correct answer on the Freshman Level, 2 answer on the Freshman Level, 2
points on the Graduate Level and
3 points on the Ph.D. Level.
Subject: SHOES
FRESHMAN LEVEL
1. In the nursery rhyme, who

In the nursery myrne, who lived in a shoe?
 2. Who went to bed with "one shoe off and one shoe on?"
 3. Muslims remove their shoes before entering this building.
 GRADUATE LEVEL.

4. What precedes "three, four shut the door?"
5. Which president had to duck when a shoe was thrown at him?
6. Who might have shoes tied to their car bumper?
PH.D. LEVEL

to their car but PH.D. LEVEL 7. Where w

7. Where was Nikita Khrush-chev when he banged his shoe on a desk in protest?

8. Who said, "After me will

Former football player Pete Retalaff 8.81. Actual director Melvin Van Peebles is 80. Playwright Mart Corolley The Peeples is 80. Playwright Mart Corolley The Peeples in the Band 16.77. Singer Fartagor Van Peebles is 80. Playwright Mart Peebles 16.78. Singer Hardl Retal Che Satler Brothers is 73. Singer Jackie Deshannon is 71. Actress Patty McCormack is 67. Actress Lorenta Devine is 83. Singer Glenn Hughes is 60. Country musician Nick Kane is 58. Actress Kim Cartral is 56. College Football Hall of Famer and former NFI quarterback Jim McMahon is 33. Actress Colo King is 50. Actress Carrie-Arme Moss is 42. MILB player Craig Counsell is 42. Rock musician Liam Flowlett (Prodigg) is 41. Actress Alicia Witt is 37. Singer Kells is 33. TV personality Brody Jenner is 22. Singer Melsas Schumans is 26. Olympic gold medial sprinter Usain Boli is 26. Actor Cody Kasch is 25. Actres Ryden Panettiere is 23. Actor R) Mitte (TV "Breaking Bed") is 20. Thought for Today: "Paradoxical as it may seem, to believe in youth is to look backward; to look forward we must believe in age."
— Dorothy L. Sayers, English author (1893-1957)

BIRTHDAYS



THE BRILLIANT MIND OF EDISON LEE



BUCKLES I LIKE WATCHING THE CLOUDS, LESTER



CLASSIC PEANUTS

















DILBERT

A GOOD MANAGER AILORS HIS LEADER SHIP STYLE TO FIT

IN YOUR CASE, I THINK THE BEST APPROACH INVITED

TO BE PERFECTLY HONEST, A BIG PART OF LEADERSHIP IS

50 Mend a heel 53 Purview

54 Likes instantly (2 wds.) 58 Most unusual - dunk

63 66 Synthetic fabric Potpourri - spumante

68 Habituate

Isn't capable 71 Invited 72 Patella site

Hurnannin dialect 13 High-fashion mag 21 Be off-base 23 Reference book 25 Kiddle's ammo 26 Of poor qualify 27 Pint fraction 28 Twig-and-mud homes 29 CEO aides 31 Type of poem

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Hur

54 Romanov title

55 In addition 56 Green Hornet's valet 57 Throw off heat

48 Proof ender 49 Leave the space station 51 Courtyards 52 Dappled horses

59 Zeal 60 Trig function 61 Carryall 64 Hearty laugh 65 Sourdough's strike

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PH.D. LEVEL 7. Where w 7. Where was Nikita Khrush-chev when he banged his shoe on a desk in protest? 8. Who said, "After me will

come one ... whose shoes I am not worthy to loose?"

9. Why did God tell Moses to 'put off thy shoes from thy feet?'

ANSWESE I. An old woman. 2. My son john. 3. Mosque. 4. 'One, two buckle my shoe'. 5. George W. Bush. 6. Newlyweds. 7. U.N. General Assembly New York City. Corental Seambly New York City. Son Compared to the was standing on holy ground. SCORINCE IS points — congast ulations, doctor, 15 to 17 points — honors graduater, 10 to 14 points —

ulations, doctor; 15 to 17 points— honors graduate; 10to 14 points— you're plenty smart, but no grind; 4 to 9 points — you really should hit the books harder; 1 point to 3 points — erroll in remedial course is immediately; 0 points — who reads the questions to you? Super Quiz is a registered trade-mark of K. Fisher Enterprises Ltd. (c) 2012 Ken Fisher North America Syndicions Inc.

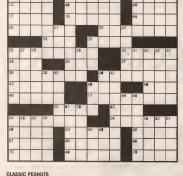
North America Syndicate Inc.

BIRTHDAYS

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— Dorothy L. Sayers, English author (1893-1957)



















DILBERT

A GOOD MANAGER FAILORS HIS LEADER SHIP STYLE TO FIT EACH EMPLOYEE







DENNIS THE MENACE



COULD SLEEP A WHOLE LOT BETTER PLEASE TURN DOWN THE VOLUME "THUNDERS."

CORNERED



"Of course it's safe. Even has an airbag."

PEARLS BEFORE SWINE







THE BRILLIANT MIND OF EDISON LEE







BUCKLES









F-MINUS





"My boss really screwed up today. He accidentally made me feel valued and respected."



Dear Abby: I'd like to respond to "Where the Boys Aren't" (May 26). We're right here every day, lady, work ing in the same building, going to the same functions eating at the same diners and attending the same churches. But we don't measure up to the standards you have set.

You can find us after work at sports bars with friends having a beer, early morn-ing weekends on the lake or stream fishing, kicking back watching a game on
TV or working on a hot rod
or motorcycle like the one
we had — or wanted — in
high school. We are NOT on a cruise, at the mall, upscale bar or wine tasting. In short, we're not doing what YOU like to do. Think about the guy you were married to who had to be dragged or nagged to the outings you enjoy.

You want to find a guy in your age range? That's easy. Step back, be honest and really look at yourself. How do you act, dress, talk? Would YOU date you? Do YOU measure up to the standards you have set for the right guy? If there's something you would change, then change it. Take the time to see who he is, what he enjoys and remem ber, he's not going to change and if he did, he wouldn't be

and if he did, he wouldn't be what you wanted anyway.

— Content, Secure, Single S9-year-old Man Dear Single Man: Thank you for taking the time to write. Apparently, these ladies need to find new hunting grounds. Read on: Dear Abby: Most guys would pay handsomely for the addresses of the clubs where women go to meet men. What is "Where" doing that prevents her doing that prevents her from meeting all the men she wants? My guess is she doesn't walk up and intro-duce herself. She doesn't grasp that dating rules get reversed at some point. She's hoping to be swept off her feet like a schoolgirl.



DEAR ABBY

My advice to older women is to stop hanging out in escape literature and move over to the magazine rack. After a certain age, even sex won't sell itself like it used to. Drive your own car and, if you plan to stay after the introductions, buy your own drinks. And remember, going to expensive bars will only net you a

sive bars will only net you a higher class of burn. "Where" has repeatedly failed Dating 101. There's hardly a middle-aged guy in America who would turn down a woman who offered down a woman who offered him a pizza, a cold beer and a quiet Friday night at home. I'd even help with the dishes. But everything about her spells HIDDEN AGENDA!— Nameless in Florida

Dear Abby: I can speak
only for myself Yes, I AM at
home watching bad cable TV
— not because I want to, but because some of us choose to be here for our elderly parents. We're not out and about except to take our mothers on errands, our dads for hair-cuts and both for medical appointments, on top of

managing their finances and looking after their home. Guess what? Society looks down on us because we have put their needs ahead of ours. We might not be at the typical social events, but e're out there. The next time you see a middle-aged man with a little old lady in the grocery store, bump into his cart and you might find a nice, lonely guy like me. -

www.DearAbby.com Universal UClick

THE NEW YORK TIMES CROSSWORD PUZZLE

ACROSS

- Karate school
- "Look what I just
- Grad Washington who was called "Queen of the
- "Voulez-vous coucher ____ moi ce soir?"
- 16 Geographical formation whose name is Spanish for 9-Down
- ___ Rizzo, "Midnight Cowboy" role
- a stand outside a school?
- Dope fiend
- New Year's ___
- Baja bear
- Land where the Danube flows Cleopatra's killer
- 33 Hold filler 35 Mover's vehicle
- What might take
- Burn without a flame
- listed very late alphabetically Trouser measurements 59 Latin love

ANSWER TO PREVIOUS PUZZUE

ROPHYWIEE

60 Straighten 62 Brickell who sang "What I Am" 63 China's ___ En-lai

36 Model Nicole

Author of the book whose title is circled

42 "___ the fields we go

Japanese port Right out of the box

distinctiveness

48 Street cred 49 "Get it?"

50 Bonbons, e.g. 52 Musical

instruments

in the grid

41 "Yes, there is

45 With lack of

- Keister 65 Groucho or Chico
- "King __ 67 Send out

68 "Don't leave!"

DOWN

Like morning grass, typically Dairy-free spread Temporarily

- Crown Prov. east of Manitoba
- Mama ___ Elliot Iranian Revolution
- See 16-Across
- Gung-ho Hockey feint Computer giant
 - ___ Malfoy (Harry Potter villain)
- Tube travelers? 24 Businesses where the customers call the shots?
- 26 Indian 27 Beetle Bailey's boss 29 '60s war locale 30 Camp David Accords
- party
 Capture
 Winner's demand
- 34 H.S. dropout's document 36 F.B.I. employee: Abbr.
- 38 Abide 39 "Isn't ___ bit like you and me?" (Beatles lyric) 40 "The Highwayman"

- 46 One of the D's in D.D.E.
- 47 1950s-'60s comic Bruce
- 49 Gesture accompanying "Beats
- Swarms
- 52 2009 Cy Young Award winner Greinke 53 "If you ask me," in textspeak
- 54 Bugs Bunny or Tweety Bird
- 55 Dickensian setting 57 Sorvino of "Mighty Aphrodite"
- 58 Very exciting
- "It ___" (formal acknowledgment)

BRIDGE CLUB

I 0 0 L A G E E M E S S

If you take two birds and te them together, you'll have something with four wings, but it won't be able to fly. When a good defender picks a line of defense, he looks for his single defense, he looks for his single best chance. He assumes that declarer has a hand, consistent with the bidding, that will let the defense prevail. Today's East won the sec-ond spade, pondered and led a diamond. That ended matters quickly. South drew trumps

and claimed 10 tricks.

"If you had the king of diamonds," East told West, "I needed to lead a diamond before declarer set up dummy's

fore declaier set up dummys clubs."
East's argument wouldn't fly. Once West showed the king of spadies, South surely held the top hearts and diamonds to justify his bidding. East should try for a trump promotion: He takes the ace of clubs at the third trick, then leads the ace of spades. Whatever South does, West's J-10-4 of trumps will be worth a trick.

will be worth a trick.

Note that if East led the ace of spades at Trick Three, South could effectively pitch

his club loser.

DAILY QUESTION
You hold: ♦ AJ 109 8.5 ♥ 6.♥
10.5 4.♥ AJ 7.5 Vou are the dealer with both sides vulnerable.
What is your opening call?
AMSWER: This is a matter
of style and temperament.
Many experts would open one
spade; they would be swayed
by the two Quick Thicks and
the good intermediates in
young the good intermediates in
young the good intermediates in
your contract.

This was well as seek my
own contract.

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EAST A A J 10 9 8 5 9 6 4 10 5 4 A A J 7 SOUTH \$64 \$AK9853 \$AK73

North East 2 4 2 4 4 9 All Pass

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RIP HAYWIRE



MOTHER GOOSE & GRIMM







MARVIN



UH-OH... I HEAR MY SOAP OPERA STARTING... I'LL HAVE TO LET HIM BACK IN DURING A COMMERCIAL BREAK









SUDOKU



POOCH CAFE







STONE SOUP





JUMBLE

like to do. Think about the guy you were married to who had to be dragged or nagged to the outings you enjoy.

You want to find a guy in your age range? That's easy. Step back, be honest and really look at yourself. How do you act, dress, talk? Would YOU date you? Do YOU measure up to the standards you have set for the right guy? If there's something you would change, then change it. Take the time to see who he is, what he enjoys and remember, he's not going to change, and if he did, he wouldn't be

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Tony in Connecticut

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sive dars will only net you a

OME PHYWIEE SEASI S H I N A A N O E But everything about her spells HIDDEN AGENDA! L A N E S W O K S U N A A M Y S A O E L E I G I E M A O T R E E P R A I I O E U E R I B O O N I U R Y Nameless In Florida Dear Abby: I can speak only for myself. Yes, I AM at home watching bad cable TV O R E O E A R A
C R O W N R O Y A L'
N C A A E V E N T
N A R Y P E S I O - not because I want to, but because some of us choose I O O E A G E E M E S S to be here for our elderly par-ents. We're not out and about

35 Mover's vehicle

67 Send out

ANSWER TO PREVIOUS PUZZLE

DOWN

Like morning grass, typically Dairy-free spread Temporarily

4 Nebraska home of Berkshire Hathaway Crown

Mama _ Elliot

Iranian Revolution leader See 16-Across Gung-ho

Hockey feint Computer giant

___ Malfoy (Harry Potter villain)

his club loser.

You hold: ♠ AJ 10985 ♥ 6 ♠ 1054 ♠ AJ 7. You are the daler with both sides vulnerable.

party 31. Capture 32. Winner's demand

poet 45 Hive member

Tribune Media Services

D.D.E. Tube travelers? 22 Husinesses where the customers call the shots?
26 Indian ____
27 Beetle Bailey's boss
29 '60s war locale
30 Camp David Accords 47 1950s-'60s comic Bruce

accompanying "Beats me"

51 Swarms 52 2009 Cy Young Award winner Greinke

53 "If you ask me," in textspeak

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DAILY OUESTION

er with both sides vulnerable. What is your opening call?

ANSWER: This is a matter of style and temperament. Many experts would open one spade; they would be swayed by the two Quick Thicks and the good intermediates in spades. I wouldn't criticize a one-bid, but in my ludgment, one-bid, but in my ludgment, or my components as well as seek my own contract.

EAST A A J 10 9 8 5 9 6 4 10 5 4 A A J 7 SOUTH 464 WAK9852 AK73 North 2 4 4 ♥ West Pass Pass

AND FRAGILE?











MARVIN













RED & ROVER

















PICKLES

















SUDOKU

Complete the grid so that every row, column and 3x3 box contains every digit from 1 to 9 inclusively.

_	_	, ,	_	-		,.		
		1	4	5	2	7	9	
	7		3	6	8			
8	4	5						
-3	6	2	5					3
	1		6		9		8	
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						3	4	9
			2	9	4		6	
	8	4	2	3	6	5		
8/21			DI	FFICU	LTYR	ATING:	win	rich

NO KIDDING

EARLY TO RISE

They did it young
1. Bob Kane co-created "Batman" — age 18
2. Pony Express diders — as young as 11
3. Youngest to summit Mount Everest — age 13
4. L. Braille created his system — age 12
5. Youngest to swim English Channel — age 11 years, 11
onths

months
6. Created first graphical Web browser — age 22

Source: World Features Syndicate

ANSWERS TO PREVIOUS PUZZLE

							7		
	9	3	7	8	6	1	5	2	4
ı	6	2	4	3	5	7	8	9	1
	7	6	1	9	4	3	2	8	5
	2	4	3	5	7	8	9	1	6
- 1	5	8	9	1	2	6	3	4	7
	1	7	8	4	3	2	6	5	9
							1		
	3	5	2	6	1	9	4	7	8

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Experienced
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Everett , WA

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GEMBIN (May 21-June 20): You can
settle an emotional difference you
have with someone if you are honest
about the way you feel. Take advanabout the way you feel. Take advanregrets. Past experience will play a rule
in helping you get what you want now.

CANCER (June 21-July 22): An emoCANCER (June 21-July 22): An emo-

in helping you get what you want now.

CANCER (bung 21-bdy 22; An emotional matter is likely to influence the
way you do things. Don't trust anyone
with an important job that needs your
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will help you earn respect. Much can
un trust. Working as a team player
will help you earn respect. Much can
wristle and welcome the changes that
come along with sharing space or plans.

VIRGO (Aug. 23-Sept. 22): Don't take on too much. Before you go down that path, make sure you take care of per-

SAGITARIUS (Nov. 22-Dec. 21): Share your knowledge and you will get good leedback as well as the go-ahead to proceed with your plans. Helping others will bring you far more returns than expected. ****

CAPRICORN (Dec. 22-Jan. 19): You may think you have control, but emotional matters will bring the same process.

CAPRICORN (Dec. 22-Jan. 19): You may think you have control, but emotional matters will throw you off your game. Don't make assumptions; dig deep and find out what you need to know before you make a move. A partnership may be jeopardized by what you do or say.

fer. ★★★★

PISCES (Feb. 19-March 20): A partnership with someone creative will pay
off. Expand your knowledge through
networking functions, reading and personal improvement projects. Make sure
you are readily available to take part in
an event that can enhance your plans.
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What to drink for workouts

Drink water

before exercise and a sports drink with carbohydrates after.

By BARBARA QUINN

Headaches. Fatigue. Lack of alertness. No, these are not the signs of staying up late watching TV. They are the tell-tale signs of dehydration — the excese loss of fluids from the body.

We've heard it before. Water is the most abun dant nutrient in our body. It's the primary ingredient in muscles, blood and other body cells. Without it, body processes become sluggish and inefficient. No doubt, lack of fluids can kill us much quicker than

lack of food. Athletes have special fluid needs because they are athletes. For example, I learned that well-trained less — than the rest of us. Why? Because water (per-spiration) is what keeps these extremely active bodies from overheating. Cool. And just because we're

not running 26 miles with 600 other athletes does not mean we don't need to pay attention to our own water needs. Here are some hydration reminders from sports nutrition experts

Check your urine. If it's the color of straw or lemonade, you're appro-priately hydrated, experts say. Dark or apple juicecolored urine signals dehydration, or the need for more fluids

Check your weight. Before you exercise. After you exercise. Performance suffers with as little as 2 percent loss of fluid Restore every pound you lose during exercise with a pound or so (16 to 24 ounces) of fluid.

Drink plain water before vou exercise. It's the best

choice for most of our activities that last less than

90 minutes. Sip on about 4 ounces (½ cup) of fluid after about 15 to 20 minutes of exercise. If your workout goes beyond 90 minutes, add a sports drink that con tains some carbohydrates (sugar) plus electrolytes such as sodium and

potassium

Good choices for sports drinks, cording to sports nutrition experts, are those that are moderate in calories (about 50 to 70 calo ries per 8-ounce cup), moderate in sodium (not more than 110 to 220 milligrams), and high in potassium. BTW, cold beverages help cool the body and have been found to be better absorbed.

Replenish energy stores and electrolytes after intense exercise. Fating or drinking foods that contain protein and carbohydrates within a half-hour after vigorous

back into depleted mus-cles, researchers say. Chocolate milk, for example, has been found to have the perfect ratio of carbohydrates to protein for recovery after an activ-ity that lasts more than an

Pay attention to calcium and magnesium-rich foods. Muscle cramps can result when these minerals are low. Good sources of calcium and magnesium? Milk, yogurt, spinach, nuts and seeds, whole grain breads, cereals, crackers

Take it easy with protein drinks. Beverages loaded with extra protein can actually increase the risk for dehydration. They are not recommended as fluid

replacement drinks.

Barbara Quinn is a registered dietitian and certified diabetes educator at the Community Hospital of the Monterey Peninsula. Email her at barbara. quinnchomp.org.

How to stay cool and look cool

THE WASHINGTON POST

Here are some ways to look cool when you're hot: ViewSPORT (\$25 and

up, viewsport.us): Rather than be embarrassed by sweat, embrace it with these shirts that display hidden messages when you soak through them (either with perspiration or water). Phrases such as "I Am a Beast," "Earn It" and "Be Elite" are admittedly cheesy, but the big reveal is incentive to work harder. Also available in kid styles.

Sheex (starting at \$159 for a set, sheex.com): Athletes wear wicking fabrics when they work out, so why not sleep on them, too? A better night's rest can trans-late to a better game the next day. That's the concept behind the "world's first performance bed sheets," created by a pair of wom-en's basketball coaches in

Bath and Beyond

SweatHawg (\$20, sweathawg.com): Oregon cyclist
John Rahm couldn't keep sweat from dripping into his glasses until last September, when he sewed an absor-bent piece of felt to a do-rag and placed his creation inside his helmet. The dry ride convinced him he needed to manufacture and market this cap. Look out for a headband version soon.

HEALTH RESOURCES

Providence Regional Cancer Partnership: 1717 13th St., Everett. Call 425-297-5500 or see everet. Call 4.2-297-5500 of see www.cancerpartnership.org for more information: Click on "Sup-port Services," then on "Classes" or "Support Groups."

■ Classes include weight loss, art therapy, cancer and sleep, gentle yoga, mindfulness-based stress reduction, nutrition, weight loss and "Look Good, Feel Better" for

■ Support groups are offered for caregivers, survivors and people diagnosed with breast cancer, lung cancer prostate cancer and stage IV cancer

Providence Regional Medical Center Everett: Colby campus, 1321 Colby Ave.; Pacific campus, 916 Pacific Ave.: Pavilion for Women and Children, 900 Pacific Ave. Call 425-304-6000 to learn more about classes or see www.providence. org: Click on Everett, then "Health Information & Classes."

■ Classes include heart health smoking cessation, hip and knee pain, CPR and first aid, blood presure, baby-sitting, pregnancy and childbirth preparation, cesarean birth, infant care, sibling preparation, new dads, car-seat safety and parenting.

■ Support groups are offered for with cancer, sleep apnea, lung disease, heart disease and stroke, caregiver stress and bereavement including separate grief groups.

Skagit Valley Hospital and re-gional clinics: Call 360-814-2424 to sign up for classes or see www skagitvalleyhospital.org/events.

■ Classes include doctor presenta tions, diabetes, AARP driver safety, predialysis education, pulmonary rehabilitation, joint replacement, childbirth preparation, breast feeding and newborn care, and ca seat safety

■ Support groups are offered for children of cancer patients and people dealing with heart probiems, bereavement and ostomy, and "Look Good, Feel Better" for women dealing with skin and hair changes associated with cancer.

■ Health screenings, offered for free or low cost, include heart and ascular, stroke and aneurysm, skin ancer, bone density, cholesterol, diabetes, blood pressure, heart health and vitamin D.

Safe Harbor Free Clinic: 9631 269th St. NW, Stanwood, near the corner of 271st Street and 97th ie; 425-870-7384 or 888 550-6277. See www.safeharboreclinic.org for driving directions This clinic serves uninsured and underinsured clients from 6 to 9 p.m. Friday nights on a first-come, first-served basis, including chroni and basic acute illnesses, baby and well-child checks, childhood immunizations and referrals to services in Snohomish and Skagit counties

Swedish Edmonds: 21601 76th Ave. W., Edmonds. Call 206-386-2502 to sign up for class or see www.swedish.org: Click on "Classes & Resources," then "Health Classes."

Class topics include fall prevention, diabetes prevention, weight loss, nutrition, stroke prevention, baby-sitting, cholesterol, blood pressure, chronic pain, AARP driver safety, growing up male for tweens, growing up female for tweens, joint replacement, sibling prepara-tion, CPR and first aid.

■ Support groups are offered for new mothers, caregivers and people struggling with grief, and

Valley General Hospital: 14701 179th Ave. SE, Monroe; 360-794-1411. See www.valleygeneral.com and click on "Classes & Events."

■ Class topics include childbirth preparation, car seat safety, CPR, first aid, baby-sitting, prediabetes mental health, fitness and AARP

Support groups are offered for ■ Support groups are offered for people coping with diabetes and cancer, including patients, caregivers, family members and friends, and "Look Good, Feel Better" for

Smoots: Short of breath?

From Page C1

Repeat for 10 to 20 minutes every 2 to 3 hours during waking hours for the first 1 to 2 days. Use a thin towel to protect your skin from the cold.

Also, loosely wrap the injured area with an Ace bandage. And elevate it gher than your heart Taking an over-the-counter nonsteroidal anti-inflammatory drug like ibuprofen or naproxen may help as well. Carefully follow directions on the label.

Seek medical care: If the injury becomes severely painful, swollen or discolored; weak, numb or deformed; or symptoms last more than two days.

What causes shortness of breath?

The medical term for breathing difficulty is dyspnea. The common problem is characterized by sensations of running out of air and not being able to breathe fast or deep

enough A variety of disorders from simple to serious can trigger abnormal or uncomfortable breathing. Among the culprits, heart or lung ns occur the most often. Nonrespiratory factors such as panic attacks, pain or hyperventilation may be involved as well.

Here are some of the more serious disorders that can lead to shortness of

Heart problems such as heart attack, coronary artery disease, heart failure, arrhythmia, or anemia. Lung diseases like pneu

monia, asthma, chronic bronchitis, emphysema, pneumothorax (air leaking from the lungs), or pulmo-nary embolism (blood clot in the lungs). Upper airway obstruction

such as foreign body aspira-tion, epiglottis (infection of

the throat opening), croup, or mononucleosis.
Other conditions includ-

ing medication effects drug overdose, metabolic problems, and muscle or nerve disorders.

Since breathing trouble can be serious, see your physician promptly for an evaluation if you experience shortness of breath.
For more information:

American College of Sports Medicine, www.acsm.org; American Academy of Family Physicians, http:// familydoctor.org.

Dr. Smoots is a family

physician in Seattle. Send comments to readers@ drsmoots.com or visit www. drsmoots.com. Dr. Smoots' columns are not intended as a substitute for medical advice or treatment Before adhering to any recommendations in this column consult your health care provider.
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MD, LLC.

Picky: Craftsmanship's value

From Page C1

he's constantly scouting roadsides for anything potentially fun or useful. He loves bringing things home, and loves watching these shows for the excite ment of scoring something awesome at little or no

The stuff today being made is garbage compared to the stuff back then," Heckman said. "They took their time and put effort into making it.

Craig Dalen, who coor-dinates sustainability programs at Grantham College in Pennsylvania College in Pennsylvania, sees this as a strong explanation for the popularity of these shows. "Many goods now are designed to break down and need to be replaced, and our desires are socially engineered to want more, better, the latest. I think some are rediscovering the value in these goods because of the craftsmanship and the materials." Two shows that pre-

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"American Pickers" spin-off "Picked Off" — raise the bar by merging the junk-hunting genre with competition. "Picked Off" has a \$10,000 grand prize, while the "Market War-riors" winner only earns "bragging rights for eclips-ing his peers," according to the show's website.

DIY desire

For the "Picker Sisters" and "Junk Gypsies," it's all about what these found goodies can become. These shows, along with sites like Pinterest, offer fresh and sometimes outrageous ideas for affordable do-ityourself projects.

Whether many viewers actually try their hand at a project is another question. But it's fun to see some one turn a chipped sink into a flower-filled planter rather than tossing it into a landfill, even if you'll never attempt a similar task.

Although the creation and sale of DIY items via sites like Etsy.com is a trend, "we are also creating in many ways a voyeuristic

consume the data and information," Dalen said "It's easy to organize and pin it for a day."

The hosts

Junk-hunting hosts and competitors fall into two major camps: the fierce, take-no-prisoners people who bristle with bravado, and the folksy, charming people you'd love to invite over for dinner.

The friction-filled fam ily on "Pawn Stars" can't close a deal without an argument, while tattooed Darrell Sheets lovingly bumps heads with his son Brandon on "Storage

Mike Wolfe and Frank Fritz, the stars of "American Pickers," invariably incur the biting sarcasm of their office manager, Danielle.

Dalen thinks that as the rate of change in our lives keeps accelerating, our hunger to look back toward an era of relative stability — "this nostalgic kind of grasping onto what we had" — is only likely to

ENTER TO WIN

SAFEWAY ()

ENTER ON: **AUGUST 22 TO AUGUST 26**

Simply stop by and enter at any of the following Safeway locations and you could win a \$200 Safeway Shopping Spreet Contest is open to ALL Safeway customers including current HERALD subscribers! (see Herald booth at store for details, times listed below)

ARLINGTON MILL CREEK **SNOHOMISH**

20500 Olympic Place 13314 Bothell Evt Hwy 1119 13th Street **AUGUST AT** 2 Sant

our body. It's the primary ingredient in muscles blood and other body cells. Without it, body processes become sluggish and inefficient. No doubt, lack of fluids can

kill us much quicker than lack of food. Athletes have special fluid needs because they are athletes. For example, I learned that well-trained athletes sweat more - not than the rest of us. Why? Because water (per-spiration) is what keeps these extremely active bodies from overheating. Cool.

And just because we're not running 26 miles with 600 other athletes does not mean we don't need to pay attention to our own water needs. Here are some dration reminders from sports nutrition experts

Check your urine. If it's the color of straw or lemonade, you're appro-priately hydrated, experts say. Dark or apple juicecolored urine signals dehydration, or the need for more fluids.

Check your weight Before you exercise. After you exercise. Performance suffers with as little as 2 percent loss of fluid. Restore every pound you lose during exercise a pound or so (16 to 24 ounces) of fluid.

Drink plain water before you exercise. It's the best

calories (about 50 to 70 calo ries per 8-ounce cup), moderate in sodium (not more than 110 to 220 milligrams), and high in potassium, BTW, cold beverages help cool the body and have been found

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Valley General Hospital: 14701

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women dealing with skin and hair changes associated with cancer.

Free mammograms: By ap-pointment for the uninsured or

underinsured, Citrine Health, 2817 Rockefeller Ave., Everett; 425-259-9899; www.citrinehealth.org.

HIV testing: Walk-in, 5 to 7 p.m. Tuesdays, 3020 Rucker Ave., Everett, or 5 to 7 p.m. second and fourth

ndays, 6101 200th St. SW, Lyn-ood; free for those who qualify

\$78 for patients at low risk; other times by appointment, all offered by the Snohomish Health District, 425-339-5298, www.snohd.org.

YWCA Pathways to Work: Free daytime workshops for people reentering the workforce. Weekly

classes, which are three hours long include how to set goals, build self-esteem, translate life experiences into marketable skills, create great

resumes, practice interviewing skills and learn where to get training and find work. Call 425-258-

2766, ext. 226 or write Brenda Patrykus at bpatrykus@ywcawo org to register. Space is limited.

CARFERS

driver safety. ■ Support groups are offered for

CHECKUPS

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Ave. W., Edmonds, Call 206-386-2502 to sign up for classes or see www.swedish.org: Click on "Classes & Resources," then

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Dr. Smoots is a family physician in Seattle. Send comments to readers@ drsmoots.com or visit www. drsmoots.com. Dr. Smoots columns are not intended as a substitute for medical advice or treatment. Before adhering to any recommendations in this column consult your health care provider. © 2012 Elizabeth S. Smoots,

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Mike Wolfe and Frank

ARLINGTON MILL CREEK **SNOHOMISH**

MARYSVILLE

20500 Olympic Place 13314 Bothell Evt Hwy 1119 13th Street 1258 State

Congratulations to **Beckie Johnson** Winner of the July Shopping Spree



ere with Ryan Strand, Nigh

inter at The Herald booth from Noon to 6 p.m., Wednesday, August 22 to Fridi August 24 and 10 a.m. to 5 p.m., Saturday, August 25 and Sunday, August 26 One entry per person, per day, No purchase necessary, Must be at least 18 years of age to enter. Vold where ponibited. One winner will be selected every month. See the Dally Herald representative for contest rules.

Herald

AUGUST AT TULALIP BINGO



FREE 1-ON HAWAIIAN BLACKOUT

FRIDAY 7PM AUGUST 17

uest will receive (1) FREE will determine odd/even s to be covered, ploying ar slockout, single winner will a "Hawoiion Trip" vauched at \$2,000 or \$1,500 \$1,000 Cosh.

\$5 OFF BINGO

Any 11AM or 7PM Session



HAWAHAN LEI HOT SEAT DRAWING

SATURDAYS

AUGUST 4, 11, 18 & 25

sessian. Each winner will choose a "Hawaiian Lei" ta determine prize.

Winners must be present and ploying with a valid bingo receipt to claim prize. No Seat Hopping Allawed.



CASH DRAWING

SUNDAY - AUGUST 26 (10) Winners drawn of 11AM, 3PM & 7PM Sessions. Guests

may obtain entry forms
August 1st - August 25th
at holf time just for playing a bing
slot machine. Drawing winners will
be announced at each session
halftime August 26th.

Winners must be present on ploying Bingo or bingo Slots win. Guests may win more thon one prize.

Valid 8/01/12 - 8/31/12

TULALIP 1-800-631-3313

WITH THIS AD

HERALD | WWW.HERALDNET.COM/SPORTS | TUESDAY, 08.21.12



Mariners

Michael Saunders hits two two-run homers as Seattle beats the Indians 5-3 for its sixth straight victory, D3

COMMUNITY SPORTS



Willie Steele (left), Daniel Matalomani (center) and Ezra Chavez (right) listen as coach Steve Hume gives instructions for a dribbling drill at a basketball clinic at Grace Academy in Marysville

Basketball goes high tech

/ THE HERALD Coach Steve Hume watches Daniel Matalomani as he dribbles two haskethalls obstacles.



Steve Hume uses a shooting machine and motion-sensor basketballs to improve player's skills at his clinics.

By AARON LOMMERS

ARYSVILLE -Granite Falls boys varsity basketball coach Steve Hume has a passion for basketball. He also has a passion for helping

others get better.

That's why Hume created a basketball clinic for local players, mostly at the high school and college level that want to improve their games. Hume works out the players twice a week and at those pra the players get the opportunity to use a few of the more extravagant teaching tools he has at his disposal.

Hume's approach is largely

technologically based. The Gun 8000 shooting machine made by the Shoot-a-way company and the motion-sensor basketballs made by 94fifty Sports Technologies Hume uses can be found at any one of his practices. These aren't just any old tools; the Gun 8000 keeps track old tools; the Gun 8000 keeps track of players shouting percentages from different spots on the floor and helps the players work on the arc of their shot. The 94hfty basketballs keep track of everything from revolutions of the ball on a jump shot to the amount of time it takes to get a

shot up after a pass.

These tools offer a technological approach to helping players improve their shooting. They also

aren't cheap. Hume said the Gun 8000 cost about \$6,000 and the motion sensor basketballs and the computer that comes along with it cost \$2,000. Hume paid for both on

his own dime.
On top of that, Hume said he isn't interested in turning a profit with his basketball camps, only helping nis basketotal camps, only neiping players get better. The money he charges, \$100 per month, goes to gym rentals, buying equipment and to pay liability insurance. Hume's technological approach is innovative and rare. It is also fun for

the players, but make no mistake, the practices are rigorous and push

See HIGH TECH, Page D4

AquaSox's Unsworth has a style all his own

Pitcher from South Arica has exceeded



Ems top Aquasox 5-1

By NICK PATTERSON

EVERETT - Opportunity knocked for the Everett



JOE DYFR / THE HERALD

Willie Steele (left), Daniel Matalomani (center) and Ezra Chavez (right) listen as coach Steve Hume gives instructions for a dribbling drill at a basketball clinic at Grace Academy in Marysville.

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See HIGH TECH, Page D4

AquaSox's Unsworth has a style all his own

Pitcher from South Arica has exceeded expectations of Mariners' organization

> By Nick Patterson Herald Writer

EVERETT — Dylan Unsworth has had to make many adjustments in pursuit of his dream of the big leagues. The Everett AquaSox pitcher had to adjust to growing up fast, beginning his professional career at the tender

age of 17. He had to adjust to a new culture, coming alone to

the United States from his native South Africa.

And he had to adjust to playing against competition in a country where baseball is far higher on the food chain than in his home country.

But Unsworth's biggest adjustment is still a work in

progress.

"Probably his biggest adjustment now is fashion," AquaSox pitching coach Rich Dorman said with a wry expression. "He'll wear a pink shirt with pink shoes, and I'm sure he gets looked at going to the mall. I guess that's cool in South Africa."

Responded Unsworth, who also sports some flam-boyant tattoos: "I get it from my teammates every day. But growing up I liked to match my clothes. If I'm

See UNSWORTH, Page D2



uasox pitcher Dylan Unsworth charts pitches during a game earlier this month at Everett Memorial Stadium.

Ems top Aquasox 5-1

By Nick Patterson

- Opportunity knocked for the Everett AquaSox early in their game Monday night against the Eugene Emeralds. However, the Sox didn't answer the door, and opportunity never stopped by for another house call.

Everett stranded nine runners on base during the first

innings, and theSoxsuccumbed to the Eugene Emeralds 5-1 at Everett Memorial Stadium

Everett put two TONIGHT'S GAME runners on base in four of the first Eugene at Everett, 7:05 p.m. Radio: KRKO (1380 AM)

five innings, and in the fifth the Sox

in the hith the Sox advanced their lone runner to third. But Everett was unable to capitalize on any of those chances, stranding six runners in scoring position. Then the Sox didn't get much of anything going offensively in the final four frames. The one run Everett scored came in the bottom of the ninth and was essentially considerable but the Turnalde.

tially conceded by the Emeralds.

"It was a tough one," Everett manager Rob Mummau said. "We had our opportunities early on, we just left a bunch of guys on base, and they got some clutch hits

See SOX, Page D2

CALENDAR

AUGUST



5 p.m., Fri., Aug. 24





HOME

TELEVISION

TODAY

Little League World Series 10 a m Little League World Series 1 p.m. Little League World Series Cleveland at Seattle 7 p.m. ROOT RASKETBALL Minnesota at Seattle 7 p.m.

CYCLING USA Pro Challenge USA Pro Challenge SOCCER Borussia Monchenblad 11:30 a.m. ROOT

bach vs FC Dynamo Kyiv ROOT Helsingborgs IF vs Celtic FC WEDNESDAY

RASERALI Senior League 12:30 p.m. Little League World Series 1 p.m. ESPN N.Y.Yankees at Chicago (AL) 5 p.m. 5 p.m. ESPN Little League World Series CYCLING NBCS USA Pro Challenge 1 p.m. USA Pro Challe 8 p.m.

MOTORCYCLE RACING SOCCER 11:30 a.m. ESPN2 11 p.m. ROOT Malaga CF vs

2:45 a.m. CBUT Women's FIFA U-20 World Cup: Norway vs. Canada 3am ROOT SC Braga vs Udinese

RADIO

TODAY

BASEBALL 7:05 p.m. Eugene at Everett Cleveland at Seattle 7:10 p.m.

RASKETRALI

WEDNESDAY

BASEBALL

12:40 p.m. 710 Cleveland at Seattle 7:05 p.m. 1380

HUSKY BASKETBALL | Notebook



University of Washington head coach Lorenzo Romar says the team will have a different offense this season to match the team's personnel better. However, the team will still remain 'high octane' according to Roman

UW to have new-look offense

Team will switch to more high-post looks according to coach Romar

By Scott M. JOHNSON

SEATTLE - With two underssmen leaving early for the NBA and the program's only recruit deciding to quit before practices even started, the Uni-versity of Washington men's versity of Washington men's basketball program has had plenty of change since the end of st season.

Well, here's more.

Head coach Lorenzo Romar aid Monday that the Huskies will turn to a high-post offense this season — and beyond. Romar said the offense fits this year's personnel and did not shoot down the notion that it could help recruiting in the future.

"I always liked it," Romar said of an offense that was used by the Jim Harrick-coached UCLA teams on which he was an assistant. "It's not like we've never run it before, but it's always been a secondary offense for us.

With a European tour scheduled to begin this weekend, Romar thought the timing was right to begin using an offense that requires big men to handle the ball near the free-throw line and distribute to teammates.
The Huskies used forms of it in
the past, when they had big men like Ion Brockman, but have lately relied on more of a motion

offense based on perimeter play. One thing Romar wanted to make clear was that the new offense, while using the interior players in new roles as distributors, will not mean UW is turning

to a slow-down, half-court game.
"Understand," he said, "we are not slowing the ball down.
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top two scorers Tony Wroten Jr. and Terrence Ross — left early for the NBA, while incoming transfer Mark McLaughlin decided he did not want to play for the Huskies. That leaves a core of point guard Abdul Gaddy, wings C.J. Wilcox and Scott Suggs and 7-footer Aziz N'Diave. Romar also likes

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Washington, longtime Wikings coach
Brad Jackson is a Husky now.
"It's a big change for me, personally," said Jackson, who spent the
post 27 years at WWU. "I'm definitely
looking forward to it."
Jackson, whose first day was Monday admitted that he's not sure what
his main role will be at UW. But the
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challenge motivated him to leave his longtime position to be an assistant on Romar's staff.

"As you get down to where you're finished working," the 60-year-old As you get down to where you're finished working," the 60-year-old Jackson said, "you don't want to look back at things you never got to do."

When asked whether he believed his head coaching days are behind him, Jackson said: "Never say never. But I'm here to coach on this staff."

AOUASOX | Update





Today's Game

Opponent: Eugene Emeralds When: 7:05 p.m. Where: Everett Memorial Stadium

Radio: KRKO (1380 AM)

Probable starters: Everett righthander Dylan Unsworth (6-1, 3.91 ERA) vs. Eugene right-hander Will Scott

M's Hall of Famer Wilson pays a visit

EVERETT — A prominent AquaSox alum was back at Everett Memorial Stadium on Monday — even if his en-tire stint with the Sox consisted of one

Former Seattle Mariners catcher Dan Wilson, who played one game for Everett in 2000 while on a rehab assign-ment, was with the team to get a first-hand look at some of Seattle's minor-

league prospects.

"I'm just kind of looking at what the team has this year," Wilson said. "I know it's close to the end of the season,

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Wilson's one game for the Sox came on July 13, 2000, as he recovered from a strained oblique muscle. He went 1-for-2 with a solo home run, but the Sox 2 with a solo home run, but the Sox 11 don't remember too much," Wil-son said of the game. "I just remember July 10 member 10 member 10 member 10 member 10 playing one game. It was a long game — I think we had a pitcher who was struggling all title bit. But I remember it fondly. What a great place to come get ready to go."
Wilson concludes his time with the Sox today. Sox today

Switching it up

Sox catcher Marcus Littlewood has had a nice season at the plate. How ever, almost all of the

switch hitter's damage has been done from the left side. Prior to Sunday's game Little-wood was batting .272 wood was batting 272 left-handed versus 184 right-handed, and almost all of his power came from the left side. Littlewood Marcus

left side. Littlewood was slugging a robust 493 left-handed while slugging a meager 211 right-handed, and all eight of his homers came lefty. So when Littlewood betted a grand slam while batting right-handed Sun-day against Eugene, it came as quite the relief.

home run in a long time," Littlewood said, "It felt good. I'm still working on seeing left-handed pitching and getting better on the right side, but it's coming

Littlewood, who is a natural right-Littlewood, who is a natural right-handed hitter, had just 41 at bats right-handed going into Monday, which is too small a sample size to draw any conclusions. However, he had similar issues last season. Of his nine homers hit last season between Everett and Clinton, eight came from the left side.

"I'm really happy about (Sunday's homer! because it was a good at bat,"

homer) because it was a good at bat," said Littlewood, who turned on a 1-0 changeup from lefty Juan Marcano for his grand slam. "It was a good step in the right direction."

Sox: Offense manages just 5 hits in loss to Eugene

From Page D1

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Ketel Marte was the lone Everett batter to have more than one hit as he went 2-for-5. The Sox managed just five hits.

Everett had its chances against Eugene starting pitcher Justin Hancock. Hancock came into the game with the league's sec-ond-best ERA at 1.79. Yet the Sox constantly threatened as Han-cock gave up two hits and four walks during his four innings. However, the hard-throwing

right-hander somehow navigated his way through the mess, working out of jams with the aid of six strikeouts

"He got some big-time strike-outs," Mummau said of Hancock. "He stepped it up when he got men on base tonight, so hats off to him.

Everett starter Steven Ewing had a solid effort, but received nor run support and saw his record fall to 3-2. The lefty went 5% innings, allowing three runs on seven hits and one walk. He struck out four.

Eugene opened the scoring in the top of the third. Alberth Martinez led off with a single, advanced to second on a passed ball, took third on Mallex Smith's sacrifice bunt, then scored on Adamson's single to center, giving the Emeralds a 1-0 lead.

Meanwhile, the Sox were busy stranding runners. Everett two runners on base in each of the first three innings. In the third the Sox had runners at second and third with nobody out, but Hancock struck out Marcus Littlewood and Alfredo Morales before getting Janelfry Zorrilla to ground out, and a zero remained in Everett's runs column.

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Those clutch hits came for Eugene in the fifth. With two on and two out, Smith placed a drag bunt to just the right spot on the right side of the infield, scoring Dane Phillips from third. Then Adamson smacked his second RBI single of the game to right, making it 3-0.

Eugene added a fourth run in the seventh as Adamson was at it again, this time lining an RBI sin-gle over a drawn-in infield. The Emeralds tacked one more on for good measure in the ninth on Jeremy Baltz's RBI single up the

verett avoided being shut out in the ninth, in large part because of Eugene's lack of interest. With one out Mike Faulkner walked, second on indifference. third on a wild pitch, then scored uncontested on Iamodrick McGruder's flyout to shallow

Monday's box score Emeralds 5, AquaSox 1

		5		101	020	001				Eugene
1	5	1	32		otals	5	12	5	36	Totals
0	1	1	3	r lf	aulkne		1	1	2	Smith dh
	0	0	3		lebert.		1	1	4	Stevens 2b
	0	0	3		amarri		2	2	4	Martinez cf
	0	0	4		orrilla		2	1	3	Phillips c
	0	0	4		Morale:		0	0	- 4	Quintana 3b
0	1	0			ittlewo		0	0	lb 4	Tissenbaum '
0	1	0			vd 1b		1	0	5	Baltz If
0	2	0		5			2	0	5	Carmon ss
2				5	Aarte s		2		5	

Eugene ab r h bi Everett ab r h bi

Little League World Series 7 p.m. ROOT Cleveland at Seattle BASKETBALL ESPN2 7 p.m. Minr CYCLING NRCS USA Pro Challenge 1 nm

USA Pro Challenge 8 p.m. SOCCER 11:30 a.m. ROOT Borussia Monchenblad

bach vs FC Dynamo Kviv Helsingborgs IF vs Celtic FC WEDNESDAY

ESPN2 12:30 p.m. Cleveland at Seattle FSPN Little League World Series N.Y.Yankees at Chicago (AL) 1 p.m. 5 p.m. 5 p.m. ESPN Little League World Series CYCLING USA Pro Challenge 1 p.m NRCS **NBCS** MOTORCYCLE RACING 9 p.m. NRCS AMA Motorcross

SOCCER Chelsea vs Reading 11:30 a.m. ESPN2 Malaga CF vs 11 p.m. ROOT Panathinaikos 2:45 a.m. CBUT Women's FIFA U-20 World Cup: Norway vs. Canada ROOT SC Braga vs Udinese Calcio

RADIO

TODAY

BASEBALL Eugene at Everett Cleveland at Seattle 7:05 p.m. 1380 7:10 p.m. 710 RASKETRALL

1090 Minnesota at Seattle 7 p.m.

WEDNESDAY

BASEBALL 12:40 nm. 710

Cleveland at Seattle 7:05 p.m. 1380 Spokane at Everett

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in the organization these days. However, he also spends some time roving the minors and adding his expertise. "This is my first stop this year," Wason said. "In past years I've gone to several different spots. I didn't get as much of a chance to do it this year. But I like going in and checking out the different clubs and different players. You a chance to see them in spring train-Jackson happy to be a Dawg ing, and I enjoy getting a chance to see them during the season. "There's just so much to learn about this game," Wilson added about what

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Monday's box score

Eugene	ab	r	h	bi	Everett	ah		h	ь
Adamson rf	- 5	0	- 3	3	McGruder 7	b 3	0	0	
Carmon ss	5	0	2	0 .	Marte ss	5	0	2	ı
Baltz If	5	0	1	1	Ard 1b	4	Ô	1	ı
Tissenbaum	1b 4	0	0	0	Littlewood	0 3	0	1	Ü
Quintana 3b	- 4	0	0	0	Morales ch	4	0	0	ı
Phillips c	3	1	2	0	Zomilla rf	4	0	0	п
Martinez cf	4	2	2	0	Zamarripa	d 3	0	0	
Stevens 2b	4	1	1	0	Hebert 36	3	0	0	
5mith dh	2	1	-1	1	Faulkner If	3	1	1	
Totals	36	5	12	5	Totals	32	1	5	
Eugene		_	_	001	020 10	1 —	5	12	
Everett				000	000 00	1	- 1	5	a

E-Carmon (12). LOB-Eugene 8, Everett 11. 0P-Eu-

Eugene	IP.	Н	R	ER	BB	50
Hancock	4	2	0	0	4	
Wieber W. 1-0	2	1	0	0	1	- 2
Sheperd S. 2	3	2	1	61	- 1	- 3
Home	IP	Н	R	ER	BB	SC
Ewing L, 3-2	5 3%	7	3	3	- 1	- 4
De Jesus	135 -	4	1	1	- 1	- 0
Leone	136	- 1	- 1	1	- 1	

California, Conn. advance at LLWS

ASSOCIATED PRESS

SOUTH WILLIAMSPORT, Pa. The 12-year-old Darmy Marzo drove a breaking ball to the grassy hill beyond the right-field wall to help Petaluma, Calif., advance in the Little League World Series with a 5-4 victory over Parsippany, N.J.,

on Monday.

California's next game is a rematch against Fairfield, Conn., which advanced when Will Lucas tossed a no-hitter in a 2-0 victory over New Castle, Ind. Petaluma beat Fairfield 6-4 on Thursday on Day 1 of the World Series.

Curacao also packed a punch Monday, scoring three times in the fifth inning to rally for a 4-3 victory over Canada in an elimination game.

Mexico edged Taiwan 4-3, and Nebraska will return home with a win after scoring 15 runs in the second inning of a 17-1 victory over Ramstein, Germany in a consolation game.

Unsworth

From Page X1

wearing red'shoes I've got to have a red T-shirt, red watch or something red to match. That's just kind of my style. It makes me feel good

Unsworth's pitching has made the Sox feel good, too.

Unsworth is part of Everett's 1-2 teenage punch at the top of the rotation. Victor Sanchez has received the bulk of the atten-tion because he's just 17, but from a results standpoint the 19-year-old Unsworth has been equally

Unsworth has been a picture of consistency for the Sox this seas In 12 starts the right-hander is 6-1 with a 3.91 ERA. In 71½ innings he's allowed 66 hits, 18 walks and struck out 56. He's gone at least five innings in all but one of his starts Going into the weekend he led the Northwest League in innings pitched and was tied for second in

And Unsworth does it without

blowing people away. The skinny 6-foot-1, 175-pound Unsworth 6-foot-1, 175-pound Unsworth has a modest fastball that sits in the mid-to-upper 80s. However, he paints the corners with it. As a result he gets as many called third strikes as anyone on Everett's

Dorman had no hesitation when asked the key to Unsworth's

"Fastball command," Dorman responded. "He's always been able to command the strike zone. He throws a ton of strikes. He's a competitor, he wants the base-ball, he's good at using his fastball on both sides of the plate, and he's consistent.

consistent.

"He's exceeded our organization's expectations." Dorman
added. "He's been throwing the
ball reallywell, he's competing, and
he's staying healthy. He's getting
stronger. Typically 19-year-old kide
would break down physically kid
so many innings, but he's actually
getting stronger as the seasons
progressed. He's done a great job."
It's been quite the journey. It's been quite the journey to

Everett for Unsworth.

Baseball is well down the list of

popular sports in South Africa, far behind the likes of rugby, track and field, and swimming. Unsworth is just the second South African to appear for the AquaSox, following in the footsteps of shortstop Anthony Phillips, who played for Everett from 2008-10. Unsworth played all those other

sports while growing up, too, but he found himself drawn to baseball. He attended an academy in Italy when he was 16, then was selected to represent South Africa at the 2009 Baseball World Cup.

"When I was at the Italian academy a (Seattle) Mariners scout saw me there," Unsworth said. "Two weeks later I got selected for the men's South African side and pitched great at the World Cup. When I got back the Mariners scout was waiting with a contract, and here I am.'

After signing with the Mariners Unsworth packed up and headed to the states at 17.

"I didn't finish school and my mom could see I just wanted to be living my dream," Unsworth said. "It was pretty tough my first and second year," Unsworth added. "It was my first time out of the country, by myself, coming for seven or eight months to stay by myself. I was just adjusting to everything that's different, house wise and the environment.

But Unsworth settled in well on the field. His first season, play-ing for Seattle's team in the rookie Arizona League in 2010, he had the distinction of walking just one batter in 50% innings. He struggled a little playing for Pulaski of the rookie Appalachian League last season, but still had a great control record with 10 walks in 61 innings, giving rise to the theory he was throwing too many strikes.

This season the walks are

slightly up, but he's having his best campaign.

"I feel like I've been doing a great job," Unsworth said. "There's been a few games where I've given up a few runs. But I've been throwing a lot of strikes, attacking the zone, getting outs and going long

And he's even adjusted to living in the states - perhaps with the exception of the whole wardrobe

MARINERS | Update





TODAY'S GAME

Cleveland at Seattle, 7:10 p.m. TV: ROOT Radio: 710 ESPN

Starting pitchers: M's right-hander Fe-lix Hemandez (11-5, 2.60 ERA) vs. Roberto Hernandez (0-1, 7.50)

Hernandez honored

SEATTLE — A night before he makes his 28th start of the season, the American League decided to recognize his 25th and named Seattle Mariners ace Felix Hernandez its Player of the Week. "I've been plitching seven years, and that's the first one I've gotten" Hernandez exid

dez said.

Guess pitching the 23rd perfect game in major league history gets it done, although former Mariner Joel Piniero won the award on May 7, 2006,

without one. So it goes.

Asked about the award, manager
Eric Wedge laughed and said "You
would think so!"

Hernandez may have been hap-pier with the news his wife, Sandra and children Mia and Abraham, flew into

children Mia and Abraham, flew into Seattle from Venezuela and will be at his Tuesday start against Cleveland. "The last game was the first home game they missed all season," Her-nander said. "I'm getting them 1-shill like everyone sele sis going to get, and I've got my yellow shirt already. Then there's that "Felix-ing thing." Ah, that. After the final pitch of his perfect game against Tampe Bay last

An, that. After the tinal pitch of his perfect game against Tampa Bay last Wednesday, Hernandez struck a pose unique to him — one leg uplifted, both arms straight up, his right pointer fin-ger aimed at the sky.

or aimed in the sky.

"Frankillo Culterre asked me 'Why
did you do han' and I told him, 'I don'
tow' Hernandez said. 'Thad ho idea
what I was doing, but I've seen pictures
of people doing it all over the place. It's
pretty awesome."
He said he was more than willing to
have the pose show up in 2013 Seattle
Mariners commericials, especially if it
means the end of Larry Bernandez, his
make-believe secret identity.

make-believe secret identity.

"Larry is out," he said. "I'm tired of What was really on his mind

Monday? "Nine more starts," Hernandez said.
"That's what matters most to me."

September call ups

September call ups are around the corner, but Wedge wouldn't get into details other than to say Mike Carp and Franklin Gutierrez are expected back for the final full month of 2012.

Left-hander Dan Hultzen?
"I'm not going to get into that, but
(general manager) Jack Zduriencik and
I have a pretty good idea who we want
here," Wedge said. Left-hander Dan Hultzen?

Short hops

Short hops

The Mariners began the night having won 12 of their last 13 home games — the fourth time in franchise history the team has gone 12-1 at home during some stretch of a season. Seattle also did it in 1991, 1985, 2001, They have never gone 13-1... Jesus Montero got the day off. He's had one hit in 20 at bats this home stand... John Mason at the standard of Safeco Field tonight will get a free "King of Perfection" T-shirt commemorating Hernandez's perfect game — and a "K" Hernandez's perfect game — and a card to wave when Hernandez gets to strikes on a batter.

Larry LaRue, The News Tribune

Yankees' Pineda charged with DUI

By ERIK BOLAND Newsday

CHICAGO · Injured Yankees right-hander Michael Pineda was



The Mariners' Michael Saunders (left) is congratulated in the Seattle dugout after he hit the first of his two two-run homers in Monday's game against the Indians.

M's win sixth straight

Saunders hits 2 2-run HRs in 5-3 win over Tribe

By LARRY LARUE The News Tribune

SEATTLE - There were a few cynics standing around Michael Saunders on Sunday, when he said the Seattle Mariners weren't going to be satisfied with a .500

season. That was the talk. On Monday, Saunders did the walk. Against the Cleveland Indians,

Saunders pulled his team from behind with one two-run home run, then broke a late tie with another as the Mariners won, 5-3

their sixth consecutive victory Home runs by Saunders and Eric Thames put up the runs, but the game came down to the ninth inning, when closer Tom Wilhelmsen loaded the bases with one out and got a Dustin Ackley-to-Brendan Ryan-to-Justin Smoak double

play to end it. Tommy's done such a wonder-"Tommy's done such a wonder-ful job for us the past few months, he's been unbelievable," manager Eric Wedge said. "That's not the way you draw it up, but he exe-cuted pitches when he had to."

That left Seattle five games under .500 (59-64, the closest they've been since May 26 when they were 21-25.

Saunders was changing his tune after hitting homes No. 12 and 13.

"We're not satisfied to have a nice run, get near or to .500," he said. "We want to be a winning

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Monday's box score

020 001

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the right field seats, and the Mariners led 5-3.

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Game over? That would have been too easy, and if these young Mariners have learned anything in 2012, it's that winning isn't easy.

position One of those catches was a foul ball headed into the stands along

STANDINGS

America	n I ea	ane		
America		Olvisio	n	
	W	L	Pct	GB
Texas	71	50	.587	***
Oakland	65	56	.537	6
Los Angeles	62	60	.508	. 91/2
Seattle	59	64	.480	13
Jenerie	Centr	al Oivis	on	
	W	L	Pct	GB
Chicago	66	55	.545	-
Detroit	64	57	.529	2
Kansas City	54	67	.446	12
Cleveland	54	68	.443	121/2
Minnesota	51	70	.421	15
William Cook	East	Oivisio	n	
	W	L	Pct	GB
New York	72	50	.590	_
Tampa 8ay	68	54	.557	4
Saltimore	66	56	.541	6
Roston	59	63	.484	13

chevar 7-11) at Tampa 8ay (Price (E.Santana 6-10) at 8oston (A.Cook

(Tillman 5-2) at Texas (Feldman 6-8), es (Nova 11-6) at Chicago White Sox 5:10 p.m. (De Vries 2-4) at Oakland (Anderson

nd (Ro.Hemandez 0-1) at Seattle ez 11-5), 7:10 p.m.

National League

		Olvisle		
	W	L.	Pct	GB
San Francisco	67	55	.549	-
Los Angeles	67	56 '	.545	1/2
Arizone	62	60	.508	1/2 5
San Diego	54	70	.435	14
Colorado	47	73	.392	19
Coronado	Centra	al Oivis	ion	
	W	L	Pct	GB
Cincinnati	74	49	.602	
Pittsburgh	67	55	.549	61/2
St. Louis	65	56	.537	- 8
Milwaukee	55	66	.455	1B
Chicago	47	74	.388	26
Houston	39	83	.320	34%
Houston	East			
	W	L	Pct	GB
Washington	76	46	.623	-
Atlanta	70	52	.574	6
New York	57	65	.467	19
Philadelphia	57	65	.467	19
Miami	56	67	455	201/2
Whening			amed.	

1.8ailey 10-8) at Philadelphia (Cl.Lee

Coxorado (Chacin 0-3) at N.Y. Mets (C.Young 3-6), 0 p.m. Chicago Cubs (Rusin 0-0) at Milwavizee (Estrada), 5-10 p.m. larrell 10-8) at St. Louis (Walnwright 11-

asco 9-12) at Arizona (Cahill 9-10), 6:40

Pittsburgh (A.L.Burnett 15-4) at San Diego (Mar-quis 6-7), 7:05 p.m. San Francisco (Lincecum 6-13) at L.A. Dodgers anton 8-11), 7:10 p.m.

FOR BOX SCORES OF MONDAY'S GAMES, SEE PAGE D4

I FADERS

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nerican	Lea	gue	
	G	AB	R

82 76 67 47 65 51 76 66 63

	G	AB	R	н	Pct.
McCutchen Pit	118	446	86	157	352
MeCabrera SF	113	459	84	159	.346
Posev SF	111	395	56	129	.327
OWright NYM	118	437	74	140	.320
CGonzalez Col	108	428	78	137	,320
YMolina Sti.	103	385	47	122	.317
Sraun Mil	113	438	79	134	306
Fowler Col	112	369	67	112	.304
Altuve Hou	113	452	68	137	,303

NUMBER OF THE DAY \$142м

Boston outfielder Carl Crawford, who signed a seven-year, \$142 million contract with

Guess pitching the 23rd perfect game in major league history gets it done, although former Mariner Joel Pinlero won the award on May 7, 2006, without one So te com-

Pinlers won the award on May 7, 2006, without one So its goes.
Asked about the award, manager Fine Wedge laughed and said "You would think so!" have been happened to be so have been an addition with a solid per solid so that the solid solid

perfect game against Tampa Bay last Wednesday, Hernandez struck a pose unique to him — one leg uplifted, both arms straight up, his right pointer finger aimed at the sky.

ger aimed at the sky.

"franklin Gutterrez asked me Why,
did you do haff and fold him, I don't
know he mande and fold him, I don't
know he mande he was to be a seen pictures
of people doing it all over the place. It's
pretty swesome.
He said he was more than willing to
have the pose show up in 2013 Seattle
Mariners commerciales, especially if it
means the end of larry Bernandez, his
make-believe secret identity.

"Larry is out," he said. "I'm tired of
Larry."

Larry."

What was really on his min

"Nine more starts," Hernandez said.
"That's what matters most to me."

September call ups

September call ups are around the corner, but Wedge wouldn't get into details other than to say Mike Carp and Franklin Gutlerrez are expected back for the final full month of 2012. Left-hander Dan Hultzen?

Len-nanger Dan Huitzen?
"I'm not going to get into that, but
(general manager) Jack Zduriencik and
I have a pretty good idea who we want
here," Wedge said.

Short hops

Short hops

The Maintens began the night having won 12 of their last 18 home games — the fourth time in franchise history the team has gone 12-1 at home during some stretch of a season. Seattle also did it in 1991, 1985, 2001, They have never gone 13-1... Jesus Montero have never ha

Larry LaRue, The News Tribune

Yankees' Pineda charged with DUI

By ERIK BOLAND

CHICAGO -- Injured Yankees right-hander Michael Pineda was arrested on a DUI charge early Monday morning in Tampa after an officer observed him "weaving from side to side" and driving his

SUV erratically.
Pineda, 23, was pulled over a short Pineda, 23, was pulled over a snort distance from the Yankees' minor-league complex, where he has been rehabbing his surgically repaired pitching shoulder. He was arrested at 3:11 a.m., according to the Hills-

borough County Sheriff's Office.
In his report, the arresting officer described Pineda's eyes as "blood-

shot, watery and glassy."

The officer also said that while talking to Pineda, "I could smell a distinct odor of an alcoholic bev-erage coming from his breath and his speech was slurred."

Pineda registered a .128 and .125 in separate blood-alcohol level tests. The legal limit in Florida is .08. He was booked at 5:35 a.m. and released on a \$500 bond at 11:20 a.m., according to police records.

General manager Brian Cash-man, who acquired Pineda in January in a blockbuster deal that sent top prospect Jesus Montero to the Mariners, declined to com-ment Monday afternoon.



The Mariners' Michael Saunders (left) is congratulated in the Seattle dugout after he hit the first of his two run homers in Monday's game against the Indians.

M's win sixth straight

Saunders hits 2 2-run HRs in 5-3 win over Tribe

By LARRY LARUE The News Tribune

SEATTLE - There were a few cynics standing around Michael Saunders on Sunday, when he said the Seattle Mariners weren't going to be satisfied with a .500

That was the talk. On Monday,

Against the Cleveland Indians, Saunders pulled his team from behind with one two-run home run, then broke a late tie with another as the Mariners won, 5-3 their sixth consecutive victory

Home runs by Saunders and Eric Thames put up the runs, but the game came down to the ninth inning, when closer Tom Wilhelmsen loaded the bases with one out and got a Dustin Ackley-to-Bren-dan Ryan-to-Justin Smoak double play to end it. "Tommy's done such a wonder-

"Tommy's done such a wonder-ful job for us the past few months, he's been unbelievable," manager Eric Wedge said. "That's not the way you draw it up, but he exe-cuted pitches when he had to." That left Seattle five games under .500 (59-64, the dosest

they've been since May 26 when they were 21-25. Saunders was changing his tune

after hitting homes No. 12 and 13.
"We're not satisfied to have a nice run, get near or to .500," he said. "We want to be a winning Wedge has said for weeks now

that his young team hasn't just been learning how to win at the big-league level but learning how to win different kinds of games.

"At this level, to win consis-tently you have to be able to come from behind, win games late that have been close all night, win with pitching, with hitting," Wedge

one had a little of

everything.

Seattle trailed when Cleveland leadoff hitter Jason Kipnis hit the right field foul pole with Kevin Millwood's fourth pitch.

Monday's box score

108—Gleveland 7, Seattle 6,28—CSantana, 17, Carren (2), 38—Dames (2), HR—Kipnis (12), Milhaood, M.Saunders (12), off Jamesez, Thames of Jimesey, Kasunders (13), off Jamesez, Thames 2 (20), As Cabrero (2), M.Saudons M.Saunders (13), off Jamesey, Kasunders (13), off Jamesey, Kasunders (13), off Jamesey, Jamese

That started a night of comebacks, by both teams, that turned into a battle of the bullpens late. The Mariners had more come-

The Mariners had more come-backs—and the better bullpen. "This was just a dog fight all night," Saunders said. Saunders put the Mariners ahead in the third inning after Dustin Ackley's two-out infield single, hitting an Ubaldo Jimenez. fastball high and deep over the center field wall for a 2-1 lead.

A three-hits-and-a-walk Indi-ans rally in the fifth inning let Cleveland leap frog to a 3-2 lead, and a small Safeco Field crowd of

14,687 grew restless.
Good as he was, Saunders wasn't working alone Monday.
"Eric Thames has settled in

nicely with this team, gotten com-fortable with his role, comfortable with his teammates," Wedge said. You have to let players play, then have conversations. You have to see them first."

Two outs into the sixth inning, right fielder Thames — obtained from Toronto in the July Steve Delabar traded — homered to

center field to even it up again.
Since joining the Mariners last
month, Thames has batted .286 with two home runs and seven

By the time the Mariners tied it, both Millwood and Jimenez were

In the seventh inning, shortston and No. 9 hitter Ryan opened with a walk, Ackley bunted him to second base and Saunders fell hind in the count, 0-2.

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Saunders hit that second home run—his third in two days—into the right field seats, and the Mariners led 5-3. Game over? That would have been too easy, and if these young

Mariners have learned anything in 2012, it's that winning isn't easy. Wilhelmsen got into big trou-ble with one out, got a visit from pitching coach Carl Willis, then got a ground-ball double play and his 18th save.

Left fielder Trayvon Robinson

had the busiest night in franchise history, catching 10 fly balls to set a team record for put outs at the position. One of those catches was a foul

ball headed into the stands along the foul line. On the dead run, Robinson went up and over the wall and snatched the ball several seats deep.

"He's one hell of an outfielder," Saunders said. "You have no idea how tough that play is."

50-year-old Clemens to start minor league game

Associated Press

- Roger Clem-HOUSTON ens' signing with the Sugar Land (Texas) Skeeters has some won-dering if it is the first step in a return to the majors.

The 50-year-old Clemens signed with the Skeeters of the independent Atlantic League on Monday and he is expected to start for the minor league team on Saturday at

minor league team on Saturday at home against Bridgeport. "His fastball was clocked at 87 mph. All of his pitches were working," said Randy Hendricks, Clesnens' agent. "He threw a three-inning simulated game after

an extensive workout warmup."

an extensive workful warmup.
Clemens and Skeeters manager
Gary Gaetti have been talking
about this "for months," Hen
dricks said. Clemens is expected
to discuss his decision Tuesday during a news conference in Sugar Land, about 20 miles southwest of

Clemens, acquitted in June of charges he lied to Congress when he denied using performance-enhancing drugs, hasn't played for a team since pitching for the New York Yankees in 2007 at the age of 45. He went 6-6 in 18 games with a 4.18 ERA that season.

Tex is Rangers pitcher Roy swalt, a former teammate

of Clemens with the Astros, is excited about his friend's return to hasehall

"I think he's going to show everybody that all that stuff that everybody that all that stuff that he had to go through had nobthing to do with the success he had in the big leagues." Oswalt said. "He said he's going to do it a little bit and see how his body responds. I wouldn't be surprised next year if he's pitching in the big leagues for somebody."

Clemens earned \$160 million and wan 334 earnes in a 24-year

and won 354 games in a 24-year career with the Red Sox, Yankees, Blue Jays and Astros. His 4,672 strikeouts are third-most and he was named to 11 All-Star games. 5:05 p.m. N.Y. Yankees (Nova 11-6) at Chicago White Sos (Uriano 4-10), 5:10 p.m. Minnesota (De Vries 2-4) at Oakland (Andersor (Urlano 4-10), 5:10 p. (Urlano 4-10), 5:10 p. (Urlano 4-10), 7:05 p. (Urlano 4-10), 7:05 p. (Urlano 4-10), 7:05 p. (Urlano 4-10), 7:10 p.m. (Urlano 4-10), 7:10 p.m.

National League

GB

p.m. ati (H.Bailev 10-8) at Philadelphia (Cl.Lee 2-7), 4:06 p.m. Colorado (Chacin 0-3) at N.Y. Mets (C.Young 3-6),

Colorado (Chacin 0-3) at N.Y. Mets (C.Young 3-6 0 p.m. Chicago Cubs (Rusin 0-0) at Milwaukee (Estrac), 5:10 p.m. errell 10-8) at 5t. Louis (Walnwright 11-

10), 5:15 p.m. Miami (Nolasco 9-12) at Arizona (Cahill 9-10), 6:40 p.m. Pittsburgh (A.J.Burnett 15-4) at San Diego (Mar-quis 6-7), 7:05 p.m. San Francisco (Lincecum 6-13) at L.A. Dodgers (Blanton 8-11), 7:10 p.m.

> FOR BOX SCORES OF MONDAY'S GAMES, SEE PAGE D4

LEADERS

American League

National League

86 84 56 74 78 47 79 67 68 76

NUMBER OF THE DAY \$142_M

Boston outfielder Carl Crawford, who signed a seven-year, \$142 million contract with the Red Sox in 2010, will have season-ending surgery on his left elbow Thursday.

Crawford has been playing with pain since coming off the disabled list last month and will have Tommy John surgery.

Crawford has been a major disappointment since signing with Boston. Last season, he batted .255 with 11 home runs and 56 RBI, and had only 18 steals after swiping 107 bases combined in the previous two seasons with Tampa Bay

He missed the first 89 games this season while recovering from left wrist surgery.

He partially tore his elbow liqament in April while rehabbing, slowing his return. Crawford was activated from the disabled list July 16 and was batting .282 with three homers and 19 RBI.

Herald news services

Augusta National invites first two female members

By Doug Ferguson

NEW YORK - The home of the Masters now has green jackets for women.

In a historic change at one of the world's most exclusive golf clubs, Augusta National invited former Secretary of State Condoleezza Rice and South Carolina financier Darla Moore to become the first female members since the club was founded in 1932.

"This is a joyous occasion,"

chairman Billy Payne said Monday. For some, it was a long time

Martha Burk and her women's advocacy group first challenged the club 10 years ago over its all-male membership. The debate returned this year when IBM, one of the top corporate sponsors of the Masters, appointed Virginia Rometty as its chief executive. The previous four CEOs of Big Blue had all been Augusta National

members. The battle ended in typical style

for Augusta National, with an understated announcement that

left even Burk stunned.
"Oh my God. We won," she blurted out when contacted by The

Associated Press Burk was not the first advocate to draw attention to women being left out, but it was an exchange with former chairman Hootie Johnson in 2002 that ignited the issue. Feel-ing as though the Augusta National was being bullied, Johnson stood his ground, even at the cost of

cutting loose television sponsors

for two years, when he famously said the club might one day ask a woman to join, "but that timetable will be ours and not at the point of a bayonet."

The comment became either a slogan of the club's resolve not to yield to public pressure or a sign of sexism, depending on which side of the debate was interpret-

ing it. Johnson, who retired as chairman in 2006, said Monday in a statement to The State news-paper in Columbia, S.C., "This is wonderful news for Augusta National Golf Club and I could not be more pleased. Darla Moore is my good friend, and I know she and Condoleezza Rice will enjoy

the Club as much as I have."

Johnson and Moore have roots Johnson and Moore have roots in South Carolina and banking, and they worked together on a \$300 million capital campaign for the University of South Carolina. Rice recently was appointed to an influential U.S. Golf Association committee that nominates members to the executive board.

RASFRAII

American League box scores Rays 5, Royals 1

Elhnsn ss 4 0 2 1 001 000 000—1 011 2t0 00x—5

Rangers 5, Orioles 1

100 000 000-1 000 3t0 0tx--5

ez L,5-3 HBP—by Mig.Gonzalez (Soto) ster. T—2:42. A—36,257 (48,194).

White Sox 9, Yankees 6

Przyns c 5 1 3 1 Viciedo # 4 0 1 1 AlRmrz ss 3 1 1 2 Bckhm 2b 3 2 2 1

36 913 9 | LOB—New York 12, Chicago | Konerko (18), HR—Jette (1), (36), AlR.amirez (7), Beckham | Nios (18), HR—S (8), HS—S (18), HS—S (18),

nal lyers W,2-1

Twins 7. Athletics 2

220 200 010-7 011 000 000-2

National League box scores

EBurnett lakland lcCarthy L,6-5

Padres 3, Pirates 1

Marlins 12, Diamondbacks 3

Nationals 5, Braves 4 (13)

BASKETBALL

WNBA 4 5 6 11 17 GB

FOOTBALL

onal Football League

Philadelphia 27, New England 17
Thursday's games
Green Bay at Cincinnati, 4 p.m.
lacksonville at Balbimore, 4:30 p.m.
Arizona at Tennessee, 5 p.m.
Friday's games
New England at Tampa Bay, 4:30 p.m.
Philadelphia at Cleveland, 4:30 p.m.
Atlanta at Milami, 4:30 p.m.

at Minnesota, 5 p.m. Kansas City, 5 p.m. 1 N.Y. Glants, 5 p.m. GOLF

Wyndham Championship

Wyndham Championship

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Frence 25 an

SOCCER Major League Soccer

COMMUNITY | Bulletin Board

■ The Northwest Merchants 13U Select Baseball Club is looking for players to complete its roster for the 2013 Koufax season and tournament sea-son. Competetive and experienced players are encouraged to try out. For more informa-tion, visit https://sites.google. com/site/northwestmer-chantsbaseball/. To schedule a tryout, contact general manag-er Brian Kelley at 425-773-7300 or head coach Kip DuBrowa at 206-852-4228.

The Seattle Itlans are clooking for players for their 16U, 17U and 18U teams for the 2013 season. Tryouts will be held August 23 at Edmonds-Woodway High School and August 27 and 30 at Meadowdale High School. Tryouts will be held from 5-8 p.m. each day. For more information contact Dewayne Dalton at 425-418-

■ Laces Baseball Academy is holding a final tryout for ages 14U and 15U from 6-8 p.m. on August 23 at Laces

Baseball Academy indoor fa-cility located at 2718 Broadway in Everett. For additional information contact Levi Lacey at 425-350-2232, or by email at lacesbaseball@hotmail.com.

■ The Seattle Tides are hold-The Seattle Ildes are hold-ing tryouts for their 2013 16U and 18U teams from 9 a.m. to 11 a.m. on August 25 at Kamiak High School. Winter workouts will start in November. Tryouts for the 10U Tournament team will be held at 9 a.m. on Auwill be field at 9 a.m. on Au-gust 26th at Everett Boys and Girls Club. The 10U team will run in conjunction with Little League/Pony and will play 5-10 tournaments in 2013. For more information visit www. seattletides.org.

The Edmonds Lacrosse
Club is hosting its first annual
Pacific Northwest Lacrosse
Camp August 28-30. The camp Camp August 28-30. The camp runs 10 a.m. until 4 p.m. each day and costs \$75, with a final celebration held at the Beach Camp at Sunset Bay on the last day of camp. Former O'Dea High School standout and current Denver Outlaws player Drew Stanton will be one of the brew stanton will be one of the featured coaches, along with players from the Washington Stealth, including Lewis Ratc-liff. For more information, contact Alan Hardwick at 425-870-2739. For more information about the Edmonds Lacrosse Club, visit www.EdmondsLa

■ The Northwest Juniors Fall Volleyball League is currently taking registrations for grades 5-8. The entry deadline is September 1st, or when spots are full, whichever comes first. Evaluations will take place the first week will take place the first week of September with practice sites located in Lynnwood and Edmonds. For more informa-tion contact Tony Miranda at 425-497-1051 ext. 102, or visit http://www.nwjuniors.com/ Fall_Ball.htm.

How to submit information: Items for the Bulletin Board can be submitted by e-mail (sports@heraldnet.com), by fax (425-339-3435) or by mail (P.O. Box 930, Everett, Wash., 98206). The deadline is noon Sunday.

STORM | Update

Today's game Opponent: Minnesota Lynx When: 7 p.m.

Where: KeyArena Radio: KTPK 1090 AM

Scouting Report

Things haven't exactly gone as planned for the Seattle Storm since the season resumed from the month-long break for the 2012 Summer Olympics.

The Storm expected to have all their players healthy and have Lauren Jackson, who missed the first half of the season training with the Australian

Instead, center Ann Wauters is still recovering from an Achilles injury. Tina Thompson is playing, but still recover-ing from a knee injury. Jackson had to miss three more games, including to-night's game, fulfilling her obligations to her country. And to top it all off, Sue Bird has missed time with the flu.

Bird has missed time with the flu. Playing shorthanded tonight won't be easy as the Minnesota Lynx visit Ke-yArena. The Lynx have the best record in the WNBA and are led by forwards Seimone Augustus and Maya Moore and point guard Lindsay Whalen. Playing at home is a plus for the Storm, who have only lost three games

at KeyArena this season. Seattle hand-ed Minnesota, who started 10-0, its

ed Minnesota, who started 10-0, its first loss of the year in June. The Storm know they will be with-out Jackson tonight and it seems Wauters playing is unlikely. Thomp-son will be available, but coach Brian Agler has been careful with her min-utes recently and if the game gets out of hand in one directing or the other of hand in one direction or the other or hand in one direction of the other, expect Thompson to sit. Bird missed Saturday's 82-71 loss to Los Angeles, but has had two more days of recov-ery time to deal with her flu bug and should be able to play tonight.

High tech: Herald Player of the Year Hamlin attends many of Hume's practices

From Page D1

his players to their limits. And Hume wants players who are willing to put in the work.

"I try to make the workouts as difficult as possible," Hume said. "I've probably had seven college players who played somewhere last year that didn't make it out to more than two or three practices because they don't want to work !

One such player who has made the commitment to Hume's clinics is a familiar face to those who attended a Snohom-ish High School basketball game this past season. The Herald's All-Area Player of the Year, Luke Hamlin, can be found at nearly all of Hume's practices. Hamlin a computer what you are doing wrong might be difficult to accept and Hamlin was no different. But as time went on, he began to embrace the technology.

"It's great to have, but at the same time it's not, Hamlin said. "Every part of your game is critiqued. Even me, I thought I had a great shot and it felt good Then going out and doing the program, I have a lot nings to change, which of things to change, which, I mean, is a good thing because you get better, but it's frustrating knowing that you can change a few things when it already feels good as it is. But it's a great way to get better and try to

Many of the improvements that the motion sensor basketballs have suggested for Hamlin are

Hume said technology creates accountability for his players.

I like the technology because of the account-ability it gives," he said. "Everything can be tracked on the Internet. With this on the internet. With this software we can basically track everything from entry-arc, to release-arc to ball spin and ball rotation and that kind of technology is new.

The technology may be new but it is starting to be picked up by major college programs throughout the country, including UCLA and Wisconsin.

While technology plays a big role in Hume's clinic, it isn't the only method he uses. He puts his players through an exercise rou-tine called plyometrics designed to produce fast

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mesoraco (8), Konins (26), Pierre (8), Utiley (7), D.Brown (5), HR—Howard (8), Mayberry (11), Kratz (7), 58—Pierre 2 (31), C5—Bruce (2), Paul (1), 5—Leake, Pierre, SF—Utley, Kratz, Cincinnati IP H R ER 88, 50	Pagan Cr 4 2 2 0 Victorn II 4 0 0 0 0 Scutaro 2b 3 0 2 0 M.Ellis 2b 4 0 0 0 Sandovl 3b 3 0 1 2 Kemp Cr 4 0 0 0 Romop 0 0 0 0 0 HRmiz 2s 4 1 1 1	B R
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BASKETBALL

FOOTBALL

I Football League as training 4 p.m.

acona at Tennessee, 5 p.m.

Friday's games

New England at Tampa Bay 4:30 p.m.

thiradephia at Cleveland, 4:30 p.m.

thanta at Mami, 4:30 p.m.

an Diego at Minnessee

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eattle at Mamestee at Kansas City, 5 p

GOLE Wyndham Championship

SOCCER League Soccer

DEALS

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NEW ORLEANS SAINTS — Signed WR Greg
worldn Placed OT Fenuki Tupou and LB Chris

season and tournament se son. Competetive and experi-enced players are encouraged to try out. For more informa-tion, visit https://sites.google. com/site/northwestmer-chantsbaseball/. To schedule a tryout, contact general manag-er Brian Kelley at 425-773-7300 or head coach Kip DuBrowa at

■ The Seattle Titans are looking for players for their 16U, 17U and 18U teams for the 2013 season. Tryouts will be held August 23 at Edmonds-Woodway High School and August 27 and 30 at Meadowdale High School. Tryouts will be held from 5-8 p.m. each day. For more information contact Dewayne Dalton at 425-418-0536.

■ Laces Baseball Academy is holding a final tryout for ages 14U and 15U from 6-8 p.m. on August 23 at Laces

■The Seattle Tides are holding tryouts for their 2013 16U and 18U teams from 9 a.m. to and too teams from 23 a.m. to 11 a.m. on August 25 at Kamiak High School, Winter workouts will start in November. Tryouts for the 10U Tournament team will be held at 9 a.m. on Au-gust 26th at Everett Boys and Girls Club. The 10U team will run in conjunction with Little League/Pony and will play 5-10 tournaments in 2013. For more information visit www. seattletides.org.

■ The Edmonds Lacrosse
Club is hosting its first annual
Pacific Northwest Lacrosse
Camp August 28-30. The camp
runs 10 a.m. until 4 p.m. each
day and costs \$75, with a final
celebration held at the Beach Camp at Sunset Bay on the last day of camp. Former O'Dea High School standout and cur-rent Denver Outlaws player tact Alan Flardwick at 425-67 2739. For more information about the Edmonds Lacrosse Club, visit www.EdmondsLacrosse.com

The Northwest Juniors Fall Volleyball League is currently taking registrations for grades 5-8. The entry deadline is September 1st, or when spots are full, which-ever comes first. Evaluations will take place the first week of September with practice sites located in Lynnwood and Edmonds. For more information contact Tony Miranda at 425-497-1051 ext. 102, or visit http://www.nwjuniors.com/ Fall_Ball.htm.

How to submit information: Items for the Bulletin Board can be submitted by e-mail (sports@heraldnet.com), by fax (425-339-3435) or by mail (P.O. Box 930, Everett, Wash, 98206). The deadline is noon Sunday.

STORM | Update

Today's game Opponent: Minnesota Lynx When: 7 p.m. Where: KeyArena TV: ESPN 2 Radio: KTPK 1090 AM

Scouting Report

Things haven't exactly gone as planned for the Seattle Storm since the season resumed from the month-long break for the 2012 Summer Olympics. The Storm expected to have all their players healthy and have Lauren Jackson, who missed the first half of the corner breings with the latter of the latter of

the season training with the Australian

national team, back in the fold. national team, back in the fold. Instead, center Ann Wauters is still recovering from an Achilles injury. Tina Thompson is playing, but still recover-ing from a knee injury. Jackson had to miss three more games, including to-night's game, fulfilling her obligations to her country. And to top it all off. Sue Pleid becaming the most of the property of the pleid becaming the property of the property of the pro-

to her country. And to top it all oft Sue Bird has missed time with the fu. Playing shorthanded tonight won't be easy as the Minnesota Lynx visit Keyhena. The Lynx have the best record in the WNBA and are led by forwards Seimone Augustus and Maya Moore and point quard Lindsay Whallen. Playing at home is a plus for the Communication of the Comm

Storm, who have only lost three games

at KeyArena this season. Seattle hand ed Minnesota, who started 10-0, its first loss of the year in June. The Storm know they will be with-

out Jackson tonight and it seems Wauters playing is unlikely. Thomp-son will be available, but coach Brian Agler has been careful with her minof hand in one direction or the other, expect Thompson to sit. Bird missed Saturday's 82-71 loss to Los Angeles, but has had two more days of recov-ery time to deal with her flu bug and should be able to play tonight.

Aaron Lommers, Herald Writer

High tech: Herald Player of the Year Hamlin attends many of Hume's practices

his players to their limits. And Hume wants players who are willing to put in the work.

workouts as difficult as possible," Hume said. "I've probably had seven college players who played somewhere last year that didn't make it out to more than two or three practices because they don't want to

One such player who has made the commit-ment to Hume's clinics is a familiar face to those who attended a Snohomish High School basketball game this past season. The Herald's All-Area Player of the Year, Luke Hamlin, can be found at nearly all of Hume's practices. Hamlin is the highest profile player at the clinic and is working to improve his game for his upcoming freshman season at Seattle Pacific University.

tough, but if you want to get better, it's the way to go," Hamlin said of Hume's clinic.

Hamlin didn't always feel that way. He first met Hume while attending Snohomish when Hume came out to help Panthers coach Len Bone run a few

workouts at practice.
"I actually hated him (Hume) at first," Hamlin said. "He had some tough workouts. It gets you better. If you aren't getting better at basketball, you are getting better at cardio and better strength. So I decided that this was my best option to get better for the next level."

Hume said Hamlin helps to set an example for many players.

For some, being told by

a computer what you are doing wrong might be difficult to accept and Hamlin was no different. But as time went on, he began to

embrace the technology.

"It's great to have, but at the same time it's not," Hamlin said. "Every part of your game is critiqued. Even me, I thought I had a great shot and it felt good. Then going out and doing the program, I have a lot of things to change, which, I mean, is a good thing because you get better, but it's frustrating knowing that you can change a few things when it already feels good as it is. But it's a great

way to get better and try to improve."

Many of the improvements that the motion sensor basketballs have suggested for Hamlin are things that he has been told all through his bas-ketball career. But hearing it from an unbiased computer, rather than a person, has forced him to ake a look at all aspects of

his shooting. "I've never had a lot of arch on my shot, it's always been flat and the spin on the ball has always been without a lot of revolutions and has been kind of slow," he said. "People have told me that all through my life and I just thought maybe they are saying something different or it's their own opinion, but definitely with the machine and the

change it.
"I've been working really hard on getting the revolu-tions and the spin down. It's really great to have because it's not someone's opinion, it's actually technology, telling you that you've got to make it different."

technology and what it shows, I obviously need to

Hume said technology creates accountability for

his players. "I like the technology because of the account-ability it gives," he said. "Everything can be tracked on the Internet. With this software we can basically track everything from entry-arc, to release-arc to ball spin and ball rotation and that kind of technol-

ogy is new."

The technology may be new but it is starting to be picked up by major college programs throughout the country, including UCLA

and Wisconsin.
While technology plays a big role in Hume's clinic, it isn't the only method he uses. He puts his players through an exercise routine called plyometrics designed to produce fast and powerful movements to improve must power and overall spee muscular

The clinic isn't just about basketball for Hume's players. He said the work they put in will not only help on the court, but will help prepare them for nearly anything they will face in

Hamlin seems to agree 'You want to be the best person, not only the best basketball player, but the best person," Ham-lin said. "This correlates to, not just basketball, but into my school work, my friendships, always work-ing hard. That's kind of my one thing I've learned from basketball."

Aaron Lommers covers sports for The Herald. Follow him on twitter @aaronlommers and contact him at alommers@ heraldnet.com. For more information on the Hume's clinic visit humebasketball

Seahawks trade linebacker Ruud to Saints

By JOHN BOYLE

RENTON - The Seattle Seahawks parted ways with a veteran linebacker Monday, showing just how confident they are in a rookie linebacker

Barrett Ruud, who was signed in April as a possible replacement for David Hawthorne, has been traded to New Orleans for an undis-closed draft pick, the Seahawks announced. Hawthorne signed a free-agent deal with the Saints during the offseason.

Not long after signing Ruud, the Seahawks took Bobby Wag-ner in the second round of April's draft. Wagner almost immedi-ately became Seattle's starting linebacker, in part because Ruud was unavailable for much of the offseason while recovering from

offseason surgeries.

Head coach Pete Carroll made no secret of the fact that he hoped Wagner could handle the starting job, but Ruud, who spent six seasons in Tampa Bay before signing with Tennessee in 2011, was an experienced linebacker who gave the Seahawks insurance if Wagner

wasn't ready.
Wagner started each of Seattle's first two preseason games, and played extensively in both games. Apparently he showed enough in those two games for the Seahawks to feel comfortable parting ways with Ruud. The Saints, meanwhile, are thin at linebacker following injuries to starters Curtis Lofton

and Hawthorne.
Starting middle linebacker Lofton has a high ankle sprain and weak side linebacker Hawthorne weak side linebacker Hawthorne had arthroscopic knee surgery on Monday to repair his meniscus, which he apparently tore dur-ing Friday night's preseason game against Jacksonville. The Seahawks also waived

defensive end Dexter Davis, and re-signed cornerback Donny Lisowski, who was released earlier in training camp to make room on the roster for Terrell Owens.

Davis, a seventh-round pick in

2010, showed potential as a pass rusher, but struggled to stay healthy throughout his tenure in Seattle. He missed most of last season after having hip surgery, and this year had been battling an injury to his other hip. Davis played in last

weekend's preseason game.
Lisowski, a product of Seattle's
O'Dea High School, was signed
as an undrafted free agent out of Montana

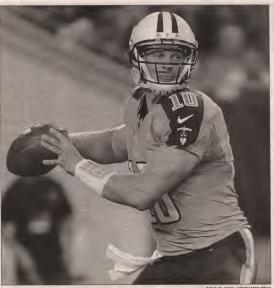
NFL | Notebook

Chiefs' LB Hali suspended for season opener

Associated Press
KANSAS CITY, Mo. — The NFL
has suspended Pro Bowl linebacker Tamba Hali of the Kansas City Chiefs for the season opener against Atlanta for violating its pol-icy on substance abuse.

The league announced the suspension in a brief statement

Monday without disclosing details.
Hali will miss the Sept. 9 game
against the Falcons and be fined an
additional game check. He will be eligible to return the following day and he is still allowed to participate in preseason practices and games.



Jake Locker, who played at the University of Washington, was named the Titans' starting quarterback, getting the nod over ex-Seahawk Matt Hasselbeck

Titans pick Locker

Ex-UW star named Tennessee's starting quarterback

ASSOCIATED PRESS

NASHVILLE, Tenn. - The Tensee Titans aren't waiting any

nessee Itlans arent wating any longer: Jake Locker is their start-ing quarterback.

Titans coach Mike Munchak said Monday that Locker, the former star at the University of Washington, will start this of Washington, will start this season over veteran Matt Has-selbeck, choosing to go with the passer Tennessee hopes to build around after drafting Locker out of Washington in April 2011. Munchak announced the

decision after practice, saying Locker gives the Titans their best chance to win the AFC South as their quarterback this season and hopefully for many seasons to come.

"By no means has this job been given to him," Munchak said. "He's earned it." The Titans had let the quar-

The Ittans had let the quar-terbacks compete through the offseason, with each starting a game this preseason and split-ting snaps in practice. Munchak says Hasselbeck, who played 10 seasons with the Seattle Seahawks, was way ahead of Locker last season, but Locker caught up and won the job with his ability to move the team and score

The eighth pick overall in the 2011 draft, Locker will play 40 to 50 snaps Thursday night against Arizona with three weeks to prep for the opener Sept. 9 against New England

"It's really cool," Locker said of the decision. "It's something I'm proud of, but it's not going to change my approach on how I practice or my preparation for a game. That will still all be the same, but it is cool to be given

this opportunity."

Locker also said the competition with Hasselbeck allowed both to push each other in a pos-

"It forced you to come back and try to rebound or build on what you had done before,"

Munchak said giving Has-selbeck the news was a tough conversation. Munchak helped talk the veteran into signing a three-year deal with the Titans last July after the NFL lockout ended, and Hasselbeck turned in the fourth-best season in yards passing in franchise history. Only Hall of Famer Warren Moon had

thrown for more. Hasselbeck also helped Munchak go 9-7 in his debut season as head coach, just missing a playoff berth on a tiebreaker. Munchak said Hasselbeck was exactly what they needed with his leadership and experience. The veteran said he's been in

Locker's shoes and knows it's an exciting move for the young quarterback.

"I had the chance to help lead

a franchise and help build a pro-gram, and I had a chance to be

the guy under center, and he's got that chance right now," Has-selbeck said. "As hard as it was, Munch made his decision, and as hard as it was for me to hear that, I'm also excited for Jake. I'll help and support him any way I can, and I'll be happy to do it."

can, and I'll be happy to do it.
Locker has the mobility Hasselbeck is lacking going into his
14th season. Combined with
his toughness and strong arm,
Locker started 40 games for the
Huskies, throwing for 7,639 yards
with 53 touchdowns and 35

interceptions. With the Titans, Locker threw for 542 yards with four touchdowns and no interceptions coming off the bench in five

games as a rookie.
"When Jake did get a chance to play last year, he was ready to go," Munchak said. "He played well and handled situations. He moved the team. He brought excitement and energy, and when the season ended, we thought we had something special, like we did when we drafted him."

In his NFL debut as a starter last week — a 30-7 win at Tampa Bay — Locker struggled and was intercepted on his second pass. He was just 4 of 11 for 21 yards but also ran twice for 24 yards, including a long scramble of 21 yards. It's that mobility paired with a revived Chris Johnson that the Titans hope will rev up an offense that was next to last in rushing last season.

UW's Crichton looks like different player

SEATTLE - This is the football player Talia Crichton was sup-posed to become — a strong, fast, physical defensive end that can play both the run and the pass

Unfortunately for Crich-ton, many people only seem to remember him as the skinny, over-whelmed, true freshman, who played like one back in 2009.

It's an unfair measure of the

player that Crichton is today.

After all, it was four years ago.

Hé's overcome a knee injury,
added about 30 pounds of muscle

— much of it to his upper body

— and played in enough games to understand what it takes to be successful.

Now in his last season of college football, he's hoping to leave a lasting impression that will make people forget about a first impres-

sion that was way too premature.

"I just want to go out and play with fanatical effort and do whatever I can to help my team," he

Right now, Crichton is better suited to help his team than at any point in his career.

As a true freshman out of Lake-wood, Calif., he was forced into the lineup because of an injury to Darrion Jones and lack of depth at defensive end.

"I was pretty light and fast," he said. "I got pushed around quite a bit."

It showed against Stanford in his first start when he was manhandled by the Cardinal's massive offensive line.

"In a perfect world, he probably should have redshirted," said UW head coach Steve Sarkisian. "But in the situation we were in when we got going, he had to play."

Crichton's sophomore season

was cut short after he sustained a knee injury on a sack of Oregon State quarterback Ryan Katz. He tried to come back after a few weeks, but was never quite the same and sat out the rest of the

Last season, he started the first three games and played in eight others. But he never really found his niche. The knee was still an issue. It had drained him of his speed and first step off the line of scrimmage. He was reduced to having to use upper body strength. "I had to bulk up," he said. "I got

He put in a ton of time in the weight room with strength coach

Ivan Lewis "It's really paid off," Sarkisian

This past spring, Crichton looked liked a different player. Sure the hybrid 3-4 defense brought in by new defensive coordinator Jus-tin Wilcox made a difference. But it helped that Crichton was healthy he first time.

"My knee got stronger and I got my speed back," he said. "I feel like I'm a balanced player."

It's shown in fall camp, where he's been a consistent force up

"I think this is the best he's looked "I think this is the best he's looked playing since he's been here." Sarkisian said. "He's been battling that knee injury for what felt like a couple years. But he's playing explosive, playing confidently. He chased down scrambling quarterback. Keith Price from the control of the control of

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Giants insist they weren't hazing Amukamara By Tom Canavan With that said, we just got to do Pierre-Paul did not owe him an

EAST RUTHERFORD, N.J.

a better job of being conscious of how that looks and how people can perceive it."

apology
"I definitely think it is has (cre-

ated) a lot of distractions to our

ing the obseasor.

Not long after signing Ruud, the Seahawks took Bobby War, ner in the second round of Aprils draft. 'Wagner almost immediately became Seattle's starting linebacker, in part because Ruud was unavailable for much of the offseason while recovering from

offseason surgeries.

Head coach Pete Carroll made no secret of the fact that he hoped Wagner could handle the starting yagner count name in starting job, but Ruud, who spent six sea-sons in Tampa Bay before signing with Tennessee in 2011, was an experienced linebacker who gave the Seahawks insurance if Wagner wasn't ready.

Wagner started each of Seattle's first two preseason games, and played extensively in both games. Apparently he showed enough in those two games for the Seahawks to feel comfortable parting ways with Ruud. The Saints, meanwhile, are thin at linebacker following injuries to starters Curtis Lofton and Hawthorne

Starting middle linebacker Lofton has a high ankle sprain and weak side linebacker Hawthorne had arthroscopic knee surgery on Monday to repair his meniscus, which he apparently tore dur-ing Friday night's preseason game

against Jacksonville.

The Seahawks also waived defensive end Dexter Davis, and re-signed cornerback Donny Lisowski, who was released earlier in training camp to make room on the roster for Terrell Owens. Davis, a seventh-round pick in

2010, showed potential as a pass rusher, but struggled to stay healthy throughout his tenure in Seattle. He missed most of last season He missed most of last season after having hip surgery, and this year had been battling an injury to his other hip. Davis played in last weekend's preseason game. Lisowski, a product of Seattle's O'Dea High School, was signed

an undrafted free agent out of

NFL | Notebook

Chiefs' LB Hali suspended for season opener

ASSOCIATED PRESS
KANSAS CITY, Mo. — The NFL
has suspended Pro Bowl linebacker Tamba Hali of the Kansas City Chiefs for the season opener against Atlanta for violating its pol-

icy on substance abuse.

The league announced the suspension in a brief statement Monday without disclosing details.

Hali will miss the Sept. 9 game against the Falcons and be fined an additional game check. He will be eligible to return the following day and he is still allowed to participate in preseason practices and games. The Chiefs play the Seattle Sea-hawks on Friday night.

Dolphins pick Tannehill

DAVIE, Fla. — Rookie quarterback Ryan Tannehill has won the Miami

Ryan Tannenili has won the Miami Dolphin's starting job. Coach Joe Philbin announced Tan-nehill will start the Dolphins' opener Sept. 9 at Houston. Tannehill beat out Matt Moore, who finished last year as

Cowboys' Bryant injures knee

SAN DIEGO — Dallas Cowboys re-ceiver Dez Bryant will be treated for tendinitis in his right knee after an MRI revealed no tear to a ligament or

Bryant injured his knee during a joint practice Monday with the San Di-

geo Chargers.

The Cowboys say Bryant will be evaluated on a day-to-day basis. No timetable has been set for his return to

Bills cut Merriman

ORCHARD PARK, N.Y. — It's lights out for Shawne Merriman in Buffalo after the Bills cut the one-time star anter the bills can the other-time state pass rusher. General manager Buddy Nix said the decision was based in part on the potential the Bills saw in two younger players who had been com-peting with Merriman for the fourth defensive end spot.



RRIAN BLANCO / ASSOCIATED PRESS

Jake Locker, who played at the University of Washington, was named the Titans' starting quarterback, getting the nod over ex-Seahawk Matt Hasselbeck

Titans pick Locker

Ex-UW star named Tennessee's starting quarterback

ASSOCIATED PRESS

NASHVILLE, Tenn. — The Tennessee Titans aren't waiting any longer: Jake Locker is their starting quarterback.

Titans coach Mike Munchak said Monday that Locker, the former star at the University of Washington, will start this season over veteran Matt Hasseason over vector and that seelbeck, choosing to go with the passer Tennessee hopes to build around after drafting Locker out of Washington in April 2011.

Munchak announced the

Munchak announced the decision after practice, saying Locker gives the Titans their best chance to win the AFC South as their quarterback this season and hopefully for many seasons

"By no means has this job been given to him," Munchak said. "He's earned it."

The Titans had let the quarrbacks compete through the offseason, with each starting a game this preseason and splitting snaps in practice. Munchak says Hasselbeck, who played 10 seasons with the Seattle Seahawks, was way ahead of Locker last season, but Locker caught up and won the job with his abilto move the team and score

The eighth pick overall in the 2011 draft, Locker will play 40 to 50 snaps Thursday night against Arizona with three weeks to prep for the opener Sept. 9 against

New England. "It's really cool," Locker said of the decision. "It's something I'm proud of, but it's not going I practice or my preparation for a game. That will still all be the same, but it is cool to be given

this opportunity."

Locker also said the compe tition with Hasselbeck allowed both to push each other in a pos-

"It forced you to come back and try to rebound or build on what you had done before," Locker said.

Munchak said giving Has selbeck the news was a tough conversation. Munchak helped talk the veteran into signing a three-year deal with the Titans last July after the NFL lockout ended, and Hasselbeck turned in the fourth-best season in yards passing in franchise history. Only Hall of Famer Warren Moon had thrown for more.

Hasselbeck also helped Munchak go 9-7 in his debut season as head coach, just missing a playoff berth on a tiebreaker. a piayon bern on a hebreaker.

Munchak said Hasselbeck was
exactly what they needed with
his leadership and experience.

The veteran said he's been in

Locker's shoes and knows it's an exciting move for the young

"I had the chance to help lead a franchise and help build a pro-gram, and I had a chance to be

the guy under center, and he's got that chance right now," Has-selbeck said. "As hard as it was, Munch made his decision, and as hard as it was for me to hear that, I'm also excited for Jake. I'll help and support him any way I can, and I'll be happy to do it." Locker has the mobility Has-

selbeck is lacking going into his 14th season. Combined with his toughness and strong arm, Locker started 40 games for the Huskies, throwing for 7,639 yards with 53 touchdowns and 35

interceptions.
With the Titans, Locker threw for 542 yards with four touch-downs and no interceptions coming off the bench in five games as a rookie.

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"When Jake did get a chance to play last year, he was ready to go," Munchak said. "He played well and handled situations. He moved the team. He brought excitement and energy, and when the season ended, we thought we had something special, like we did when we drafted him."

In his NFL debut as a starter

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explosive, playing confidently.

He chased down scrambling quarterback Keith Price from behind, and he's just blown through blockers to get to ball carriers.

"He had a great rush here today

in team pass period, he about knocked our left guard over back-

wards, he does possess quite a bit of power," Sarkisian said.

He shrugs off question about the new scheme. Sure, he's play-ing a different technique instead of playing on the edge. But technique is just a part of it.

"It's about the person," he said.

"People make too big of a deal about the scheme, it's about the person playing the scheme."

And maybe that's the biggest dif-

rence in Crichton is the person

he's grown into.
"I really like Talia's desire to get better," said defensive line coach Tosh Lupoi. "He's doing a great job of taking corrections. He cares about getting better and that's all I can ask is that he's striving to get better on a daily basis. I think he's made up his mind. I think he's on a path to get better on a daily basis and I think he wants to be a starter for us and rise to a leader and be a production leader for us

Walk-on Central Washington trans-fer Tre Watson was a full go at practice and took reps as the first-team cor-nerback opposite Desmond Trufant.

Giants insist they weren't hazing Amukamara

By Tom Canavan

EAST RUTHERFORD, · N.J. While they understand the public's concern over what might be perceived as an apparhazing incident invol Prince Amukamara, several New York Giants insist that throwing the second-year cornerback into a tub of ice water was a football

Amukamara and Jason Pierre-Paul, the Pro Bowl defensive end who threw him into the metal ice tub, maintained Monday that they are friends and there was nothing personal involved.

tradition and not bullying

Neither would say what trig-ered the obscenity-laced

Most players on the Super Bowl champions seemed more concerned that punter Steve Weatherford actually posted the video, and that it might give youngsters the idea that bullying

and hazing are OK.

"First of all, absolutely none of us condone bullying," defensive captain Justin Tuck said. "We've capital fusion facts said we've heard that. So just go ahead and put it out there. None of us con-done bullying. And you don't want to put anybody in a situation where they can get hurt.

With that said, we just got to do a better job of being conscious of how that looks and how people can perceive it.

Coach Tom Coughlin said after Monday's practice that he has now outlawed any locker room antics that could lead to injury and warned players about thei language. He once again lectured the team about the use of social media and talked to all the play-

res involved, except Pierre-Paul, who he plans to address soon. Coughlin refused to say whether any of the players were

Weatherford posted the video of the recent training camp inci-dent on Saturday night. He took it down Sunday and apologized Monday to teammates and fans. The video shows Pierre-Paul

carrying Amukamara over his shoulder in the Giants' locker room at the University at Albany and seemingly slamming him into a tub of ice water. Amuka-mara gets out quickly, but the look on his face seems to indicate he is upset.

Amukamara, who missed the first half of last season with a hrst hair of last season with a broken foot, acknowledged he was lucky, that he wasn't hurt, but he was adamant that he was not the victim of hazing. He said

Pierre-Paul did not owe him an "I definitely think it is has (cre-

ated) a lot of distractions to our team and doesn't give the professional football league, the NFL, a good look," said Amukamara, who said other players were thrown in the tub at train-

ing camp.

"Coming into the NFL, we are the shield, and I definitely don't think that it is doing that. It is definitely a situation that we are not trying to brush under the rug. We are trying to address it, and it was just a lot of horseplay that was taken too far.

While he denied being embarrassed by the videotape, Pierre-Paul indicated his days of throwing players into tubs might

be over.
"I feel like me and Prince, we're cool," said the 23-year-old Pierre-Paul, who had a career-best 161/2 sacks last season. "All the guys around here are cool. We are all like family to each other. It is something that we were having fun and games and the media took out of proportion." Pierre-Paul said he didn't think

Weatherford meant any harm by making and posting the video.

"I think he meant it to be

funny," Pierre-Paul said.

elevision

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FNC	586 48 35 53	Vasectomy" Rings" The Thomas Crown Af The O'Rellly Factor (I Best Dishes Home I How I Met Your Mother Your M	fair (R, 'S V) C'king Met Other Y 2 (4) E B B B B B B B B B B B B	nies Need Lov 99) *** Pier Hannlty (N) Chopped "Ora How I Met Your Mother Big Momma's agent goes un	re Too" rce Brosnan. (s) zo it Seemed" How I Met Your Mother s House ('00) * ider cover to pro	Lies Beneath" Mr. Holland's Greta Van Su Cupcake War Two and a Half Men (s) * Martin Law otect a woman	(s) (cc) Opus (PG, '95) steren s Two and a Half Men (s) rence. An FBI	Fright Female* * * * Richard The O'Reilly F Cupcake Wars Transformers: Duhamel. Sam Big Momma's agent reprises	(N) (cc) I Dreyfuss. (s) Cactor (cc) Revenge of t Witwicky hold House 2 ('06) his disguise, p	ny vs. Nanny' (cc) Hannity Chopped *Ea he Fallen (PG- s the key to del * Martin Law osing as a hea	(N) (s) High Heels are sy Peasy?" 13, '09) * * Sideating an ancie rence. An FBI rvy nanny.	Fright Female" Ind Low Lifes (F Greta Van Sus Chopped (N) Inia LaBeouf, Me Int Decepticon. Are We Done tractor complic Frasier (cc)	(s) (cc) 3, '01) * * (s) steren agan Fox, Josh Yet? (PG, '07) sates a family's Frasier (cc)	The Believer (The Five Chopped "My Transformers the Fallen (P * Ice Cube. A	R, '01) *** (s) Way" Revenge of G-13, '09) ** bizarre conjuburbs.
FNC FOOD FX FXM	39 586 48 35 53 506	Vasectomy" Rings" The Thomas Crown Af The O'Rellly Factor (I Best Dishes Home I How I Vour Mother Your M Big Momma's House (Y06) * Martin Lawren The Waltons (cc) The Rite (3:30) Grind ((cc) n fair (R, 'S V) F C'king (C Met F other Y 2 (4) E ce. a	nies Need Love 99) *** Pier Hannity (N) Chopped "Oralion I Met Your Mother Big Momma's agent goes un Little House of	re Too" ree Brosnan. (s)	Lies Beneath* Mr. Holland's Greta Van Su Cupcake War Two and a Half Men (s) * Martin Law tect a woman Little House Shrek Foreve Myers, Eddie	(s) (cc) Opus (PG, '95) steren s ITwo and a Half Men (s) rence. An FBI and her son. on the Prairle er After (7:15) (I Murphy, Camen	Fright Female* *** Richard The O'Rellly F Cupcake Wars Transformers: Duhamel. Sam Big Momma's agent reprises Little House o G, '10) ** Vo on Diaz. (s) (cc)	(N) (cc) I Dreyfuss. (s) Pactor (cc) Revenge of the Witwicky hold House 2 ('06) his disguise, promite Prairie	ny vs. Nanny" (cc) Hannity Chopped "Ea he Fallen (PG- \$\$ the key to def * Martin Lawn soing as a hea Little House REAL Sports Gumbel (N) (8	(N) (s) High Heels and say Peasy?" 13, '09) ** Sheating an ancie rece. An FBI vy nanny. on the Prairie With Bryant s) (cc)	Fright Female" and Low Lifes (F Greta Van Sus Chopped (N) in LaBeouf, Me int Deception. Are We Done tractor complic Frasier (cc) Hard Knocks: Camp With M	(s) (cc) R, '01) ** (s) steren agan Fox, Josh Yet? (PG, '07) ates a family's Frasier (cc) Training	The Believer (The Five Chopped "My Transformers the Fallen (P * Ice Cube. A move to the st Frasier (cc) The Newsroc stages a moc	R, '01) *** (s) Way" Revenge of G-13, '09) ** bizarre conjurbs. Frasier (cc) om The staff k debate. (cc)
FNC FOOD FX FXM	39 586 48 35 53 506 19 551	Vasectomy" Rings" The Thomas Crown Af The O'Rellly Factor (I Best Dishes Home I How I Vour Mother Your M Big Momma's House (Y06) * Martin Lawren The Waltons (cc) The Rite (3:30) Grind (cc) nair (R, 'S'	nies Need Lov 39) * * * Pier Hannity (N) Chopped *Ora How I Met four Mother Bilg Momma's agent goes un Little House of Alike Vogel. Fri	re Too" ree Brosnan. (s)	Lies Beneath" Mr. Holland's Greta Van Su Cupcake War Two and a Half Men (s) * Martin Law tect a woman Little House Shrek Foreve	(s) (cc) Opus (PG, '95) steren s ITwo and a Half Men (s) rence. An FBI and her son. on the Prairle er After (7:15) (I Murphy, Camen	Fright Female* *** Richard The O'Reilly F Cupcake Wars Transformers: Duhamel. Sam Blg Momma's agent reprises Little House o G, '10) ** Vo	(N) (cc) I Dreyfuss. (s) Pactor (cc) Revenge of the Witwicky hold House 2 ('06) his disguise, promite Prairie	ny vs. Nanny" (cc) Hannity Chopped "Ea he Fallen (PG- s the key to del * Martin Law osing as a hea Little House Gumbel (N) (Design Star J	(N) (s) High Heels and say Peasy?"	Fright Female" nd Low Lifes (F Greta Van Sus Chopped (N) nt Decepticon. Are We Done tractor complic Frasier (cc) Hard Knocks: Camp With M Hunters	(s) (cc) R, '01) ** (s) steren egan Fox, Josh vet? (PG, '07) ates a family's Frasier (cc) Training ami Hunters Int'l	The Believer (The Five Chopped "My Transformers the Fallen (P * Ice Cube. A move to the si Frasier (cc) The Newsroo stages a moc Million	R, '01) *** (s) Way' Revenge of G-13, '09) ** bizarre conjourbs. Frasier (cc) m The staff k debate. (cc) Born Sellers
FNC FOOD FX FXM HALL HBO	39 586 48 35 53 506 19 551 68	Vasectomy" Rings" The Thomas Crown Af The O'Rellily Factor (If Best Dishes Home (How I Met Your Mother Volume's Hows I Big Momma's House ('06) * Martin Lawren The Waltons (cc) The Rite (3:30) Grind (11) ** legende	fair (R, 'S' All	nies Néed Lov 39) * * * Pier Hannity (N) Chopped *Ora How I Met Your Mother Big Momma's agent goes un Little House of Mike Vogel. Fri Hooarder across Hunters	re Too" roe Brosnan, (s) to It Seemed" How I Met Your Mother House ('00) ** der cover to pro ends follow a ss America. Hunters	Lies Beneath" Mr. Holland's Greta Van Su Cupcake War Two and a Half Men (s) * Martin Law tect a woman Little House Shrek Foreve Myers, Eddie Hunters Int'l	(s) (cc) Opus (PG, '95) steren s ITwo and a Half Men (s) rence. An FBI and her son. on the Prairle er After (7:15) (I Murphy, Camen	Fright Female* *** Richard The O'Relily F Cupcake Wars Transformers: Duhamel. Sam Big Momma's agent reprises Little House o Gq. '10) ** Vo on Diaz. (s) (cc) Property Brot	(N) (cc) I Dreyfuss. (s) actor (cc) Revenge of t Witwicky hold House 2 ('06) his disguise, p in the Prairie pices of Mike hers (cc)	ny vs. Nanny" (cc) Hannity Chopped "Ea he Fallen (PG- \$\$ the key to def * Martin Lawn soing as a hea Little House REAL Sports Gumbel (N) (8	(N) (s) High Heels and say Peasy?"	Fright Female" nd Low Lifes (F Greta Van Sus Chopped (N) nt Decepticon. Are We Done tractor complic Frasier (cc) Hard Knocks: Camp With M Hunters	(s) (cc) R, '01) ** (s) steren egan Fox, Josh vet? (PG, '07) ates a family's Frasier (cc) Training ami Hunters Int'l	The Believer (The Five Chopped "My Transformers the Fallen (P * Ice Cube. A move to the st Frasier (cc) The Newsroc stages a moc	R, '01) *** (s) Way' Revenge of G-13, '09) ** bizarre conjourbs. Frasier (cc) m The staff k debate. (cc) Born Sellers

-	91	out at Kelly's p		Kendall return.		from back pain	. (CC)	es a solo. (cc)		recital. (N) (cc)		"Pearls Gone \		Pearls Gone	
MAX		Answers to N (R, '11) ★ Dar			e (6:10) (PG-10 Julie Bowen. (R, '11) ** Dai		ison Ford. Ex-	The Rundown Bock, Seann V	(PG-13, '03) ₹ Villiam Scott. (s	* * The	Strike Back (11:45) (cc)
MSNB		The Ed Show			addow Show			The Ed Show		The Rachel M		The Last Work		Hardball Chri	
MTV	(33)	Snooki	Snookl	Snookl	Snooki	Snooki & JWC	WW (7:14)	Snookl	Snooki	Teen Mom (s)	(cc)	Teen Mom "Fo	r the Best"	Teen Mom (1	1:03) (s) (cc)
NBCS		Dream On: Jo			man World Cha			Cycling	4	Poker After D		Darts Round		Poker After D	
MCK				You Gotta	Victorious (s)	Figure It Out	Splatalot (N)	Victorious (s)	Victorious (s)	My Wife	My Wife	George	George	Friends (cc)	Friends (cc)
OXY									3, '06) * * Jeff		Peregrym	All the Right		All the Right	
ROOT	30		Action Sports	World Cham-		MLB Baseball			Mariners. From			Mariners Postgame (N)	The Dan Patri		MLB Base- ball
SHOW	576	Stahl. (s) (cc)		mechanic is gi	fted with amazi	ng mental powe	ers.	(cc)		meet up for the	eir annual reuni	on. (s) (cc)			Weeds (11:35) (cc)
SPIKE	67	(s)	Repo Games (s)	(s)	(s)	(s)	(s)	(s)	Repo Games (s)	(s)	(s)	(N) (s)	(N) (s)	(N) (s)	(N) (s)
STARZ					Keaton. (s) (cc				('08) *** (cc)				You Again (10		
SYFY	59	Face Off Alier guest LeVar B	creatures; urton.	Face Off Char style of Tim Bu		Face Off Conti create a hybrid		Face Off Cont three characte	testants create		orce to Be Red domes the cas		"Two Houses I		Face Off
TBS	55	Friends (s) (cc)	Friends (s)		The King of Queens (cc)		Seinfeld (s) (cc)		The Big Bang Theory			The Big Bang Theory		Conan Actres ham. (cc)	s Lena Dun-
TCM	501	Guilty Hands	('31) * * * Lio	nel Barrymore.	The House on	56th Street **	Mandalay (7:4	5) (NR, '34) *	* Kay Francis.	Stranded (NR	l, '35) * * Kay	Francis.	Give Me Your	Heart ('36) * 1	* Kay Francis.
TLC	(33	What Not to V	Vear (s) (cc)	What Not to V	Vear "Beryl"	What Not to W	/ear "Becca"	Craft Wars (N) (s) (cc)	What Not to V	Wear (s) (cc)	What Not to V	Vear (N) (s)	Craft Wars (N	(s) (cc)
TMC	591	Altitude (4:45 plane battles a		natural force.	Suck (6:20) (F ell, Jessica Pa	ré, Dave Foley.	(s) (cc)	covers that his	R, '11) * * * /	is a vampire. (s	(cc)	Ross Kidder, I	R, '11) ** Mic Markus Taylor. (:	s) (cc)	Dee
TNT		Bones A corp hanging from	a tree. (cc)	The Mentalist young waitress		The Mentalist washes up on		is found at a c	lub. (s) (cc)	Bones Brenna race the clock	. (s) (cc)	Bones Brenna about mother		secret about 0	
TOON		Johnny Test	Regular	Regular	Gumball	Gumball	Total Drama	Level Up (N)	Advent. Time	King of Hill	King of HIII	Amer. Dad	Amer. Dad	Family Guy	Family Guy
TVLAN	163	M*A*S*H	M*A*S*H	Raymond	Raymond	Raymond	Raymond	Raymond	King	King	King	King	The Exes	The Exes	Raymond
USA	58	Law & Order: tims Unit "Low	wdown" (cc)	Law & Order: tims Unit "Cris	minal" (cc)	Law & Order: tims Unit "Wa	nnabe" (cc)	Law & Order: tims Unit *Re	scue" (cc)	White Collar and Peter follo	w clues. (N)	Stranger" (N)	(10:01) *Hello	"Resignation [Day" (cc)
VH1	62	Greatest Son	gs of the '00s	Greatest Son	gs of the '00s	Greatest Son	gs of the '00s	Greatest Son	gs of the '00s	VH1 Do Some	ething Awards	(N) (s)		Do Somethin	g Awards
-															

DAVTIME

DAI	LITTY																					-
															_	_	-			100		
	6:00 a.m.	6:30 a.m.	7:00 a.m.	7:30 a.m.	8:00 a.m.	8:30 a.m.	9:00 a.m.	9:30 a.m.	10:00 a.m.	10:30 a.m.	11:00 a.m.	11:30 a.m.	noon	12:30 p.m.	1:00 p.m.	1:30 p.m.	2:00 p.m.	2:30 p.m.	3:00 p.m.	3:30 p.m.	4:00 p.m.	4:30 p.m.
CBUT	CBC New	8	Turbo	Mon	Bo On/	Busy	Super	Cat in	Poko	Doodle.	Animal		CBC Nev		Dragons	Den	Steven-C	ris	Recipes	Stefano	Mercer	Wheel
KOMB	KOMO 4 News Good Morning Ame				Live W/Kelly		The View	(cc)			The Chew (N)		Good-America		Gen. Hospitel		Dr. Oz Show		KOMO 4 News			
KING	News Today Adam Rapor			ort; Sunn	Anderso	n. (iv) (s) (cc)			New Day	WW	RING 5 N	ews	Days of L	ives	Andersor		Dr. Phil (e		Ellen Sho		
KIRO	KIRO News CBS			CBS This Morning (N) (s) (cc)			Recheel			Price Is Right		Young/Restless		Bold	The Talk (cc)		Make e Deal		Minute		Judge	
CHAN	Morning News (5:30) (N			(N) (cc)				Street	Oper. Sm	Oper. Smile								The Telk (cc)		The Doctors -		stless
KCT8			Sesame		Curious				Sid	Wild		Steves	Finding-			Paint	Charlie R		Curious			Word
KSTW		Life	The Deily	Buzz (cc)				Fam	Mil		Jeremy K	yle	People's			Judge	People's	Court		Life		'70s
KV08										Cannon		Haweli Flve-0		Gunsmoke (cc)		Bonanza		The Big Velley		Rockford File		
KCPQ	News Q13 FOX News			News This	Morning										Meury (s) (cc)		Maury (s) (cc)		FOX News at 4			
KONG	Funny Vic					The 700			Paid		Peid		Super	News				Divorce	Divorce		Judge	
KTBW			Parsley			Grahem (Doctor			Life	Today	The 700				Praise th				Cross	Potters
KZJ6					Derme		Perf.	Peid	Earl			Justice	Judge M		Judge Ma					Cops		TMZ
KBTC	Globe Tre			s Retireme			Be Fit	Happines			Sesame :		Curious			Dino	Sid		Electric	Word	Fetch!	Martha.
	Positive L	iving	Get	Paid	Nopa	Yng-	Bible	int.	Food	Debt	Feces	Paid	Paid	Boone	George	The Fen	(R, '96) *	Robert De	Niro. (s)		Criminel	Minds
Cable 1																						
AMC			Nopa	Boone	Cindy			how (PG-1						Paul Hog			nemy Line				CSI: Miar	
A&E			Bounty I		Bounty H		Criminal		Criminel		CSI: Miar		CSI: Mie		Criminal		Criminel		The First		The First	
BRAVO	Matchma		Matchme	ker	Tebatha's Selon		Tabetha's Salon		Tabatha's Salon							lillion, Listing Million, Listing		isting	Million, Listing		Gallery Girls	
CNIN	CNN New				Newsroo		Newsroo			CNN Newsroom (N)						The Situation Roon						Front
COM	Insan	Cook	Insan	Zumbe	Loss	Insan	Entou	Daily	Colbert	Com	Com	Com	A Night	at the Roxb	ury (11:50)*	Scrubs	Scrubs	Rock	Rock	Haif	Ftur

PERSON A		team shuts do	wn a campus.	team are missi	ng. (cc)	psychiatrist. (s)	(CC)	the Dark (s) (c	(C)	abducted at a	maii. (cc)	race (s) (cc)		rescue a cop. (5) (00)
Cal	ble T							0 11 6	(00 100)		-		Allert Parkets	100	THE PERSON NAMED IN
AMC	67	CSI: Miaml A has bite marks	female corpse	kills sixteen pe		CSI: Miaml "Fr Tweaks" Addict				* Bill Murray, I	Andie MacDowe	II, Chris Elliott.	A TV weathern	an's day keeps	reneating.
-		The First 48 A	man is shot	Storage Wars	Storage Wars						Shipping	Storage Wars			
ASE	52	to death. (cc)		(cc)	(cc)	(cc)	(cc)	(cc)	(cc)	Wars (N)					(11:31)
BRAV		Gallery Girls		The Real Hou New York City		Love Broker "I dan: Growing U	Pete and Bren-	Million Dollar Angeles	Listing: Los	Million Dollar Angeles		Million Dollar Angeles		The Real Hous New Jersey	sewives of
COM		Century galler Anderson Co		Piers Morgan		Anderson Cod		Erin Burnett (OutFront	Piers Morgan		Anderson Coo		Erin Burnett C	utFront
COM		Futurama (s)		Tosh.0 (6:06)		Daily Show/Jo				Tosh.0 (8:54)				Dally Show	Colbert Rep
DISC		Gold Rush "M		Gold Rush "In	the Black"	Gold Rush "Fr		Gold Rush (s)		Gold Rush (N		Gold Rush (10		Gold Rush (s)	
DSY	m	Jessie (s)	Wizards-	Shake It Up!		Phineas and		Spy Kids (PG				Babysitter's		Shake It Up!	
160		(cc)	Place			Ferb (s) (cc)		deras, Carla G	ugino, Alexa V	ega. (s) (cc) Christopher R		a Vampire True Lies (10:			Charile (cc)
ENC	518	*** Jack Nic	Gets (3:30) ('97)	Nashville star	embarks on a c	omeback tour.	(cc)	criminals from	Krypton take o	wer the United	States. (s)	A man lives the			
rope	673	2012 World S	eries of Poker	2012 World Se		Baseball Tonig		SportsCenter	(N) (Live) (cc)	SportsCenter	(N) (Live) (cc)	SportsCenter	(N) (Live) (cc)	SportsCenter	(N) (Live) (cc)
ESPN	(3)	Main Event.		Main Event.		(cc)			-		-t- (1) ()	In all de	World/Poker		World/Poker
ESPN	2 32	Reba "The	Reba "The	Series: leams	Nannies "Nan-		tball Minnesota	Pretty Little L		Baseball Toni	Nannies *Nan-			The 700 Club	
FAM	39	Vasectomy"	Rings" (cc)	nies Need Lov		Lies Beneath		Fright Female	(N) (cc)	ny vs. Nanny	(N) (s)	Fright Female*	(s) (cc)	THE TOO OLUD	(00)
FLIX	586	The Thomas C	Crown Affair (R,					*** Richard	d Dreyfuss. (s)	(cc)	High Heels an				l, '01) *** (s)
FNC		The O'Rellly		Hannity (N)		Greta Van Sus		The O'Rellly I		Hannity		Greta Van Sus	teren	The Five	
F000	35		Home C'king			Cupcake Wars		Cupcake Wars		Chopped "Ea		Chopped (N)	- For India	Chopped "My	
FX	53	How I Met Your Mother	How I Met Your Mother	How I Met Your Mother	How I Met	Two and a Half Men (s)	Two and a Half Men (s)				13, '09) * Shi leating an ancie		yan rox, Josh	the Fallen (PG	13. '09) **
-		Big Momma's			House ('00) *					* Martin Law		Are We Done	Yet? (PG, '07)	* Ice Cube. A I	oizarre con-
FXM	-	('06) * Martin	Lawrence.	agent goes un	der cover to pro	tect a woman	and her son.			osing as a hea				move to the sub	
HALL	19	The Waltons								REAL Sports	on the Prairie	Frasier (cc) Hard Knocks:		The Newsroot	Frasier (CC)
HBO	551	The Rite (3:30	Grind ('03) *	Mike Vogel, Fri teboarder acros		Myers Eddie I	r After (7:15) (Murphy, Camer	on Diaz (s) (cc	DICES OT MIKE	Gumbel (N)		Camp With M		stages a mock	
нетт	69	Hunters	Hunters	Hunters	Hunters	Hunters Int'l		Property Brot		Design Star		Hunters	Hunters Int'l	Million	Born Sellers
HIST		Modern Mary			Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Pawn Stars	Top Gear "Sn		Cnt. Cars	Cnt. Cars	Top Gear (11:	
UFE	(51)		A fight breaks	Dance Moms			Brooke suffers		Maddie refus-			The Week the		The Week the	
LIFE	ய	out at Kelly's	party. Nothing (4:05)	Kendall return	. (cc) re (6:10) (PG-1:	from back pair	1. (CC)	es a solo. (cc)	P '11\ + + D:	recital. (N) (co aniel Craig, Har	rison Ford Ev.	*Pearls Gone \ The Rundowr		*Pearls Gone \ * * The	Strike Back
MAX	561	(R. '11) * Da		Adam Sandler	Julie Bowen. (s) (cc)	traterrestrials	attack a 19th-ci	entury Arizona	town. (s) (cc)	illooil i old. L.X		Villiam Scott. (s) (cc)	(11:45) (cc)
MSN	BC	The Ed Show	v (N)		laddow Show	The Last Wor		The Ed Show			Maddow Show	The Last Wor		Hardball Chris	
MTV		Snookl	Snooki	Snookl	Snookl	Snooki & JW		Snookl	Snookl	Teen Mom (s		Teen Mom *Fo		Teen Mom (11	
NBC		Dream On: J			man World Cha		MLS 36	Cycling	Misterious (e	Poker After I	Mv Wife	Darts Round (George	George	Poker After D Friends (cc)	
MICH			SpongeBob	You Gotta Alabama (PG-	Victorious (s)	oco Mithoropoo	Spiataiot (N)	Stick it (PG-1	3 '06) + + .le	f Bridge Mice		All the Right		All the Right	
OXY	-	Cruel Mon's Health	Action Sport			MI B Basehal	Cleveland Ind	ians at Seattle	Mariners, From	Safeco Field in	n Seattle, (N)	Mariners	The Dan Patr		MLB Base-
R00	3	-	plonship From	m Dallas.	Pregame (N)	(Live)						Postgame (N)			ball
SHO	W STE	Meskada (4:2	25) (R, '10) Nick	Phenomenon	(5:55) ('96) *	★ John Travolta	a. A small-town	Weeds (s)			ou (R, '11) * The		llege friends	(11:05) (cc)	Weeds (11:35) (cc)
-		Stahl. (s) (cc)	Reno Games	Reno Games	ifted with amaz	Reno Games	Reno Games	Repo Games	(s) (cc) Repo Games	Repo Games	Repo Games	Repo Games	Repo Games	Rat Bastards	
SPI	_	(s)	(s)	(s)	(s)	(s)	(s)	(s)	(s)	(s)	(s)	(N) (s)	(N) (s)	(N) (s)	(N) (s)
STAI	7 534		5:15) (PG-13, '9	96) ** Michae	Keaton. (s) (co)		Garden (7:20)	(°08) *** (cc	View From th	ne Top (PG-13,	03) ** (s)):35) ('10) **	Kristen Bell.
SYF	1 (59)	Face Off Alie quest LeVar E		Face Off Cha style of Tim B	racters in the	Face Off Con create a hybrid		Face Off Con three characte		Sean Astin w	orce to Be Rec	konea with	*Two Houses		race UII
-		Friende (e)	Friends (s)		The King of	Seinfeld (s)	Seinfeld (s)	The Big	The Big	The Big	The Big	The Big	The Big	Conan Actres	s Lena Dun-
TBS	55	(cc)	(cc)	Queens (cc)	Queens (cc)	(cc)	(cc)	Bang Theory	Bang Theory	Bang Theory	Bang Theory	Bang Theory			(F)
TCM								15) (NR, '34) *	* Kay Francis	Stranded (N	R, '35) ** Kay	Francis.		Heart ('36) ** Craft Wars (N	
TLC	38		Wear (s) (cc)	What Not to		What Not to V R, '09) * * Ma		Craft Wars (N		Anton Yelchin.		What Not to		hael McKiddy,	
TMC	591		 ('10) Jessica against a super 			ré, Dave Foley.				r is a vampire. (Markus Taylor. (Dee
THE	(a)	Bones A cor	pse is found	The Mentalis	t Murder of a	The Mentalis	t A girl's body	Bones A mur	nmified corpse	Bones Brenn	an and Booth	Bones Brenn			SIs uncover a
TNT	-	hanging from		young waitres			the beach. (s)	is found at a c		race the clock		Amer. Dad	Amer. Dad	Secret about C	Family Guy
T00		Johnny Test	Regular M*A*S*H	Regular	Gumball	Gumball	Total Drama Raymond	Raymond	Advent.Time	King of Hill	King of HIII	King	The Exes	The Exes	Raymond
IAN	163	M*A*S*H Law & Order	Special Vic-	Law & Order		Law & Order:		Law & Order			Mozzie, Neal	Covert Affair		Political Anin	nals (11:02) ·
USA	58	tims Unit "Lo	owdown" (cc)	tims Unit "Cri	iminal" (cc)	tims Unit "Wa	annabe* (cc)	tims Unit "Re	scue" (cc)	and Peter foll	ow clues. (N)	Stranger" (N)		"Resignation [Day" (cc)
VH1	62	Greatest So	ngs of the '00s	Greatest Son	ngs of the '00s	Greatest Son	ngs of the '00s	Greatest Sor	igs of the '00s	VH1 Do Som	ething Awards	(N) (s)		Do Somethin	g Awards
D	A	TIME													-
-	A	IIIVII							_				_		-

	6:00 a.m.	6:30 a.m.	7:00 a.m.	7:30 a.m.	8:00 a.m.	8:30 a.m.	9:00 a.m.	9:30 a.m.	10:00 a.m.	10:30 a.m.	11:00 a.m.	11:30 a.m.	noon	12:30 p.m.	1:00 p.m.	1:30 p.m.	2:00 p.m.	2:30 p.m.	3:00 p.m.	3:30 p.m.	4:00 p.m.	4:30 p.n
JT	CBC Nev	lews Turbo Mon			Bo On/ Busy		Super Cat in Live W/Kelly						CBC News		Dragons' Den		Steven-Chris		Recipea Stelano		Mercer Whee	
MÖ	KOMO 4	News	Good Morning America (N)						The View (cc)				The Chew (N)		Good-America		Gen. Rospital		Dr. Oz Show Dr. Phil (cc)		Ellen Sho	
/G	News		Today Adam Rapoport; Sunny And		Anderso					New Day		KING 5 No Newa		Days of U		Anderson Make a Do		Minute			Judge	
80	KIRO Ne		CBS This Morning (N) (a) (cc)	,	Rachael Ray (s) Huntley Street		Price la Right		Young/Re	Debt	News		Days of L		The Talk (The Doct		Young/Re	
AN	Word	Newa (5:3)			Curious	Dat la		Dino	Oper. Sm	Wild	Arthur	Steves	Finding-R				Charlie R		Curious		Wild	Word
TS	Word	Clifford	The Delly			Cet III		Fam		Mil	Jeremy K		People'a				People's		Life	Life	'70s	'70s
TW	Meyer	Today	Family			Lucy	Deniel Bo		Perry Ma		Cannon	yie	Hewaii Fi		Gunsmok		Bonanze		The Big V		Rockford	
08 P0	News	louay		News This		Lucy	Q13 FOX		Jerry Spi		Cunning	nem	Steva Wil		Jerry Spr		Meury (a)		Meury (s)		FOX New	
JNG	Funny V	dene	News	HON'S TIME	morning		The 700 (Paid	Yng-	Paid	Meyer		News		People		Divorce		Judge	Judg
BW	Creflo	Hagee	Perslev	Ϋ́r	Ba	Graham (Classic	Doctor	Behind	Super	Life	Today	The 700 C	lub			Praise the	Lord (cc)			Cross	Potte
10	Perf.	Peld	Meals	Zumbe	Derma	Celeb	Perf.	Paid	Earl	Earl	Justice	Justice	Judge Ma	this	Judge Ma					Cops	Cheat	TMZ
BTC	Globe Tr	ekker	Ed Slott's	Hetireme	ni Reacue	(a)	Be Fit	Happinea	s Adventa		Sesame :		Curious					Clifford		Word	Fetch!	Marth
VPX	Positive	Living	Get	Paid	Nopa	Yng-	Bible	Int.	Food	Debt	Faces	Paid	Paid	Boone	George	The Fan (R, '95) * F	lobert De	Viro. (s)		Criminel	Minds
able	TV							-														
AC .	Hang			Boone		Tummy		how (PG-1					* * (88)					s ('01) * *			CSI: Miar	
LE .	Octspr	Paid	Bounty H		Bounty H		Criminal		Criminal		CSI: Miar		CSI: Mian		Criminal		Criminal I		The First		The First	
LAVO	Metchma		Metohma	ker	Tabetha's Salon		Tabatha		Tabatha's		Tabatha's	Salon	Million, L		Million, L		Million, L	sting	Million, L	isting	Gallery Girls	
IN		varoom (N			Newsroom		Newsroo			rsroom (N		10	Newsrooi			tion Room	Scrubs	Camba	Rock	Rock		Ftur
M	Insan	Cook		Zumba	Loss	Insen		Daily	Colbert		Unusuel	Com	Unusuel		ury (11:50 Unusual 5		Unusual S		Unusual		Gold Rus	
8C	Paid	Creflo	Paid	Today	Meyer	Loss	Unusuel		Unusual	Phi			* * (cc)				Shake It I		Unusua .	Wiz	Good	
SY	Little	Chug	Octo				Mickey	ke of Geni					1, '94) **					(1:20) ('10	1444			
IC	Mov.	Superma	n II (6:20) i SportsCe		SportsCe							ן נטכיטון נר		Foot				(1.20) (10	Sportace		nervie A	
SPN	SportsC Mike and			st Take (N		HILLER	SportsCenter Little League Base First Take SportsCenter			SportsCenter NAS		First	NFL Live (N)		SportsNation		NFL32 (N		NFL Live			
SPN2	Meyer	Drenda		Boy		Boy		700	The 700		Gilmore		Still	Still		8 Rulea		1'70s	'70s	1'70s	Reba	Reba
DK N	Retur							6) ** (a)			ire (10:25)			ter ('97) (d				(1:35) ('9	7) *	Grev Ger	dens (3:25	5) **
VC		s Newsroo	Around (6:35) (R, '91) *		Happening Now (N				America Live (N)		(,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,				Neil Cevuto		The Five (N)		Special F	Report	IFOX Rep	ort
000	Nopa	Paid	Kitchen	Total		Fat	TRIA	Grill	Home	Cook	Good	TUnwrp	Paula	Con	Money	Din	Secrets	Minute	Giede	Giada	Con	Con
(Total	Rock			** Rhon		1		Id (PG-13.	'08) ***		Legion (A, '10) * P	aul Bettan	γ.	21 (PG-13	, '08) **	Jim Sturg	ess.		Two	Two
CM	Seven T	nieves (6:1					ion ('66) *	*	Jumpin'	Jack Flash	(10:10) (F	**	Are We D	one Yet? (PG, '07) *			ma's Hous			Big Mom	
ALL	Lucy	Lucy	Lucy	Lucy	Golden	Golden	Golden	Golden	Martha S	tewart			Emeril		Martha S		Martha S		The Walte		The Walt	
80	Precious	Life (*10)	(cc)	Another	Earth ('11)	***	Flight		ss ('94) *				(111:15) ×					o DiCapri			(11) **	
GTV	Cindy	Garden		Mak		Kitchen	Favor	HGTV		Yerd	Yard	Land	Hunt	Hunt	Hunt	Hunt		Hunt	Hunt	Hunt	Hunt	Hunt
ST	Tom-	Quart .	Civil War		Modern I		Modern		Modem		Modern		Pawn	Pawn		Pawn	Modern I		Modern I		Modern	
Æ	Yng-	Paid	Balancin		Will	Will	Frasier	Frasier	Fraaier		Chria	Chris	Chria	Chris	Wife Swa		Wife Swa		Wife 5wa		Women \	
AX	From		80) * * R			Whitebo	ya (R, '99)			& Aliena			Tower		rican ('10)		Hardball	ven With I	PoliticsN		Herdball	
SNBC	Delly Ru		Janaing		MSNBC		Alex Wag		A. Mitch		News Na		The Cycl		Mertin Ba			Friend		Snook	nerubali	Snoc
ITV	AMTV (s)	AMTV (s)		Charlie	AMTV	Awk Outd'r	Awk Outd'r	Awk	Awk	Awk	Friend On TV	Friendzo Outd'rs	Race	Cvellng	rnenu	rnenu	rnenu	Sporta Ta		TMLS	MLS
BCS	Cycling	Bubble	Hunter	Outd'r Victo	Spong	Spong		Spong	Spong	Spong	Robot	Spong	Parenta	Umi		Who Cried	Werewolf		Victo	Victo	Spong	Spor
CK	Buffy, S			entions (F		Spong	Right Mo		Rose.	Roae.	Rose.	Roae.	Rose.	Rose.		Rose.	Rose.	Rose.	Rose.		entiona (*	
OOT		Patrick Sh			, JJ) × ×		Money		Perf.	Fat	Pre		iampions l			1	Ket	Race.	LO	Motor	Racing	
HOW		and the F			the Glants			Tima (9:1			10:45) (R,		piono i		n ('07) Ala	n Rickman				Cavenagh.		Mes
PIKE	Hair	Tummy		Cindy	Losa	Insan		Repo	Repo	Repo	Repo	Repo	Repo		Repo	Repo	Repo	Repo	Repo	Repo	Repo	Repo
TARZ	View		With It (6:4					45) ('02) *		Happyth		Inobo		m the Top				1, '11) **			in (3:20) (°	
YFY	Tone	Shirt	Cook	Paid	Collectio		Ghost H		Ghost H		Face Off		Face Off		Face Off	_	Face Off		Face Off		Face Off	
88	Mar	Mar	Home	Home	Prince	Prince	Prince	Payne	Payne	Browns	Browns	Jim	Jim	Home	Amer.	Earl	Ray	Ray	Ray	Ray	Friends	
CM.	Jewel	One Way			hole (7:45)			gent ('34)		Conless	ion (NR, '3	7) **		re Like Tr	at **		n (NR, '40)	***			h (NR, '41	
.C	Big	Big	Bates	Betes	Baby	Beby	Baby	Baby's		Preg	Four We	ddings	Not to W	ear -	Baby	Beby	Baby	Multi	Not to W		Not to W	
VIC		a Traitor (Walter a	nd Henry (** (10	The Last	Wave (PG		* (s)			0:50) **							the Myste		Alti
VT	Smallvil		Charmed		Chermed			tural (s)	Superna	tural (s)	Rizzoli &		Bones (s		Bones (s		Bones (s		Bones "		Bones (
DON	Looney		Regu	Bey	Poké	Nin	Scooby-	Doo		Scooby		Almost	Johnny		Looney T		Scooby		Adven	Adven	Gum	John
VLAND	Leave	V.Dyke	V.Dyke	Lucy	Lucy	Griffith		Gunsmo			Gunsmo		Bonenza		Bonanza		Bonanza		MASH	MASH	MASH	MAS
	White C		Covert A		Law Ord		Law & O		I Law & O		Law & C		Law & O		Law & O		Law & O		Law & O		Law & C	